

THE POINTER



Care
Access

2026
WINTER
SERIES

BUD
LIGHT

January 5, 2026 | 7:30 PM

"The Alter Eagles"

Eagles Tribute

January 13, 2026 | 4:00 PM

"KC & The Flashback" -

KC & The Sunshine Band Tribute

January 20, 2026 | 4:00 PM

"Simply Dylan"

Bob Dylan Tribute

January 28, 2026 | 7:30 PM

"Jumpin' Jack Flash"

Rolling Stones Tribute

2.0

GREAT SEATS STILL AVAILABLE!

KINGS POINT VETERANS THEATER
1900 CLUBHOUSE DRIVE - SUN CITY CENTER

For Ticket Information

Call (813) 387-3447

DATE FOR TICKET PICKUP TO BE DETERMINED. No refunds or exchanges. Shows listed may be substituted with shows of equal value without prior notice.
Full Series ticket packages purchased for 2.0 series shows are not eligible for renewal in the 2027 Winter Series.

Care Access

Want to understand your
risk for a **heart attack?**

Free Screenings
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THE POINTER

Send submissions to:
ARWilhelm@vestapropertyservices.com

January 2026

Published by

Vesta

Editor: Alex Wilhelm

ARWilhelm@vestapropertyservices.com

Contact Information:

Main Clubhouse

Box Office	387-3447
Business Office	387-3439
Security	387-3471
Security Cell	918-1311
Transportation	387-3470

2020 Centre

Concierge	387-3458
Fitness	387-3476
Serenity Spa and Salon	387-3475

Cyber Space

Cyber Space	540-5450
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South Clubhouse

Business Office	387-3449
Palm Court Café	387-3463
Lost and Found	387-3483
Security	918-0907

Gates

Front Gate	634-2063
South Gate	645-9355

Visitor Access:

kpsccvisitor@vestapropertyservices.com

Community Services:

COA Office	633-1710
KPW	633-0061
Federation Offices	633-2083
VPS/Pest Control	213-1331
Master Association	812-7559

The Pointer Mission:

Our Mission is to publicize the scheduled activities for the Kings Point community; and to act as a central resource for meeting and event notices, learning opportunities, and upcoming attractions in and about the community.



Helping Hands

Reach Out Today. Find Comfort In Tomorrow

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE REFERRALS

At No Cost!



Are you thinking about looking into Assisted Living?
We will provide Free information on local community pricing, amenities, state inspections, and more.

CONTACT US IF YOU NOTICE ANY OF THE FOLLOWING FROM YOUR LOVED ONE:

- Confusion/Wandering
- Frequent Falls
- Signs of Depression
- Frequent Medication Mistakes
- Frequent Hospital Visits
- Unsafe/Unclean Home Environment

Helping Hands is here for you. We will evaluate all options together based on the needs of your family to find the right care setting. All at no cost to you or your loved ones.

You are not alone.

Call Georgianna at 813 - 557 - 6683
or visit us at helpinghandsflorida.net

**Come have your BREAKFAST
at the PALM COURT CAFE.
Best View in town!**

**Omelettes, French Toast, Pancakes,
Eggs Benedict, Breakfast Burrito
Avocado Toast and Much More!**

**Breakfast available 8am-12pm
Thursday-Sunday
Kings Point South Club**



Security Corner

Greetings Kings Point,

As the holiday season approaches, we want to remind everyone to stay vigilant against scammers. Here are a few simple tips to help protect yourself:

Be Cautious:

- Scammers use phone calls, texts, emails, and social media to trick you into sharing personal information or sending money.

They might pretend to be someone you know or a trusted organization.

What You Should Do:

- Learn to recognize common scams and fraud signs.

Keep your computer software, browsers, and apps up to date.

What to Avoid:

- Don't reuse passwords; create strong, unique passwords for each account.

- Never share passwords with others.

Avoid sharing personal info on unencrypted websites; look for "https" in the URL for secure sites.

If you suspect identity theft or an online scam, you can report scams to your bank or the FTC (Federal Trade Commission) at 1-877-382-4357.

Respectfully,

Pete Dorse

Kings Point Security Chief

Transportation

*Kings Point Tram services
available to every resident!*

Guests with valid guest passes are permitted on the tram. If using the tram from the clubhouse, transportation office MUST be notified before quarter-past the hour and you must be present in the foyer by 25 minutes past the hour.

Passengers must be waiting in front of their homes ready to board the tram upon arrival.

Drivers are prohibited from assisting passengers when boarding and exiting the vehicle. If a resident has difficulty boarding or exiting the vehicle, a Kings Point resident or lessee escort must accompany and assist the resident. Drivers are not permitted to assist passengers with groceries, shopping bags or other packages ***Two Bag Maximum*** and walkers.

Internal Tram Service:

Monday-Friday on the half-hour

Shuttles residents, and lessees to ALL locations within Kings Point.

If you want to attend an event at the North Clubhouse, South Clubhouse, 2020 Centre, Community Pools or you simply want to visit a friend, call **813-387-3470**.

Emergency Phone Number

To better serve the community, the Transportation Department has set up a special emergency phone number, available in the event the office phone is not functional and residents are unable to leave messages for tram drivers: **813-918-0246**.

Hours:

Monday — Friday 8:00am — 4:30pm.

Aldi's 9:30am on Tuesdays

South Shore Plaza 8:30am on Wednesdays

Publix 9:30am on Thursdays

Walmart 10:30am on Tuesdays & Thursdays

Saturday Lunch Bunch 11:30am — 2pm

Sunday Church 8:45am — 12:30pm

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- Inspect / Clear / Clean Dryer Vent Exhaust Flap
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Hi my name is Randy Roberts



I am the owner operator of Dryer Vent Cleaning of Manasota. We are a family-owned business located in Parrish Florida. Call or text today for additional information about our services and find out about group discount rates for your community!

PALM COURT BREAKFAST

Every Thursday - Sunday 8:00AM-Noon

CLASSICS

Add bacon, sausage or ham for \$1.99

CROISSANT FRENCH TOAST 6.99
Served with syrup.

BUTTERMILK PANCAKES 6.99
Served with syrup.

QUAKER OATMEAL 5.99
Served with milk, brown sugar, sweet sundried raisins.

SIDES

For when you can't decide - or want one of everything!

ONE EGG 1.50
HOME FRIES 2.49
BACON, SAUSAGE OR HAM 1.99
ENGLISH MUFFIN, CROISSANT OR CUBAN TOAST 1.99
BAGEL & CREAM CHEESE 2.00

THIRSTY?

COFFEE SOFT DRINK
JUICE ICED TEA
HOT TEA

EGG-CITE

QUICHE OF THE DAY 6.99
Freshly made quiche made by your Chef!

YOUR FAVORITE OMELET 8.99
Made with your choice of 4: Bacon, Sausage, Ham, Onions, Peppers, Mushrooms, Tomatoes, American, Cheddar, Swiss, Mozzarella Cheese with home fries & toast.

DOUBLE EGG BREAKFAST 8.49
Two eggs cooked to your liking served with a side of bacon (2), sausage or ham, with home fries and choice of toast.

EGGS BENEDICT 9.99
Toasted English muffin, poached eggs, grilled ham and house made hollandaise sauce and hash browns.

SANDWICHES

Your choice of bagel, English muffin, croissant or Cuban bread.

EGG SANDWICH 4.00
Add vegetables for \$1.00
Add cheese for \$.75
Add Bacon, Sausage or Ham for \$1.00

EGG WHITE SANDWICH 4.99

BREAKFAST BURRITO WRAP 6.99
Two egg with any combination of 4: Bacon, Sausage, Ham, Onions, Peppers, Mushrooms, Tomatoes, American, Cheddar, Swiss, Mozzarella Cheese.
Egg Whites add \$1.00.

AVOCADO TOAST 3.25
Healthy avocado toast makes the perfect addition to any breakfast or snack.

CELEBRATE OUR POWDS!

FEBRUARY 28 6-9
**PARTY
NIGHT**

Live Dance
Music with

Down Home

**\$20 PP AT
BOX OFFICE**

**BUY A TABLE...JOIN A
TABLE...SINGLES TABLES
BYOE**

**DOOR PRIZE ...50/50...
KP POND PHOTOS**



Doors open 5:30

KPCH

New Year's Eve Party

Wednesday, December 31st
Veterans Theater
7:30pm - 12:30am

Tickets \$60
Available for purchase
at KPCH Box Office
on November 4th

Entertainment:
DJ Nilla

Menu

APPETIZERS

Roasted Vegetables
Fresh Cut Fruit
Assorted Cheese &
Crackers
BBQ Meatballs

DESSERT

Assorted Mini Desserts

BUFFET

House Salad with Dressings
Tossed Caesar Salad
Herb Roasted Pork Loin w/
Creole Mustard Demi
Monterey Jack Chicken
Shrimp Scampi
Chef's Vegetable Blend
Garlic Butter Linguine
Roasted Garlic Mashed
Potatoes
Rolls & Butter



WINE & CHEESE GALA

THURSDAY - February 5th 2026

6 - 9 PM - KP - VETERANS THEATER

Tickets \$15.00 sold at COA

12-01-'25 - 1-23-'26 9:00 - 11:30 MONDAY - FRIDAY

We will confirm table of 8

Music by: Down Home (Dance Music)

Many prizes including HD TV

First come, first served - Limit 288 tickets

Open to all Kings Point residents



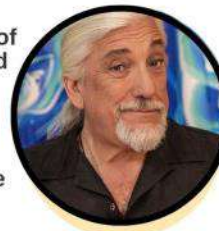
Comedy Night February 7th

Lou Angelwolf

Lou Angelwolf is a lover of life, love and laughter and has a burning desire to share his TOTALLY DIGGABLE perspective.

With the ability to find the humor in just about everything, from the frustrations of dieting, the absurdities of mass media and television to the complications of modern relationships, Lou Angelwolf has a little something for everyone.

His TV credits include Comcast, Comedy Central, and Vice TV.



Also appearing:



Show Time:

February 7,
Saturday

Show Starts
6:00 PM

BYOB & Snacks

Tickets:

\$20 in advance

\$25 at door

Tickets available at the
Box Office KP North
Clubhouse

Where:

Kings Point
North Club
Veterans
Theater

1900 Clubhouse Dr.
Sun City Center, FL

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Sun City Center, FL 33573

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We do not offer every plan available in your area. Currently we represent 9 organizations which offer 83 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options. Meagan Knoop is a licensed and certified representative of Medicare Advantage organizations and stand-alone prescription drug plans. Each of the organizations they represent has a Medicare contract. Enrollment in any plan depends on contract renewal. Not affiliated with or endorsed by any government agency.

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Group Cruise Seminar:

- Dolly Parton & Kenny Rogers
True Love Cruise
- 7-night cruise out of Miami Sailing
- Date: June 6, 2026

COME SEE US AT KINGS POINT
in the Ripple Room

January 16 10:00 AM to Noon



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Join Dr. Bob for a Lunch and Learn
Wednesday, January 14th

11:00 am

The Ripple Room

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Clubs & Organizations

December 28th: SCC/KP Singles Social Group — “Holiday Party”. Waterside in KPCH. Catered by Banquet Masters. Music by DJ Steven. Pre-register by card for \$25 or walk-ins pay \$30 at the door. Register with Ken Webb 727-656-7922.

January 4th: Follies — “Movie Musical Night at the Follies” auditions from 12:00-4pm in the KPCH Banquet Room. Everyone – soloists, dance clubs, specialty acts, which include skits, comedians, musicians, and anyone wishing to bring something from their favorite movie musical (which is anything pertaining to movies and not stage shows), to the stage is invited to schedule their 15-minute audition with Linda Stone at 319-481-7897 or by email at wapsigal@hotmail.com. Soloists, at least two songs are suggested. Those wishing to participate in the Follies Chorus are asked to come at 4:15 on January 4 (please, no flip-flops or sandals) to receive more information and a rehearsal schedule, which is generally Mondays, Thursdays, and Saturdays. The chorus is the fun part of the Follies and most audiences' favorite. The 2026 Vesta Follies will be presented on Friday, March 6, and Saturday, March 7, in the Kings Point Veterans' Theater. Please contact Linda Stone for additional suggestions or information.

January 10th: KP Canadian Club “Drinks & Nibbles Event” — Calling all Canadians, guests & friends. Meet & Mingle 2-5pm. KPCH Banquet Room. \$5pp. Tickets sold Dec 17th 10-12pm, Dec 22nd 12-2pm & Jan 6th 10-12pm in KPCH lobby. Feb 8th Golf Tournament & Lunch tickets sold at this event. More info email kpcacub@gmail.com

January 11th: Come Dance With Us— “New Year Celebration” Veterans Theater. Doors open at 5:30pm. Dancing from 6:30-9pm. LB & Chloe providing all genres of music especially 50s & 60s. Tickets \$5pp. BYOE. Water & Ice will be provided. Questions call Ken at 513-582-8449 or Rosemary 513-258-8238.

January 16th: KP Music Makers “Singing in the New Year” — Enjoy live music, fun & friends. 5-8pm (doors open 4:30pm). Banquet Room. Members FREE, non members \$5. BYOE. Welcome all KP & SCC residents. All proceeds help fund local school music programs. More info kpmusicmakers.org

January 17th: New York Club “Rock n Roll Night” — 5pm, Veterans Theater, Entertainment by Classic Band, Banquet Masters, BYOB, Members \$25pp, Guests \$28.50pp. More info contact Frank Gatto 813-633-8942

January 19th: KP Dance Club — “Black & White” Dance. Veterans Theater. Doors: 6:30pm. Dancing 7-9pm. Ballroom Music: Dan Fugazzotto. All KP, SCC, Singles & guests welcome. Dress code dressy casual, no shorts. BYOB. Members FREE, Guest \$5pp. Questions? Eileen 813-296-4038.

January 23rd: Art League FREE PAINTING DEMONSTRATION! — with Artist Nancy White, presented by KPAL in the ArtRoom at north clubhouse at 2:00pm. Watercolors & watercolor pencils creating impressive works.

January 23rd: Baby Boomer COMEDY NIGHT! — presenting Ginger Kelly, Al Ernst, Dan Gierlach, Veterans Theater, Doors open 5:30pm, Event 6-9pm. Everyone gets a raffle ticket upon entry for a gift basket! BYOB. Tickets sold at KPCH box office for \$15. Proceeds benefit Moffit & the Emergency Squad.

January 23rd: KP Music Makers “Karaoke for a Cause” — Supporting Community Emergency Response Team (CERT). 5-8pm (doors open 4:30pm). Banquet Room. \$5 to enter. BYOE. Care & Share Raffle. Welcome all KP & SCC residents. All proceeds help CERT.

January 24th: Michigan Club — “Come Together 70s Party” in Veterans Theater. Doors open 5:30, music by Mad for Power begins 6pm. Subs & Chips provided. Month's charity: Campaign Against Human Trafficking-Southshore. BYOB (including cups) - water & ice provided. Tickets sold on Jan 6th & 13th 9-11am in KPCH. Members \$5 & non members \$10.

Thursday BINGO Doors open 10am. Papers sold until 11:45am. Game starts 12pm. First come, first serve basis. No packets sold, papers sold separately. Each participant must have their own placemats and daubers!

Saturday Night BINGO Doors at 4:30 pm. Game from 5:45pm-8:45pm.

Sunday BINGO Doors open 12:00 pm. Papers sold until 1:45pm. Game starts 2:00pm. First come, first serve basis. No packets sold, papers sold separately. Each participant must have their own placemats and daubers!

Bunco Mondays KPCH Ripple Rm 1:00pm. \$5 Come play bunco.

Bunco Every 2nd and 4th Friday KPCH Ripple Rm 1:00pm. Come play bunco. Tell or bring a friend.

Acrylic Painting Workshop Group—meets Tuesdays in KPCH Art Room from 1-4pm. Learn new skills and techniques, fun class for anyone who wants to explore their creative side. Bring a canvas. Paints, brushes available. 20 ppl max. For more information contact Jane Sturmer 813-830-2696.

Acrylic Painting Workshop 101—All skill levels are welcome to learn how to begin painting for the first time or become accomplished artists through scheduled Tutorials. All supplies furnished except for 2 canvas. No charge for this class & no registration required. Meets each Friday in the KPCH Art Room from 1-4pm. For more info contact Donna Evans at 386-719-6736. Art Club Kings Point Art League welcomes you. A blending of all mediums, culminating in our annual art show. Check out our classes.

Kings Point Amateur Radio Club meets the second Monday of every month at 1 pm in the Meeting Place Room.

Apple Club Come join us in our journey of the exploration of all things Apple. Meetings second Wed. of each month in the Veterans Theater from 1pm-3pm. (no meetings in June, July or August) Annual dues \$25 per household & \$15 per individual. KP residents only. Help sessions every Mon. and Thurs. from 9am-11am at the 2020 in the culinary room. Info: Gary Brian 502-544-6057.

Kings Point Archery Club meets the third Wednesday of the month at 4:30 p.m. Room TBD. Archery Range is open for members from dawn until dusk every day. Call Ed at 516-521-3597.

KP Art League located in KPCH. Classes, art displays & member sales, art workshops. kingspointart.weebly.com newsletter

The Billiard Club is open daily 8am-9:30pm for pool-playing enjoyment.

Bocce Ball Group: Meet at 10am every Saturday to play on the Bocce court. Call Tom Mason at 715-439-0067.

KP Canadian Club: A social club with a few events planned to bring Canadians together from December to April (e.g., pot luck, meet and mingle, golf tournament, dinner/dance). Please contact kpcacub@gmail.com to get more information and/or be added to the mailing list.

KP “Card Bingo” We play 12 games at 25c each game, with a 13th and final “Finale” game played, with a \$1.00 (dollar bill only) buy-in. The session takes no more than two hours. Session starts at 1:00pm and ends by 3:00pm. Every Tuesday. For more information contact Renate Bentley 203-809-2018.

Ceramics Club of KP: Join us at the Ceramics Room any Thursday from 9am-3pm! Call Lonnie Eaker 813-395-2412 for details.

Chair Tai Chi: Learn the gentle mind art and balance techniques of Tai Chi with the support of the chair. Mon & Fri classes held at the KPCH Studio, Wed class held at the KPCH East West Social. All classes run 11am-12pm. Contact Estelle Clarke 941-545-3927 (M&F) or Joe Spagnoli 623-824-6715 (W) for more info.

Chicago Bridge: Cancelled for the Season

Chinese Hong Kong Style Mahjong Wednesday nights. join us if you know how to play or would like to learn. meet new people and play a fun game. For info call Yingmay: (413) 218-1182 please leave a message.

Coquina Beach Group: If you like the beach but don't want to go alone. Saturday Women's group call or text Trish 3366935278.

Kings Point Chess Group meets every Wednesday & Friday 1PM to 4PM in the KPCH Modular Building Meeting Room. Chess is a good way to keep your mind active. Players of all levels are welcome. No dues. New players do not need to bring equipment. Call Rich (& leave message) 908-770-3892. Walk-ins welcome.

Kings Point Cribbage Club meets Mon. and Thurs. 6-8 pm in the KPCH East Social Room. Open to KP and SCC. Everything supplied.

KP Cornhole Club: Join us today! We play at the North Court Complex adjacent to the Lawn Bowling Courts on Mon, Wed, and Fri. Summer hours -May 01 -Sept 30, tags in by 9:15am with play NLT 9:30am / Winter hours - Oct 01 - April 30, tags in by 3:15pm with play NLT 3:30pm. Visit kpcornhole.com for more info or call Jerry Billa at 678-877-7513

KP Dance Club: Our Dances are from October to April at the Veterans theater. If you have questions call Eileen 813-296-4038

KP/SCC Dating Singles Group: Welcomes all KP and SCC residents to mingle and form friendships. Each month we hold one organizational meeting and one social event. Join the group to find friendships or perhaps romance. For info contact Ed 813-785-9322 or Kay 501-463-1250.

KP Dog Lovers Club: Visit dlckp.org for info on meetings & events

Discussion Group: Meets Tuesdays at 10:30am in the KPCH West Social Rm: We talk about any topic you can think of: Including religion, current events, psychology, politics, etc. We want opinionated people who are willing to speak up. For info call Chris Leavitt at 585-334-6393.

Kings Point Duplicate Bridge Association holds sanctioned bridge games every Tues & Wed. at 1pm in the KPCH Card Rm. Newcomers welcome. For more info, call Tom Richard: 813-431-0823.

Euchre Club: KPCH Card Room Tuesdays at 6:30pm . No partners are necessary we rotate tables and players. Cost \$1.00 per player Contact Carl Wink 605-593-1383 or Tom Jones 614-214-1499 for more info.

Kings Point Garden Club: Our purpose is to promote an interest in gardening as a hobby. We provide garden and orchard plots, pleasant surroundings, information and assistance. Garden Center located near the south entrance. Annual dues; Meetings for members only. Come Grow with us! 2nd Thursday— 9:30am. Ripple Room at KPCH September—May Membership Meetings. Marsha Woods 828-284-1795 mybestlaidplants@gmail.com

Kings Point Glass Arts Club will be having Monitor (help) sessions Mon., Wed., & Fri. mornings from 9:00 till 11:00. Studio is open during open clubhouse hours but must show membership badge to security. Email Sandy Ford for more info kingspointglassarts@gmail.com

Feline Folks a non-profit org dedicated to humane feline management of free roaming cats in our community using trap-neuter-vaccinate-re-home. Volunteers

help with feeding, trapping, transporting cats to vet appointments, providing foster homes & fund-raising. Monthly meetings held the first Thurs of each month in the West Room in the North Club. Meetings start 3pm followed by a “Meow Mixer” with light refreshments. There are no dues or any costs involved. All are welcome. Email: info@FelineFolks.us or visit us at www.FelineFolks.us

FUNDamentals of Belly Dance-Introduces dancers to the 7 basic moves of belly dance using fun drills & exercises to improve flexibility, movement & overall well-being. No charge. Wear comfy clothes, bring some socks & water. Thursdays 9:15am to 10:00am in KPCH Studio. Call “Jafali” 303-638-2784.

Kings Point Glass Art-Come see the creations you can make whether your interested in creating stain or fusing glass creation? Signing up for classes is easy. Monitor's are available to assist in the summer; Mon., Wed., and Fri., from 9:00 to Noon. Be a part of the fun! Located in the South Club House

Happy Tappers meet every Tues from 1:30-2:30 in the KPCH Dance Studio. There is also a session before class for review/beginning tappers from 1-1:30 each Tuesday. These classes are meant for beginning to intermediate tappers. New members are always welcome. Please call Gayle Hendrich at 765-720-4911.

Hand and Foot Singles & partners. Join us on Weds, 6:15 to 8:30PM in the North Club, South Social Room. Call Marion Orlofsky 813-633-6940 for info.

Hand, Knee & Foot—One step up from Hand & Foot. Similar to Canasta where each player creates books of seven. All skill levels are welcome with House Rules set by Team Leader, Donna Evans. Meets every Tuesdays from 12—4pm. SCH Card Room Call Donna Evans for more info 386-719-6736.

Healthy Lifestyles Meetup — Zoom details on HealthyMeetup.ORG

Heartland Social Club-A social club serving as a welcome mat to all Sun City residents and snowbirds, especially those with ties to Minnesota, Illinois, Indiana, Iowa, Missouri, Kansas, and Nebraska. For more information to join or learn about our non-dance events, please call: Bev Wohlrab (Membership Chair) at: (309) 525-2871, or email jbwohlrab@gmail.com

Friends of History Discussion Group. For information regarding club activities email Naomi Hauser friendsofhistorygroup27@gmail.com

Kindred Spirits Hey Ladies! As life changes, we find ourselves missing a companion to be active with. Are you tired of going to restaurants, movies, and events alone or maybe not going at all? We have the solution. Come meet other women to enjoy life with and build friendships. We meet the first Wed of every month, 3:30 p.m. at KPCH Meeting Room. If you are needing a gate pass no problem, let us know, Mmason@seniorsinservice.org

Kings Point Hula Honey's Modern and Traditional hula for all levels. KPCH dance center every Wednesday at 11:00am. Call Kathy Hammond 813 368-9636 or Teresa Drake 970 215-1167 ALOHA

Kings Point Italian Club A social club where you don't have to be Italian to join & have fun, dance & dine. For info contact Jack Meyer cmeyer16@yahoo.com

Jok-R-Uummy Card Game—From Canada. This card game is nothing like Rummy. It is played by singles only with 2 to 6 players. Each player is given an assignment by choosing and discarding cards. Meets each Thursday from 1pm-4pm in the KPCH Modular Room. Call Donna Evans 386-719-6736 for info.

Kings Point Krafter's Club meets Wednesdays from 9-12pm in the KPCH Fiber Arts Room. Crafts include knit, crochet, and canvas. No membership dues. More info contact President Susan Edgerton at susan.edgerton@ucdenver.edu or 303-653-8114

Kings Point Ladies Billiards Group: Join us for Ladies' Group 8 Ball play on Thursdays. The group open to any KP female resident & instruction available if needed. Come join the fun on Thurs in the Billiard Room. Contact instructors Dinah Allison 217-853-2528 or Gloria Smith 715-501-0743 for more info.

Lapidary Club: Various aspects of jewelry making and gem cutting. The Fall Season opens on Sept 2 with classes Tues-Fri. Stop by the Shop to pick up a schedule of classes. New members always welcome. Annual dues \$15 with an additional \$30 if machines & equipment are used.

Kings Point Lawn Bowling Club will give 3 free lessons to anyone interested in learning the game. We bowl Mon., Wed., & Fri. mornings. Tues., Thurs., & Sat. afternoons. Interested call Dave 813-538-8821. kingspointlawnbowlingclub.com

Monday Bunco Ripple Rm, Please be there by 12:30pm cost is \$2.00

Mahjong Mavens: Meets weekly on Friday at 12:30pm in the KPCH Bingo Room. All Welcome, more info contact Barbara Sarner 631-741-2177

Mah Jongg Sullivan: Meets weekly on Thursdays in the KPCH Atrium from 12:30pm-3:30pm. Please contact Kathy Sullivan for more info at 813-331-3176

Metaphysical Discussion Group: Meets the first Thursday of each month. 1:00 - 3:00. Free. We discuss and share information, knowledge, and our experiences with one another. A different topic is discussed each month. Call Carol Ann Liaros (Cappuzzo) at 813-634-6534. To be added to the monthly email list for upcoming topics: caliaros@msn.com

Mexican Train: Meets weekly on Weds in the KPCH Fiber Arts Rooms from 12:30- 4pm. No food but personal drinks are permitted. Masks can be removed once seated. Bring own game. Contact Claudette at 813-938-3182 for more info.

Kings Point Michigan Club -All are welcome. Don't have to live in KP or be from Michigan! Contact miclubkp@gmail.com if you want to be put on email list to receive notification regarding membership for 2026-27 year since membership is now closed. Being put on our list ensures you receive event info

Kings Point Mixed Bowling League Bowl at The Alley starting in September. Call Pete DeRupo 813-337-8238, leave message.

Kings Point Mixed Chorus: If you love to sing with others and live in the Sun City Center area, you are invited to come join the Kings Point Mixed Chorus! No auditions, join us and our new Music Director, Faye Nepon and Accompanist Ines Hertz. \$20 membership fee. Rehearsals weekly on Mon. from 12:15 to 2:30pm, ending with our Holiday concert on Fri., Dec. the 13th For more info email kpchoruspr@gmail.com

Kings Point Model Railroad Club: Welcomes Visitors every Mon., Tues., Thurs., & Fri. from 1pm-3pm in KPCH. Accepting New Members. Bring in the grandkids to help us run the trains!

Kings Point Music Makers Club: looking for new members. We meet in the KPCH Ripple rm on Saturdays from 9-1pm. Bring an instrument or just your voice and sing and play with us. Or just come to sit and listen. We are all about making music and all from Kings Point and SCC are welcome. Contact us at kpmm2024@gmail.com

New York Empire State Club: You do not have to be from New York to join. We are a fun club, great food & dance music. Contact Frank Gatto at 813 633 8942.

Pelican Players Community Theater: Open membership, \$10.00 annual dues. For upcoming performances visit www.pelicanplayersccc.org or email pelicanplayers.rep@gmail.com

Kings Point Pickleball: Courts are open to all residents however club members enjoy participating in drill sessions, in house tournaments & super fun social events! The club does offer free beginners' lessons. To sign up for lessons or to learn more, call Karin Coons 914-213-7592 or email kingspointpbball@gmail.com

Kings Point Pinochle players welcome KP & SCC Residents to play single deck pinochle on Wed. & Fri. nights from 6:15 - 9:30 P.M. in the KP card room. Contact Judy 634-5364 for info or questions.

Kings Point Pottery Club: Learn how to turn clay into your own piece of art and meet wonderful people. Accepting new members. Sign up for classes in the Pottery Rm. Questions? See attendant of the Pottery Rm.

Kings Point Poker Group is looking for new members. They play every Mon. and Wed. from 6:00-9:00pm. Please call 813-633-7568 if interested.

Kings Point Quilters meet Mon, Tue, Thurs & Fri. For info Dottie 330-718-1484 or Kathy Filip 319-310-4357. Donate help contact Joan Mynahan 813-478-1134. KP Quilters Machine Embroidery meet every third Fri. For info Donna Heath 317-332-7570 or Deb Burgeson 320-216-5438. KP Quilters Hand Quilting meets every Fri morning. For info Patty Trela 603-321-5063. KP Quilters Hand Applique meets 2nd & 4th Fri morning. For info Shirley Bennett 816-914-7609.

Rummikub meets Mondays at 1pm in the KPCH South Social Room. Contact Elyse Dionisio 631-748-4222 for more information.

Sat. Night Pot Luck Bunco Group: Meets 1st Sat. of month at 5pm, Oct-June in Waterside Rm. Call Mary Ann at 401-9984.

Scrabble Join residents in a board game using lettered tiles to create words in a crossword fashion. Socialize and learn new words with a game of scrabble. Contact Sandra McCullough at 443-326-8606 for more info.

The Shuffleboard Club Tuesdays & Fridays 9-11am. Mike Zelazo 813-598-7663.

The Sportsman's Club Meets on the third Wednesday of every month at the KPCH Theater at 2:30 p.m. Guest speakers, refreshments and door prizes at every meeting. The Club is dedicated to promoting shooting sports, including: Pistol, Rifle, Shotgun, Hunting, Fishing and Wildlife Conservation. For more info about becoming a member, check out our website at: kingspointssportsmansclub.com

Silver Shakers FUNDamentals of Belly Dance. Thursdays 9:15am-10am "Jafali" 303-638-2784 in KPCH Studio. This class introduces dancers to the 7 basic moves of belly dance using fun drills and exercises to improve flexibility, movement & overall well-being. No charge. Wear comfy clothes, bring some socks & water. Thursdays 10:15am-12pm "Jafali" 303-638-2784 in KPCH Studio. After dance skills developed in the FUNDamentals of Belly Dance class, students may advance to this FUN, low-impact, medium-cardio belly dance class. The techniques previously learned will be incorporated into choreographed routines. Local performance opportunities will be offered.

Table Tennis Club Interested in playing table tennis? We play on Mon & Wed nights from 5 – 8pm and Sat. from 2-5pm at the 2020 building Energy Studio. No experience necessary. For safety appropriate footwear must be worn. No sandals.

Kings Point Tennis Club If you are interested in playing tennis, we offer a great opportunity to get out on the courts. No matter what, there's a place for you in our club. Social tennis play with all club members are held on Tues., Thurs., and Sat., in the am. Courts available on Mon., Wed., and Fri., for specialized groups. Occasional clinics and Tournaments. Club dues are \$10/year. For more info contact Vincent at 813-816-6487

TOPS Chapter #788 meets every Tuesday KPCH West Social Rm, meeting starts at 8:30. Contact or text 813-215-7127

TOPS #0845 meets every Thursday at West Social . Weigh in 8:15am-8:45am. Meeting starts at 8:45am. For info contact Charlene 978-930-0878. All are welcome.

Ukulele group of Kings Point Meets every Tues from 10am to 11am KPCH Atrium. Come and play your ukulele, and sing your woes away. Don't own a ukulele, let us know, we have a few extras to loan or try out. Don't know how to play? We'll teach you. See you soon. Pottstownpaul@msn.com write ukulele group in subject line.

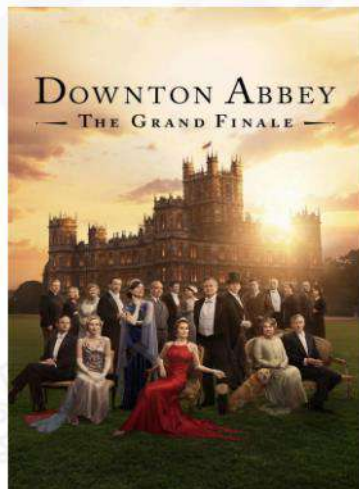
Kings Point Volleyball Club: Plays Mon, Wed, and Fri from 9am-11am at the South Club, November-April. For details email chipngale@aol.com.

Kings Point Woodchoppers Club: See us if you need something repaired or made to your specifications. Open daily in KPCH 8:30-11:30 am; some days 1:30-3 pm.

The Queens Luncheon

PRESENTS

DOWNTON ABBEY THE GRANDE FINALE



**WEDNESDAY,
JANUARY 7TH
12:00 PM
VETERANS THEATRE
\$15 AT KPCH
BOX OFFICE**

SYNOPSIS

AS THE WORLD CHANGES, SO DOES LIFE AT DOWNTON. NEW ROMANCES BLOOM, OLD TENSIONS RISE, AND THE FUTURE OF THE ESTATE HANGS IN THE BALANCE. WITH SHIFTING ROLES, UNEXPECTED TWISTS, AND LONG-AWAITED MOMENTS, THE CRAWLEYS AND THEIR LOYAL STAFF FACE ONE FINAL CHAPTER—FILLED WITH HOPE, HEART, AND THE PROMISE OF NEW BEGINNINGS.

**RUNTIME: 123 MIN
RATING: PG**

MENU

◊ GOURMET STUFFED CABBAGE.
CALIFORNIA GROWN CABBAGE
LEAVES FILLED WITH MILDLY
SEASONED LEAN GRASS-FED
GROUND BEEF AND LONG GRAIN
RICE TOPPED WITH A CHUNKY
TOMATO SAUCE..
◊ CAESAR SALAD
◊ GARLIC BREAD STICKS
◊ LAYERED RED VELVET CAKE

MONTHLY MOVIE

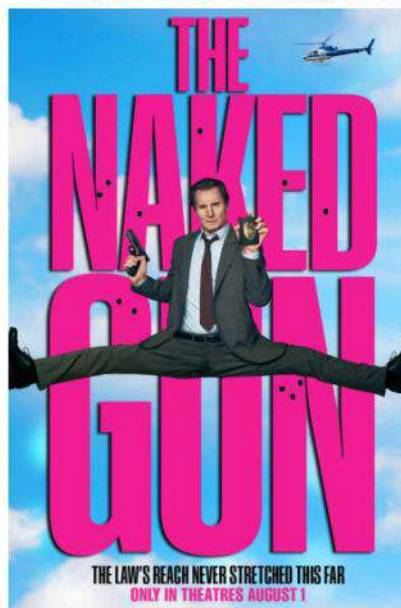
"THE NAKED GUN (2025)"

MOVIE: 1:30 PM & 6:00PM

VETERANS THEATER

TICKETS \$2 AT THE KPCH BOX OFFICE
MONDAY, JANUARY 26TH 2026

Run Time: 85 minutes Rating: PG-13



Synopsis

A NEW GENERATION STEPS INTO POLICE SQUAD WHEN CHAOS ERUPTS AND ONLY ONE HILARIOUSLY CLUMSY COP MAY BE ABLE TO STOP IT. FRANK DREBIN JR. (LIAM NEESON) INHERITS HIS FATHER'S BADGE AND HIS TALENT FOR DISASTER. WITH CRIME NOVELIST BETH DAVENPORT (PAMELA ANDERSON) AT HIS SIDE, HE STUMBLES THROUGH WILD DISGUISES, CHAOTIC CRIME SCENES, AND A PLOT SPIRALING OUT OF CONTROL. JUSTICE IS COMING. JUST NOT GRACEFULLY...

OPEN MIC NITE



**MONDAY,
JANUARY
19TH**

5:00PM TO 7:00PM

MAIN CLUBHOUSE
LE PERK CAFE
1900 CLUBHOUSE DRIVE

FREE EVENT - NO TICKETS REQUIRED

ADVANCED SIGN-UP IS PREFERRED

WALK-INS ARE WELCOME, BUT NOT
GUARANTEED

EACH SLOT IS 10 MINUTES, TO INCLUDE
SETUP AND BREAKDOWN

ALL PERFORMANCES ARE NOT
PERMITTED TO INCLUDE ANY LANGUAGE
PROMOTING POLITICS OR RELIGION

SIGN UP USING THIS QR CODE OR LOOK
FOR THE LINK IN OUR EMAILS.



Save the Date!

BLIZZARD BEACH

Pool Party

January 22nd 2026

Main Clubhouse

Outdoor Pool

3pm-6pm



*Ticket prices are subject to change in an event to event basis,

Loft Dinner

Cranberry Apple Quinoa Salad

Curly kale greens with tri-color quinoa,
dried cranberries, Granny Smith apples, red onion

Surf & Turf

Grilled filet mignon with creamy brandy peppercorn
demi-glace

paired with two jumbo bacon-wrapped shrimp,
served with roasted turned potatoes, celeriac puree
& roasted carrots

Dessert

Hot honey peach cheesecake with chargrilled peaches



**Friday, January 9th &
Saturday, January 10, 2026 at 6 pm**

\$42 Inclusive pricing MAXIMUM 6 TO A TABLE

Tickets sold at the Box Office

Cash Bar Available • FRIDAY Residents ONLY

Interactive Pasta BUFFET

ITALIAN SALAD

"CREATE YOUR OWN PASTA"

CHICKEN, SHRIMP, SAUSAGE,
ALFREDO SAUCE, MARINARA SAUCE,
BOLOGNESE SAUCE, PESTO SAUCE, FRESH
GARLIC, FRESH BASIL, CRUSHED RED PEPPER,
SAUTEED ONIONS & PEPPERS, SPINACH,
MUSHROOMS, TOMATOES, PARMESAN CHEESE

CHEFS CHOICE FOR DESSERT.

COFFEE, ICED TEA INCLUDED.

CASH BAR AVAILABLE.



Friday, January 16, 2026, 6pm. \$26 Inclusive.

Tickets available at the Box Office

A NIGHT IN TUSCANY

BUFFET MENU



*Caesar Salad

*Caprese Salad with tomatoes, mozzarella,
fresh basil, aged balsamic & EVOO

*Warm foccacia bread

*Seasonal herb roasted vegetables

*Herbed roasted baby bakers

*Wild mushroom ravioli with spinach,
asparagus, sun-dried tomatoes & artichokes in
a smoked tomato cream sauce

*Rigatoni with roasted vegetables in a creamy
princess sauce

*Sauteed chicken breast with fresh
mushrooms in a Marsala sauce

*Pan-seared salmon florentine

*Farfalle pasta with prosciutto & sweet peas in
a light alfredo sauce

*Creme brulee cheesecake

Friday January 30, 2026 @ 6pm

Kings Point South Club Jubilee Hall

**Tickets \$30 inclusive available at
KPCH Box Office**

COME PLAY THIS NEW FUN GAME!

**Join us on Saturday 1/31/26
@6pm
Jubilee Hall, South Club**

SURVEY SAYS

FREE TO PLAY!

Welcome to

KINGS POINT

**VESTA'S NEWCOMERS
ORIENTATION**

MON, JANUARY 5TH

10:00AM

**MAIN CLUBHOUSE
BANQUET ROOM**

Grab a steaming cup
of joe and join us as
we dive into the
delightful wonders of
your new home and
community!



**January MUSIC
AT THE
SOUTH CLUB
Pool
2026**

Joe Laluna 1-4pm 1/3/26

Coyote Moon 1-4 1/11/26

Correy Phillips 1-4pm 1/25/26

Vic Del Torre 1-4pm 1/31/26


SERENITY
Spa and Salon

Hair

Nails

Facials

Massages

Waxing and Tinting

**2020 Clubhouse Drive
Sun City Center, FL 33573
(813) 387-3475
9am - 4pm
Monday-Friday**

License No. MM33684 License No. CE10000352

KINGS POINT & BUSINESS WELLNESS EXPO

Over 70 representatives
from local healthcare, banking,
real estate professionals
& more!

Check out the Open Air
Market in the field by
the clubhouse!

**FREE
EVENT**

OPEN TO
THE PUBLIC

January 9th, 2026
10am-1pm

Veterans Theater
1900 Clubhouse Drive
Sun City Center, FL

Sponsored By:



DENTAL EXPERT
OF FLORIDA



MEDICARE
Your Health Solutions Partner



CLARITY HEARING
HEARING. DONE DIFFERENTLY.





PALM COURT CAFE & BAR

MENU

STARTERS | MAINS | SANDWICHES | PIZZAS | SALADS

WE ARE
OPEN DAILY

MON-WED 11AM-8PM
THURS-SUN 8AM-8PM

PORTICO PICKUP
CALL 813.387.3483

STARTERS



Bavarian Pretzels \$6(6.45)

Hot Bavarian style pretzels served with queso dipping sauce.

Chili Cheese Nachos \$9

Crispy tortilla chips topped with queso, house chili, scallions & diced tomatoes.

Shrimp Cocktail Skewer \$10

Cajun boiled shrimp skewer, chilled and served with cocktail sauce and lemon.

Personal Pita Pizza \$7

Just the right size for one, margherita, cheese or cheese & pepperoni.

Chicken Wings

Tossed in your favorite sauce: mild, medium, hot, bbq, teriyaki, sweet Thai chili or garlic parmesan. Served with celery and blue cheese or ranch dressing.

*Traditional Wings

5 FOR \$9 / 10 FOR \$14

*Add \$2 for all flats or all drums

Boneless Wings

1/2 lb. for \$8 / 1 lb. for \$14

Pow Pow Shrimp \$10

Battered & fried, tossed in a Sriracha aioli. Served on a bed of coleslaw.

LITE FARE

Soup of the day \$4/\$5

Chef made daily soups to warm your heart and soul.

Chili Con Carne \$4/\$5

House made chili, loaded with beef. Served with fresh onions & cheese.

Caesar Salad \$7/\$10

Romaine tossed in a Roman Caesar dressing topped with garlic croutons & parmesan.

House Salad \$5/\$8

Mixed greens with cucumber, tomato & croutons

SPECIALTY SALADS

Cobb Salad

\$8/\$11

Mixed greens topped with bacon, grilled chicken, tomato, cheddar, gorgonzola, hard boiled egg. Your choice of dressing.

Kings Point Keto Bowl

\$7/\$10

Spinach, mixed greens, grilled chicken, roasted sunflower seeds, tomato, red onion, cucumbers, hard boiled egg. Choice of dressing.

Italian Chef Salad

\$7 \$10

Mixed greens topped with julienne cut smoked ham, salami, prosciutto, provolone, roasted red peppers, diced red onion, diced tomato, hard boiled egg. Choice of dressing.

Strawberry Slam Salad

\$7/\$10

Mixed greens topped with fresh strawberries, gorgonzola cheese, candied pecans, sweet red onion with a raspberry vinaigrette.

Add Grilled Chicken to any Salad for \$4

BASKETS

ALL BASKETS INCLUDE FRENCH FRIES & COLESLAW

Fish & Chips Basket \$9 / \$14

Buttermilk battered cod fillets fried, includes tartar sauce & lemon wedge

Shrimp Basket \$10 (1/3 lb) / \$16 (3/4 lb)

Crispy fried shrimp, includes cocktail sauce & lemon wedge.

Fish & Shrimp Basket \$14

The best of both worlds!

Chicken Tender Basket \$9 (4oz) / \$12 (8oz)

All white meat chicken battered & fried, includes your choice of dipping sauce.

Coconut Shrimp Basket \$15

Large coconut battered shrimp with plum sauce for dipping.



CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS COULD INCREASE YOUR RISK OF FOOD BORNE ILLNESSES, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

MENU AS OF 11/9/2022

MAINS

Build your own Stirfry \$9/12/14/15

Vegetable, chicken, shrimp, or steak stir fried with peppers & onions in teriyaki sauce. Served over Rice Pilaf.

Linguine Bolognese \$13

Linguine, topped with hearty Bolognese sauce, served with a garlic breadstick

Baby Back Ribs \$9/\$14

Our infamous Danish baby back ribs, dry rubbed & slow roasted. Served with bbq sauce & french fries.

Chopped Steak \$12

1/3 lb Fresh ground chuck, topped with mushrooms, grilled onions and gravy, served with mashed potatoes and chef's vegetables



Chili Mac \$12

Cavatappi pasta, topped with house made Chili, Beer cheese, Shredded Cheddar, and diced onions.

Yo Mama's Meatloaf \$12

Meatloaf like your Mamas. Served with roasted garlic mashed potatoes and vegetable. Good comfort food.

Pineapple Teriyaki Salmon \$15

Atlantic salmon marinated in sweet teriyaki sauce, topped with grilled pineapple. Served with saffron rice pilaf & vegetable.

PIZZA & FLATBREADS

Flatbreads are square and priced the same as 12". Gluten free , vegan cauliflower crust for add'l \$4

Classic Cheese 12" \$11/ 16" \$14

House made pizza sauce topped with provolone/mozzarella cheese blend. Toppings available, prices vary.

The Margherita 12" \$13/ 16" \$16

Herbed olive oil, fresh mozzarella /provolone cheese blends, diced Roma tomatoes, fresh basil .

The Deluxe 12" \$13/ 16" \$16

Our classic cheese loaded with Pepperoni, mushrooms, peppers, onions, black olives.

The Carnivore 12" \$15/ 16" \$19

Rich marinara sauce, pepperoni, sausage, meatballs, mozzarella cheese.

Chicken Pesto 12" \$13/ 16" \$16

Nut Free Pesto, chopped Chicken Breast, diced Tomato, Mozzarella cheese and a Balsamic drizzle.

SANDWICHES, WRAPS & MORE

Served with choice of Potato Salad, Cole Slaw, Pub Chips or Bag of Chips, Sub Fries for \$1

The Codfather \$12

Cold water cod, batter fried, grilled or blackened on a toasted hoagie roll with lettuce, tomato, onion, tartar sauce or lemon.

Italian Wrap \$10

Smoked ham, salami, prosciutto, pepperoni, provolone, roasted red peppers, balsamic drizzle in a sun dried tomato wrap.

Chicken Sandwich \$10

Grilled, fried or blackened. On a brioche bun with lettuce, tomato, pickle, onion.

Philly Cheese Steak \$11

1/2 lb sliced sirloin or Chicken breast, peppers & onions, grilled & topped with provolone on a toasted hoagie roll.

Meatloaf Sandwich \$10

Thick slice of meatloaf served open face on a Brioche bun with Brown sugar ketchup

Tampa Cuban \$6/ \$10

Roasted pork, smoked ham, salami, swiss cheese, pickles, mustard-mayo, pressed on fresh Cuban bread.

Your Deli Sandwich \$9

In the mood for chicken or tuna salad? Maybe a BLT? Grilled cheese perhaps? Let us help you build YOUR sandwich on white, wheat, marble rye or wrap.

Classic French Dip \$10

Shaved sirloin, swiss cheese on a buttered hoagie roll with Au Jus for dipping.

The Reuben \$10

Sliced corned beef or turkey, 1000 island dressing, swiss cheese, sauerkraut on grilled marble rye.

Classic Club Sandwich \$12

Turkey, Ham, Swiss, Cheddar cheese, on your choice of bread, with lettuce, tomato, and bacon.

All Beef Hot Dog \$5

On toasted bun. Add raw onion, or kraut at no extra charge. Add a 2nd hot dog for \$3

Build a Burger \$9

1/3 lb. mix of fresh ground chuck, or impossible patty, Choice of cheese.. Add bacon, grilled onions, peppers, mushrooms. 50 cents each *Lettuce, tomato, pickle, raw onion slices are no charge.

Street Tacos

2 tacos \$8

3 tacos \$11

Soft tortilla filled with your choice of fish, or shrimp, prepared blackened, grilled or fried, topped with coleslaw, diced tomatoes & Sriracha Old Bay aioli. (No Sides)



\$2 Sides

Coleslaw
Pub Chips
Bag Chips
Potato Salad

\$3 Sides

French Fries
Vegetable du Jour
Mashed Potatoes
Rice Pilaf

\$4 Sides

Sweet Potato
French Fries
Onion Rings
Mac & Cheese

Desserts

Cookies \$1
Brownies \$4
Chocolate Cake \$4
Assorted Cake \$4



ALL OFFERS SUBJECT TO AVAILABILITY AND SUBJECT TO CHANGE.

SOUTH CLUB POOL BAR

SALADS

CAESAR SALAD \$7/\$10

small /large

ISLAND ZING SALAD \$10

A sweet tropical salad made with mangos, cabbage, snap peas, red onion, candied pecans, and bell pepper on a bed of mixed greens.

Add Grilled Chicken (\$3).

Served with Honey Ginger dressing.

SIDES

**COLESLAW, CHIPS, RICE AND BEANS,
OR POTATO SALAD \$2**

SWEETS

KEY LIME PIE \$4

BROWNIE \$4

GRILL

Grill items come with a side.

POOL BURGER \$9+

(medium or above)

Add Cheese (American, Swiss, Cheddar, or Provolone)

ALL BEEF HOT DOG \$5

GRILLED BRATWURST \$7

PULLED PORK SANDWICH \$10

JERK CHICKEN SANDWICH \$10

Limited Toppings available for Grill items

ICE CREAM

DRUMSTICK \$3

ICE CREAM SANDWICH \$3

STRAWBERRY SHORTCAKE \$3

BUILD A POKE BOWL

PICK YOUR PROTEIN

Veggie Bowl \$10.00

Caribbean Jerk Chicken \$11.00

Pulled Pork \$12.00

Shrimp Skewer \$13.00

BUILD YOUR BASE

Sweet Plantains

Island style Coconut Rice

Seasoned Cauliflower Rice

ADD TOPPINGS. ALL INCLUDED.

Sauteed Mushrooms, Onions,

Peppers, Black Beans,

Fire roasted Tomatoes,

Pineapple Salsa, Fresh Cilantro

PICK YOUR SAUCE

Teriyaki Sauce

Mango BBQ

Sweet & Sour Sauce

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS COULD INCREASE YOUR RISK OF FOOD BORNE ILLNESSES. ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

MENU AS OF 7/5/2024

SOUTH CLUB POOL BAR

SPECIALTY COCKTAILS

MANGO VOLCANO \$8

SMIRNOFF CITRUS VODKA, MALIBU RUM, MANGO JUICE, PINEAPPLE JUICE,
CREME DE BANANA & PINA COLADA MIX.

MIAMI VICE REBOOT \$8

BACARDI LIMON, SMIRNOFF CITRUS VODKA, PINA COLADA, AND STRAWBERRY
SYRUP SHAKEN OVER ICE WITH A TOASTED PINEAPPLE RUM FLOATER.

SUNRISE SANGRIA \$8

A CRISP REFRESHER. BACARDI RUM, MOSCATO, BLACKBERRY BRANDY, STRAWBERRIES,
BLUEBERRIES, AND A SPLASH OF GINGER BEER.

SUNSET SANGRIA \$8

AN ISLAND TWIST ON A CLASSIC. BACARDI RUM, CABERNET SAUVIGNON, PINEAPPLE JUICE, ORANGE JUICE,
FRESH LIME JUICE, ORANGES, AND CHOPPED APPLES WITH A SPLASH OF GINGER BEER.

ON TAP

PINTS AND PITCHERS

BUD LIGHT

KONA BIG WAVE

CORONA

SHOCKTOP BELGIAN WHEAT

MICHALOB ULTRA

BEERS & SELTZERS

BOTTLES & CANS

BUDWEISER, BUD LITE, MILLER LITE,

MICHALOB ULTRA, COORS LITE, COORS

BANQUET, SAM ADAMS, YUENGLING LAGER,

CORONA, CORONA LITE, HEINEKEN, ANGRY

ORCHARD, , NUTRL, WHITE CLAW, HIGH

NOON. BUDWEISER ZERO, HEINIKEN ZERO

WINES

CANYON ROAD BY THE

GLASS ONLY

CHARDONNAY, PINOT

GRIGIO, WHITE ZINFANDEL,

MERLOT, CABERNET

SAUVIGNON, SAUVIGNON

BLANC, MOSCATO



FREE

LIVING TRUST WORKSHOP

Wills vs. Trusts

Avoid Probate Court

Florida Trust Benefits

Complimentary Lunch



Five Stars on Google



TrustMasters
Living Trust, don't leave Earth without one!

JANUARY 16TH, 2026

1:00PM

**KINGS POINT-
2020 BLDG**

2020 Clubhouse Dr.
Sun City Center, FL 33573

RSVP:
(813) 970-7372

WE ARE NOT ATTORNEYS IN THE STATE OF FL. WE ARE NOT AUTHORIZED TO GIVE LEGAL ADVICE OR LEGAL REPRESENTATION. WE MAY NOT ACCEPT FEES FOR GIVING LEGAL ADVICE OR LEGAL REPRESENTATION.



*Redefining Hearing
Healthcare*

King's Point Residents Offer:

Save **\$1000** on a Set of Premium
Hearing Aids PLUS Receive a
FREE TV Listening Accessory
(A \$300 Value – Yours Free!)

Expires Jan 31, 2025

HEARING. DONE DIFFERENTLY.

YOUR EARS, OUR PRIORITY!

AT CLARITY HEARING, WE BELIEVE IN A HOLISTIC
APPROACH TO TREATING HEARING LOSS, WHERE ONGOING
CARE IS JUST AS IMPORTANT AS THE DEVICES THEMSELVES.

CHOOSE US FOR:

- ✓ PATIENT CENTERED, PRESSURE-FREE HEARING CARE
- ✓ CARE FOR YOUR EARS AND MIND! WE GO BEYOND
JUST HEARING AND FOCUS ON HOLISTIC CARE,
INCLUDING COGNITIVE HEALTH
- ✓ 4 YEAR HEARING AID WARRANTIES
- ✓ WE SERVICE ALL HEARING AIDS
- ✓ TAMPA BAY TIMES BEST OF
THE BEST AUDIOLOGIST AND HEARING CENTER



DR. ALAINA D. BECKER, AU.D.
BOARD CERTIFIED AUDIOLOGIST

CONTACT US:



(813) 922-2119



WWW.CLARITYHEARINGHDD.COM



4040 UPPER CREEK DR., STE. #105
SUN CITY CENTER, FL 33573



CLARITY HEARING
HEARING. DONE DIFFERENTLY.

CONVIENTLY LOCATED OFF GOLF PATH!

Seminar Overview:

Unlock the Hidden Value of Your Long-Term Care Insurance

A seminar to empower you with knowledge.



IMPORTANT FACTS:



50%

Of policyholders will pass away before using any benefits.



70%

Of policies end because the person passed away, not because the policy ran out of money.



6

Key 'Activities of Daily Living' that can trigger your benefits.

Many people have a long-term care policy but aren't fully aware of its benefits or how to properly use it. This seminar is designed to empower you with the knowledge you need to maximize your policy's value.



EVENT DETAILS:

When: Thursday, January 15th

10:00 AM - 12:00 PM

Where: Kings Point Ripple Room



70%
POLICIES END DUE TO DEATH, NOT LACK OF FUNDS

KEY SEMINAR TOPICS:



Understanding Your Coverage: Learn to read and interpret your policy to know exactly what services are covered.



Triggering Your Benefits: Discover the specific conditions that qualify you to start receiving benefits.



Navigating the Claims Process: Get a step-by-step guide to filing a claim efficiently and effectively.



ADDITIONAL SERVICES TO HELP YOU STAY AT HOME SAFELY

- Private Duty 1-on-1 (4+ hours)
- Live-In Care
- 24-Hour Caregiver Programs
- Veteran Care – Assistance Enrolling in VA Benefits
- Hospice care
- Post-Surgery care
- Clustered-Community Care – tailored 30-minute care visits designed to support your daily needs.

A NEW REPRESENTATIVE from Assisting Hands Home Care will be available on

Thursday January 8 & 22:
2020 North Forum 10AM to 11AM and
Main Lobby 11AM to 12:30PM

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2026 WINTER SERIES

SECOND SHOWS

January 5, 2026 | 7:30 PM

"The Alter Eagles"
Eagles Tribute

January 13, 2026 | 4:00 PM

"KC & The Flashback" -
KC & The Sunshine Band Tribute

January 20, 2026 | 4:00 PM

"Simply Dylan"
Bob Dylan Tribute

January 28, 2026 | 7:30 PM

"Jumpin' Jack Flash"
Rolling Stones Tribute

February 3, 2026 | 4:00 PM

"Here Come the Judds"
Naomi & Winona Judd Tribute

February 10, 2026 | 4:00 PM

"Loco-Motion"
Grand Funk Railroad Tribute

February 17, 2026 | 4:00 PM

"Beside Myself"
Elton John & Billy Joel Tribute

February 19, 2026 | 4:00 PM

"No Time" - Tribute to
The Guess Who & Steppenwolf

February 25, 2026 | 7:30 PM

"Southern Cross"
CSNY Tribute

SECOND SHOWS

March 3, 2026 | 4:00 PM

"Divas Through the Decades"
Divas of 1940s - Present

March 10, 2026 | 4:00 PM

"Simply Clapton"
Eric Clapton Tribute

March 19, 2026 | 7:30 PM

"Beer for My Horses"
Toby Keith Tribute

March 25, 2026 | 7:30 PM

Doobie Brothers &
Steve Miller Tribute

March 31, 2026 | 4:00 PM

"4NR2"
Foreigner Tribute

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1900 CLUBHOUSE DRIVE - SUN CITY CENTER

TICKET PRICING

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PICK 7 (\$28 per show)
PICK 4 (\$31 per show)
INDIVIDUAL (\$34 per show)

For Ticket Information

Call (813) 387-3447



DATE FOR TICKET PICKUP TO BE DETERMINED. No refunds or exchanges. Shows listed may be substituted with shows of equal value without prior notice.
Full Series ticket packages purchased for 2.0 series shows are not eligible for renewal in the 2027 Winter Series.

Kings Point Calendar

Thursday, January 1st

- ♦ **HAPPY NEW YEAR!**
- ♦ **Main Clubhouse: normal business hours**
- ♦ **South Club Palm Court & Bar: 11am-7pm**
- ♦ **South Club pools & fitness: normal business hours**
- ♦ **Nantucket Pool: 7am-dusk**
- ♦ **2020 Centre: 8am-4pm**
- ♦ **Business Offices, Box Office & Tram Office CLOSED**
- ♦ **Café Le Perk & Cyber Space CLOSED**
- ♦ **Serenity Spa CLOSED**

Friday, January 2nd

- ♦ **Federation Board Meeting, KPCH Card Room 9:30am**

Saturday, January 3rd

- ♦ **Joe Laluna performing KPSC Poolside 1-4pm**

Monday, January 5th

- ♦ **Newcomers, 10am in the KPCH Banquet Room**
- ♦ **KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30-8pm**

Tuesday, January 6th

- ♦ **Karaoke Night, KPSC Jubilee Hall 5-9pm**

Wednesday, January 7th

- ♦ **Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.**
- ♦ **Queens Luncheon - Movie: "Downton Abbey The Grande Finale" 12:00pm, Veterans Theater Full menu on pg 10. Tickets \$15 at KPCH Box Office.**
- ♦ **KPSC Trivia, Jubilee Hall 6:30pm-8pm**

Thursday, January 8th

- ♦ **Rock'n Rendezvous, 5:30pm-9pm, KPSC Jubilee Hall**

Friday, January 9th

- ♦ **KP Business & Wellness Expo, 10am-1pm, Veterans Theater, Details on pg 13**
- ♦ **Loft Dining, 6:00pm, Loft Lounge, Details on pg 11**

Saturday, January 10th

- ♦ **Loft Dining, 6:00pm, Loft Lounge, Details on pg 11**

Sunday, January 11th

- ♦ **Coyote Moon performing KPSC Poolside 1-4pm**

Monday, January 12th

- ♦ **KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30-8pm**

Tuesday, January 13th

- ♦ **Karaoke Night, KPSC Jubilee Hall 5-9pm**

Wednesday, January 14th

- ♦ **Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.**
- ♦ **RFEC, KPCH Card Room 9:30am**
- ♦ **KPSC Trivia, Jubilee Hall 6:30pm-8pm**

Thursday, January 15th

- ♦ **Activity Open House, 10am-1pm, Veterans Theater, Details on pg 24**
- ♦ **Rock'n Rendezvous, 5:30pm-9pm, KPSC Jubilee Hall**

Friday, January 16th

- ♦ **Interactive Pasta Buffet, Tickets \$26, 6:00pm, Jubilee Hall, Details on pg 11**

Monday, January 19th

- ♦ **Open Mic Nite, 5-7pm, KPCH Lobby, Details on pg 10**
- ♦ **KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30-8pm**

Tuesday, January 20th

- ♦ **Karaoke Night, KPSC Jubilee Hall 5-9pm**

Wednesday, January 21st

- ♦ **KPSC Trivia, Jubilee Hall 6:30pm-8pm**

Thursday, January 22nd

- ♦ **Blizzard Beach Pool Party, KPCH Outdoor Pool, 3-6pm**
- ♦ **Rock'n Rendezvous, 5:30pm-9pm, KPSC Jubilee Hall**

Sunday, January 25th

- ♦ **Correy Phillips performing KPSC Poolside 1-4pm**

Monday, January 26th

- ♦ **Monthly Movie showing "The Naked Gun (2025)" KPCH Veterans Theater, 1:30pm and 6:00pm. Tickets available at the KPCH Box Office -\$2 each.**
- ♦ **KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30-8pm**

Tuesday, January 27th

- ♦ **Karaoke Night, KPSC Jubilee Hall 5-9pm**

Wednesday, January 28th

- ♦ **Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.**
- ♦ **KPSC Trivia, Jubilee Hall 6:30pm-8pm**

Thursday, January 29th


- ♦ **Rock'n Rendezvous, 5:30pm-9pm, KPSC Jubilee Hall**

Friday, January 30th

- ♦ **Tuscany Buffet, Tickets \$30, 6:00pm, Jubilee Hall, Details on pg 11**

Saturday, January 31st

- ♦ **Vic del Torre performing KPSC Poolside 1-4pm**
- ♦ **Survey Says, 6:00pm, Jubilee Hall, Details on pg 11**



Come learn about the
clubs and groups in
Kings Point!

Clubs please register for your
free table at the KPCH Box
Office starting Dec. 15th

Veterans
Theater

ACTIVITY OPEN HOUSE

Thursday,
January 15th
10 AM - 1 PM

Take a deeper look at your heart health

January 12th
9:00am-3:00pm
Walk-ins Welcome

Screening Event
Kingspointe-Waterside Room
1900 Clubhouse Dr
Sun City Center, FL 33573



Sign up for a free
Heart & Kidney Health Screening



For More Information (407)879-0908

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\$30.00 PP BYOB

FEB. 14 VETERAN'S THEATER
2026 KINGS POINT NORTH CLUB

5:30-9:00 PM

TICKETS CAN BE PURCHASED AT
THE KINGS PT. BOX OFFICE!



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Y0040_GHHMBNAEN_C



*Are You a Stressed Out Caregiver?
Help Is On The Way!*

Care Giver Support Group

MONDAY, JANUARY 5th 1:30PM - 3:00PM
2020 North Forum

Experiencing caregiver burnout is not uncommon for family caregivers, especially when caring for a spouse. Here are some signs that you may be experiencing caregiver burnout:

- Feelings of sadness, depression, or hopelessness.
- Chronic exhaustion and changes in sleep patterns.
- Withdrawing from activities you once enjoyed.
- Feelings of loneliness and isolation.
- Neglecting your own health and needs.
- Feeling overwhelmed by the responsibilities of caregiving.

The monthly Stressed Out Caregiver Series includes a mix of Caregiver Support Group sessions and seminars led by experts in the field of caregiver management to help you achieve balance in your life while providing care for a loved one.

Janice Bayruns
Owner



FirstLight Home Care policy states that services are provided, and referrals and employment actions are made without regard to race, sex, color, national origin, ancestry, religious creed, handicap, or age.

Service Dog Reminder

Service dogs are always welcome in the community, in accordance with the Americans with Disabilities Act (ADA) and Florida Statutes (see below). These specially trained animals perform essential tasks for individuals with disabilities and are not considered pets.

Please remember:

1. Service dogs are permitted in all areas accessible to residents.
2. Do not pet, feed, or distract service dogs while they are working.

Direct any questions or concerns to management—not the handler.

Florida Statute

413.08 Rights of an individual with a disability; use of a service animal; discrimination in public employment or housing accommodations; penalties.—

(3) An individual with a disability has the right to be accompanied by a service animal in all areas of a public accommodation that the public or customers are normally permitted to occupy.

413.081 Interference with or injury to a service animal; penalties; restitution.—

(1) A person who, with reckless disregard, interferes with, or permits a dog that he or she owns or is in the immediate control of to interfere with, the use of a service animal by obstructing, intimidating, or otherwise jeopardizing the safety of the service animal or its user commits a misdemeanor of the second degree for the first offense and a misdemeanor of the first degree for each subsequent offense, punishable as provided in s. 775.082 or s. 775.083.

Thank you for supporting a respectful and inclusive environment for all residents.



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Wed., January 14, 2026 @ 2p | King's Point

2020 Centre - North & South Forum

2020 Clubhouse Drive, Sun City Center, FL 33573

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The next Let's Talk Travel at Kings Point

Tuesday, March 24th, 2026 @ 10:30AM
at Kings Point Main Clubhouse Ripple Room

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THURSDAY, JANUARY 29TH
9:00 AM - 12:30 PM
KPCH RIPPLE ROOM

**PLEASE CALL TO SCHEDULE
YOUR APPOINTMENT**
813-634-7600

JOIN US FOR DANCE-FIT!

Stay Active, Stay Strong, Stay Energized!

Hosted by: Sun City Senior Care

Instructor: Sharon R., Certified Functional Aging Specialist & SilverSneakers® Instructor

Date & Time: Thursday, January 8th @ 12:30 PM

Location: Kings Point -Banquet Room

📞 RSVP Encouraged: Call 813-894-7046 to reserve your spot or scan the QR code!

Refreshments Provided! Bring a friend.

What is DanceFit?

DanceFit is a fun and **uplifting movement class** that blends simple fitness routines with the joy of dance! Designed to energize your body and mind, this class features a mix of American and Latin music, engaging footwork, arm patterns, stretching, and balance exercises—all in a supportive environment.

- ✓ All standing exercises, with chairs available for breaks
 - ✓ Low-impact, rhythmic movements to boost coordination & balance
 - ✓ Easy-to-follow routines, with steps verbalized before showtime
 - ✓ Music-driven fitness to keep your brain engaged and your body moving
- 🎵 *Move, groove, and feel the rhythm with us! Limited spots available—RSVP today!*



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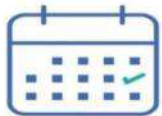


Mobile Dermatology

Hosted by Kings Point – Sun City Center



Did You Know? 1 in 5 Americans develop skin cancer by age 70.



**Jan 6 & 13
Jan 20 & 27**



7:30AM - 3:30PM



**Main Clubhouse
Parking Lot**

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ART SHOW 2026

Kings Point Art League



Reflections of Color

Artwork created by Andi Fish

Artists will be displaying their paintings in several mediums:

acrylics, graphics, mixed media, oil, water colors, and pastels.

The show is open to the residents of Kings Point and Sun City Center.

Admission is free.

Please come by and enjoy our art.

Thursday and Friday

February 26-27, 2026

10:00-4:00pm

Open to Kings Point and Sun City Center Residents

KPCH Banquet Room



2026 Market Outlook

"What will the New Year Bring?"

Hosted by Southshore Wealth Management

Date: Tuesday January 27th, 2026, Time: 11AM-1PM

Location Kings Point Ripple Room

(1900 Clubhouse Drive)

Food and Beverages will be served

RSVP: Call 813-499-9247

or Email Dena@southshorewealth.com

Topics We'll Cover:

Review of 2025. 2026 Outlook and Economic Indicators, A.I. Inflation, Interest Rates, etc.
Benefits of Rebalancing Your Portfolio

This event is for educational purposes only. No investment products or services will be solicited

Presented by Mike McCormick

Founder / Wealth Manager - SouthShore Wealth Management

1601 Rickenbacker Dr. Suite #1 Sun City Center, FL 33573 / 813-499-9247

RSVP today and bring a friend!

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JANUARY LAND GROUP EXERCISE SCHEDULE

MONDAY

TOTAL BODY EXPRESS

9:00AM
Energy Studio

BEGINNING YOGA

8:45AM & 10:00AM
Balance Studio

FIT MIX

11:30AM
Energy Studio

CHAIR YOGA

1:00PM
Energy Studio

TUESDAY

ZUMBA

9:30AM
Energy Studio

FLEX & FLOW

8:30AM & 10:30AM
Energy Studio

SIT & GET FIT

11:30AM & 12:30PM
Energy Studio

IMPROVER LINE DANCE

2:00PM
Energy Studio

INTERMEDIATE LINE DANCE

3:00PM
Energy Studio

WEDNESDAY

TOTAL BODY EXPRESS

9:00AM
Energy Studio

TOTAL BODY

10:00AM
Energy Studio

BEGINNING YOGA

8:45AM & 10:00AM
Balance Studio

LIFT

11:30AM
Energy Studio

CHAIR YOGA

1:00PM
Energy Studio

THURSDAY

ZUMBA

9:30AM
Energy Studio

FLEX & FLOW

8:30AM & 10:30AM
Energy Studio

CANCELLED 1/1

PILATES

9:30AM & 10:30AM
Balance Studio

CANCELLED 1/1

SIT & GET FIT

11:30AM & 12:30PM
Energy Studio

***12:30 CLASS**

CANCELLED 1/1*

IMPROVER LINE DANCE

2:00PM
Energy Studio

CANCELLED 1/1

FRIDAY

TOTAL BODY EXPRESS

9:00AM
Energy Studio

TOTAL BODY

10:00AM
Energy Studio

YOGA FLOW

8:45AM & 10:00AM
Balance Studio

FIRST STEPPERS

LINE DANCE
2:00PM
Energy Studio

How to Sign Up For Classes Online Using SignUp Genuis

- > Go to website www.kingspointsuncitycenter.com.
- > Click on the "Fitness" tab near the top of the page.
- > Click "Fitness Class SignUp".
- > Across the top of the page, click the tab representing the day of the class you wish to sign up for.
- > Scroll down until you see the class you wish to sign up for and click the green "Sign Up" box.
- > Click "Save & Continue".
- > Fill in all boxes of your contact information then click "Sign Up Now".
- *Reminder, class sign ups close the day of at 5:00AM. You can sign up for a class up to 5 days in advance.
- > Guests are not permitted to classes that have reached capacity by residents.



Class Descriptions

BEGINNING YOGA: this class is for those new to yoga or those wanting to fine tune their practice. We will use the breath and body awareness to build strength and increase flexibility.

CHAIR YOGA: Class designed to include breath work, strength, flexibility and balance but does not involve getting up and down from the floor. Great for ALL fitness levels!

FIRST STEPPERS LINE DANCE: No knowledge of line dancing or steps names.

FIT MIX: A fast-paced strength class incorporating a mix of standing and floor exercises using a variety of weights and resistance bands.

FLEX & FLOW: A combination of tai chi, yoga & Pilates style movements set to a variety of music to work your core, challenge your range of motion, strength and balance without floor work.

IMPROVER LINE DANCE: Student knows basic line dance steps and will learn additional steps. Constant instruction.

INTERMEDIATE LINE DANCE: Some knowledge of line dance steps. Continuous instruction of more difficult steps.

LIFT: A strength training class using dumbbells, barbells, and body weight. Personalize the experience through weight selection and provided modifications.

SIT & GET FIT: Train the entire body using various pieces of equipment while remaining seated. Great class for beginners and those with ailments!

STRONG BODY: Strength-based class using barbells, dumbbells, and body weight exercises designed to increase and maintain muscle endurance and strength.

TOTAL BODY: A full body strengthening class that utilizes hand weights and other equipment.

TOTAL BODY EXPRESS: Full body strength workout without floor work.

YOGA FLOW: Suitable for all levels that have some previous yoga experience. Low impact, relaxing, mindful yoga emphasizing flexibility and light strength. Breathing and stress management techniques incorporated.

ZUMBA: A Latin inspired cardio class filled with fun dance moves that guarantee a good time and a great workout.

Mats will not be provided for any class.

Reminder: A more extensive group exercise schedule of classes is available to view 24/7 online at www.kingspointsuncitycenter.com>Fitness>At Home Fitness Videos

You can also watch pre-recorded versions of your favorite classes played **daily** in your home on Spectrum Channel 732.

7:00AM	Pilates	11:00AM	Zumba
8:00AM	Total Body Express	12:00PM	Flex & Flow
9:00AM	Chair Yoga	1:00PM	Sit & Get Fit
10:00AM	Total Body		

JANUARY 2026 Water Group Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday	*SCHEDULE SUBJECT TO CHANGE. SEE POSTED SIGNS NEAR THE POOL FOR ADDITIONAL POP UP CLASSES.
Aqua Resistance 9:00AM KPCH	Water Walk & Stretch 9:00AM KPCH	AQUA FIESTA 8:00AM KPCH	Aqua in Motion 9:00AM KPCH	Deep Water 9:00AM KPCH	
Stretch & Flow 11:15AM KPCH	Aqua Bata 10:00AM KPCH	Double Noodle 9:00AM KPCH	Aqua Bata 10:00AM KPCH	Aquanautics 10:00AM KPCH	
<u>KPCH</u> = Kings Point Clubhouse <u>KPSC</u> = Kings Point South Club		Aqua Power Walking 10:00AM KPCH	Email the Fitness Director, Jennifer Yurcus, to be added to an email list for water class communications at jjurcus@vestapropertyservices.com		

Class Descriptions

AQUA BATA: full body workout using time intervals and various types of equipment.

AQUA FIESTA: A low-impact water workout, blending upbeat music with fun, dance-inspired moves that improve cardiovascular health, strength and flexibility.

AQUA IN MOTION: A moderate water workout followed by gentle exercises to improve strength, endurance, and flexibility.

AQUANAUTICS: A total body water workout using various types of exercises.

AQUA POWER WALKING: Warm up, followed by a vigorous 30 minute various intensities while walking then cool down.

AQUA RESISTANCE: Focuses on upper and lower body strength and endurance by using the water, wall, noodle and water weights as resistance.

DEEP WATER: An intense workout where feet are off the bottom of the pool in any depth of water that one is comfortable with.

DOUBLE NOODLE: Vigorous workout for the entire body using two noodles and no weights.

STRETCH & FLOW WATER: A thorough stretch from neck to toe.

WATER WALK & STRETCH: Resistance bands for the upper body while moving using various types of walking, includes stretching.



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2026 FOLLIES AUDITIONS

The 2026 Vesta Follies theme has been announced: "Movie Musical Night at the Follies." The auditions are scheduled for Sunday, January 4, from noon to 4 p.m. in the Banquet Room of the Kings Point North Clubhouse.

Everyone –soloists, dance clubs, specialty acts, which include skits, comedians, musicians, and anyone wishing to bring something from their favorite movie musical (which is anything pertaining to movies and not stage shows), to the stage is invited to schedule their 15-minute audition with Linda Stone at 319-481-7897 or by email at wapsigal@hotmail.com.

Soloists, at least two songs are suggested.

Those wishing to participate in the Follies Chorus are asked to come at 4:15 on January 4 (please, no flip-flops or sandals) to receive more information and a rehearsal schedule, which is generally Mondays, Thursdays, and Saturdays. The chorus is the fun part of the Follies and most audiences' favorite.

The 2026 Vesta Follies will be presented on Friday, March 6, and Saturday, March 7, in the Kings Point Veterans' Theater.

Please contact Linda Stone for additional suggestions or information.

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Happy New Year