

THE POINTER



MEMORIAL DAY

REMEMBER AND HONOR
MAY 27TH 2024



The information in this newsletter is current as of the date of publication. Please note events and activities are subject to change and/or cancellation. For the latest information, please sign up for Vesta's Kings Point updates and Focal Points at: kingspointsuncitycenter.com/newsletter-sign-up/

THE POINTER

Send submissions to:
jvonlueders@vestapropertyservices.com

May 2024

Published by
Vesta

Editor: Jennifer Von Lueders
JVonlueders@vestapropertyservices.com

Contact Information:

Main Clubhouse

Box Office	387-3447
Business Office	387-3439
Security	387-3471
Security Cell	918-1311
Transportation	387-3470

2020 Centre

Concierge	387-3458
Fitness	387-3476
Serenity Spa and Salon	387-3475

Cyber Space

Cyber Space 540-5450

South Clubhouse

Business Office	387-3449
Palm Court Café	387-3463
Lost and Found	387-3483
Security	918-0907

Gates

Front Gate	634-2063
South Gate	645-9355

Visitor Access:

kpscvisitor@vestapropertyservices.com

Community Services:

COA Office	633-1710
KPW	633-0061
Federation Offices	633-2083
First Service/Pest Control	642-8990
Master Association	812-7559

The Pointer Mission:

Our Mission is to publicize the scheduled activities for the Kings Point community; and to act as a central resource for meeting and event notices, learning opportunities, and upcoming attractions in and about the community.



Helping Hands

Reach Out Today, Find Comfort In Tomorrow



Are you thinking about looking into Assisted Living? Contact us first for *Free* information on local community pricing, amenities, state inspections and more.

Contact us if you notice any of the following from your loved one:

- Confusion/Wandering
 - Frequent Medication Mistakes
 - Frequent Falls
 - Frequent Hospital Visits
 - Signs of Depression
 - Unsafe/Unclean Home Environment
- Helping Hands is your FREE personalized Independent Living, Assisted Living, and Memory Care Referral Service**

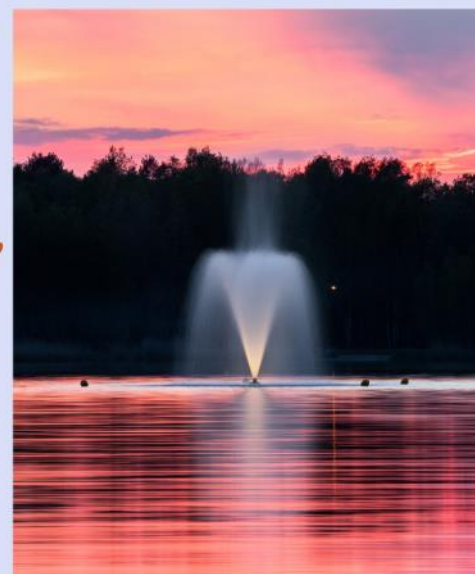
813.787.9200

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Come have your *BREAKFAST* at the *PALM COURT CAFE*. Best View in town!

Omelettes, French Toast, Pancakes, Eggs Benedict, Breakfast Burrito Avocado Toast and Much More!

Breakfast available 8-11am Thursday-Sunday Kings Point South Club



Security Corner

Friendly Reminder:

There has been an influx of resident dumping and dropping off unwanted items at and beside the Main Clubhouse and South Club dumpsters.

Those dumpsters are for the sole use of the Main Clubhouse and South Club, including the events and functions held therein.

If you need to throw out large, bulky or electronic items, please visit the local Wimauma Hillsborough County Solid Waste website at this link: <https://www.hillsboroughcounty.org/en/locations/wimauma-solid-waste-facility> or call them at (813) 272-5680 for more information such as location, hours of operation and a list of acceptable items.

Please note and share... The dumpster area is under video surveillance and violators will be identified and fined.

Transportation

*Kings Point Tram services
available to every resident!*

Masks are optional on trams.

REMINDER!

We are now allowing guests.

If using the tram from the clubhouse, transportation office **MUST** be notified before quarter-past the hour and you must be present in the foyer by 25 minutes past the hour.

Passengers must be waiting in front of their homes ready to board the tram upon arrival.

Drivers are prohibited from assisting passengers when boarding and exiting the vehicle. If a resident has difficulty boarding or exiting the vehicle, a Kings Point resident or lessee escort must accompany and assist the resident. Drivers are not permitted to assist passengers with groceries, shopping bags or other packages ***Two Bag Maximum*** and walkers.

Internal Tram Service:

Monday-Friday on the half-hour

Shuttles residents, and lessees to ALL locations within Kings Point.

If you want to attend an event at the North Clubhouse, South Clubhouse, 2020 Centre, Community Pools or you simply want to visit a friend, call **387-3470**.

Emergency Phone Number

In order to better serve the community, the Transportation Department has set up a special emergency phone number, available in the event the office phone is not functional and residents are unable to leave messages for tram drivers: **918-0246**.

Hours:

Monday—Friday 8:00am—5:00pm.

Aldi's 9:30am on Tuesdays

Publix 9:30am on Thursdays

Walmart 10:30am on Tuesdays and Thursdays

Saturday Lunch Bunch 11:30am—2pm

Sunday Church 8:45am—12:30pm



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KINGS POINT

NEWCOMERS ORIENTATION MONDAY MAY 6TH

10 AM IN THE BANQUET ROOM

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Some Reviews

"They came to my hospital bed to fill out the majority of my paperwork. Great customer service!" - Eric V.

"Love the service I received from TrustMasters! They were efficient, thorough and much less than paying a lawyer." - Bobbie H.

"High value at a great price. A no brainer." - Michael S.

"I shopped around. They were almost the cheapest, but definitely the best!" - Susan R.

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DON'T LEAVE EARTH WITHOUT ONE!

WHEN

Friday, May 17th, 2024

12:00PM-1:30PM (LUNCH INCLUDED)

WHERE

2020 Building-North Forum Room

2020 Clubhouse Dr, Sun City Center, FL 33573

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Meagan Knopf of Senior Healthcare Solutions presents

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Your brain has everything to do with who you are and what you do. It's important to challenge your mind to keep it fit and healthy. If you want to keep your mind young and sharp, join us for this educational seminar to learn how to train your brain!

With special guest speaker

Dr. Dychko

Of Healthy Home Primary Care

May 15, 2024 at 1:00 PM
2020 North



Clean eating: Ditch the processed food

Clean eating is a nutrition concept that emphasizes healthy, whole, unprocessed foods. It may help you make healthy food choices and limit the amount of processed food in your diet. Join us to learn more about how processed food is affecting your health and ways to avoid it!

With special guest speakers

Dr. Nash

Of Sunstate Doctors

May 30, 2024 at 10:00 AM
West Social Room



Space is limited, RSVP IS REQUIRED TO ATTEND

813-497-4747

Produce Market in Kings Point

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9AM - 3:30PM

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HEALTH & WELLNESS SPEAKER SERIES

Join us for a transformative 4-week series, where leading experts converge to delve into the intricate balance between mental and physical well-being. Each week unveils a curated selection of topics interwoven with stories from expert speakers. Whether you're seeking to increase resilience, navigate complex family dynamics or inspire personal transformation this series offers a comprehensive roadmap to harmonize your body and mind for a healthier, happier You! Our speakers will weave the following topics through personal storytelling and professional expertise:

WEEK 1 – TUESDAY, JUNE 4TH: Hospice 101

A breakdown of the myths behind hospice of old and the new definition of hospice care in 2024.

WEEK 2 – TUESDAY, JUNE 11TH: Care for the Caregiver

This presentation discusses the impact of caregiving and identifies ways to facilitate healthy caregiving and care giver resources.

WEEK 3 – TUESDAY, JUNE 18TH: Comfort & Care at the Time of Dying

A straight forward look at the process of dying, common timeline indicators of end of life, and management of pain and symptoms at the end of life. The topics discussed are the management of increased secretions, anxiety, restlessness, and pain in the last few weeks to hours of life.

WEEK 4 – TUESDAY, JUNE 25TH: The Sandwich Generation

A fascinating glance at addressing the large population that are caring for both children and older parents.

**Waterside Room
KP Main Clubhouse**



**Time
9:00am - 12:00pm**

*Refreshments provided
between sessions!*



Christene Gerardi, EdM
Mental Wellness Coach



LIFEPATH
H O S P I C E



****SEATING IS LIMITED**
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Michelle Sprow
BSW, MPH, Account Development Liason

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RN, Clinical Nurse Educator

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Clubs & Organizations

May 4: Michigan Club of KP- will host a Kentucky Derby Party in the Veteran's Theatre. Tickets are \$22 for members and non-members. Doors open 3:30 pm. Bubbaques BBQ will be serving smoked pulled pork, smoked turkey, Texas toast, mac n' cheese, baked beans, green beans, Unsweetened tea, Sweetened Tea and Lemonade. Tickets will be sold 9-noon on Tuesdays, April 23 and 30th in the North Clubhouse Lobby. This will be the 150th running of the Kentucky Derby and we don't know if the colors are always the same for the Derby but this year the official colors are red and gold - so if you feel festive! Post time is between 6-7pm. BYOE -- including corn bread if you are so inclined for your table! (Bubba's doesn't make it.) As usual ice and water will be available. Be sure to check out the horses and jockeys before you come so you can pick a winning horse! Guests are encouraged to wear their favorite Derby Hat and there will be a gal and gent winner!

May 7: New York Club - The New York Club will be having a Cinco De Mayo dinner dance. Music by Gene Cannon. Food by Banquet Masters. You do not have to be from New York to attend this event. For further information, please contact Frank Gatto at 813 633 8942. Members only \$25.00 guests \$28.50.

May 11: Come Dance With Us- Come celebrate MOTHER'S DAY! KPCH Veterans Theater. Doors open at 5:30pm with dancing from 6:30pm-9:00pm. Music by LB and Chloe with a variety of genres. Waltz, 2-step, Rock n Roll, Rumba, Cha-cha, Swing, Fox Trot, Line Dancing and More! Charge is \$5pp at the door with ice and water provided. BYOB! All are welcome. Questions? Call Ken 513-582-8449 or Rosemary 513-258-8238.

May 14: KP Italian Club - Invites you to a Sadie Hawkins Day Dance. Veterans Theater, doors open at 4:30pm. Food provided by Banquet Masters. BYOB. Music by Tommy Batch. Members \$30pp, guests \$35. Please see page 31 for additional information.

Thursday BINGO Doors open 11am. Game starts 12pm. First come, first serve basis. Papers will be sold in single (\$9) double (\$17) and triple (\$25) packets. Each participant must have their own placemats and daubers!

Saturday Night BINGO Doors at 4:30 pm. Game from 5:45pm-8:45pm.

Sunday BINGO Doors open 1:00 pm. Game starts 2:00pm. First come, first serve basis. Papers will be sold in single (\$9) double (\$17) and triple (\$25) packets. Each participant must have their own placemats and daubers!

Bunco Every 2nd and 4th Friday KPCH Ripple Rm 1:00 p.m. Come play bunco. Tell or bring a friend.

Acrylic Painting Workshop Group meets Tuesdays in the KPCH Art Room from 1-4pm. Learn new skills and techniques, fun class for anyone who wants to explore their creative side. Bring a canvas. Paints, brushes available. 20 people max. For info contact Jane at 715-923-2393

Art Club Kings Point Art League welcomes you. A blending of all mediums, culminating in our annual art show. Check out our classes.

Kings Point Amateur Radio Club meets the second Monday of every month at 1 pm in the Meeting Place Room.

Apple Club Come join us in our journey of the exploration of all things Apple. Meetings second Wed. of each month in the Veterans Theater from 1pm-3pm. (no meetings in June, July or August) Annual dues \$25 per household and \$15 per individual. KP residents only. Help sessions every Mon. and Thurs. from 9am-11am at the 2020 in the culinary room. Info: Gary Brian 502-544-6057.

Kings Point Archery Club meets the third Wednesday of the month at 4:30 p.m. Room TBD. Archery Range is open for members from dawn until dusk every day. Call Steve at 610-216-9153

The Billiard Club is open daily 8 am-8 pm for pool-playing enjoyment. Three different tournaments are held monthly, October-May.

Bocce Ball Group: Meet at 10am every Saturday to play on the Bocce court. Call Bill at 603-520-3918.

KP Canadian Club: A social club with a few events planned to bring Canadians together from December to April (e.g., pot luck, meet and mingle, golf tournament, dinner/dance). Please contact kpcaclub@gmail.com to be added to the mailing list..

Ceramics Club of KP: Join us at the Ceramics Room any Thursday from 9am-3pm! Call Lonnie Eaker 813-395-2412 for details.

Chicago Bridge: Cancelled for the Season

Chinese Hong Kong Style Mahjong Wednesday nights. join us if you know how to play or would like to learn. meet new people and play a fun game. For info call Yingmay: (413) 218-1182 please leave a message.

Coquina Beach Group: If you like the beach but don't want to go alone. Saturday Women's group call or text Trish 3366935278.

Kings Point Cribbage Club meets Mon. and Thurs. 6-8 pm in the KPCH East Social Room. Open to KP and SCC. Everything supplied.

KP Cornhole Club: Join us today! We play at the North Court Complex adjacent to the Lawn Bowling Courts on Monday, Wednesday, and Friday. Summer hours -May 01 -Sept 30, 9am-12pm, start time 9:45am / Winter hours - Oct 01 - April 30.2pm-6pm, start time 3:45pm, Visit kpcornhole.com for more info or call Penny at 423-453-9769

KP Dance Club: Our Dances are from October to April at the Veterans theater. If you have questions call Eileen 813-296-4038

KP/SCC Dating Singles Group: Welcomes all KP and SCC residents to mingle and form friendships. Each month we hold one organizational meeting and one social event. Join the group to find friendships or perhaps romance. For info contact Ed 813-785-9322 or Kay 501-463-1250.

KP Dog Lovers Club: Visit dlckp.org for info on meetings & events

Discussion Group: Meets Tuesdays at 10:30am in the KPCH West Social Rm: We talk about any topic you can think of: Including religion, current events, psychology, politics, etc. We want opinionated people who are willing to speak up. For info call Chris Leavitt at 585-334-6393.

Kings Point Duplicate Bridge Association holds sanctioned bridge games every Tues & Wed. at 1pm in the KPCH Card Rm. Newcomers welcome. For more info, call Tom Richard: 813-431-0823.

Eagle Audubon Society: We seek to increase interest & involvement in our local/state environment, it's history, wildlife, preservation, & restoration. Visit eagleaudubonflorida.org.

Euchre Club: KPCH Card Room Tuesdays at 6:30pm . No partners are necessary we rotate tables and players. Cost \$1.00 per player Contact Carl Wink 605-593-1383 or Tom Jones 614-214-1499 for more info.

Kings Point Glass Arts Club will be having Monitor (help) sessions Mon., Wed., & Fri. mornings from 9:00 till 11:00. Studio is open during open clubhouse hours but must show membership badge to security. Email Sandy Ford for more info kingspointglassarts@gmail.com

Economic Information Club meets the 2nd and 4th Weds. of each month at 3:30pm in the KPCH Atrium. Dan Cannistra, 941-730-9093

Feline Folks meet the first Thursday of every month in the 2020 Centre Culinary Room at 3:30 pm. Everyone is welcome to attend. For information, email info@felinefolks.us.

Kings Point Florida Friendly Plant Club -Fl Native and Florida-friendly plants! We enjoy learning and helping each other improve our flower beds with the right plant in the right place. Please contact kpffplantclub@gmail.com for meeting information.

Kings Point Glass Art-Come see the creations you can make whether your interested in creating stain or fusing glass creation? Signing up for classes is easy. Monitor's are available to assist In the summer; Mon., Wed., and Fri., from 9:00 to Noon. Be a part of the fun! Located n the South Club House

Happy Tappers meet every Tuesday from 1:30-2:30 in the KPCH Dance Studio. There is also a session before class for review/beginning tappers from 1-1:30 each Tuesday. These classes are meant for beginning to intermediate tappers. New members are always welcome. Please call Gayle Hendrich at 765-720-4911.

Healthy Lifestyles Meetup — Zoom details on HealthyMeetup.ORG

Heartland Social Club-A social club serving as a welcome mat to all Sun City residents and snowbirds, especially those with ties to Minnesota, Illinois, Indiana, Iowa, Missouri, Kansas, and Nebraska. For more information to join or learn about our non-dance events, please call: Bev Wohlrab (Membership Chair) at: (309) 525-2871, or email jbwohlrab@gmail.com

Friends of History Discussion Group. For information regarding club activities email Naomi Hauser friendsofhistorygroup27@gmail.com

Kindred Spirits Hey Ladies! As life changes, we find ourselves missing a companion to be active with. Are you tired of going to restaurants, movies, and events alone or maybe not going at all? We have the solution. It's the Kindred Spirits Club! Come meet other women to enjoy life with and build friendships. We meet the first Wednesday of every month, 3:30 p.m. at KPCH Meeting Room. If you are needing a gate pass no problem, let us know, Mmason@seniorsinservice.org

Kings Point Hula Honey's Modern and Traditional hula for all levels. KPCH dance center every Wednesday at 11:00am. Call Kathy Hammond 813 368-9636 or Teresa Drake 970 215-1167 ALOHA

Kings Point Italian Club A social club where you don't have to be Italian to join and have fun, dance and dine. For more information contact Frank Oleskewicz 813-300-4010 or email fandkolesk4@yahoo.com

Kings Point Krafter's Club meets Wednesdays from 9-12pm in the KPCH Fiber Arts Room. Crafts include knit, crochet, and canvas. No membership dues. For more info: Catherine Yevoli 922-4217.

Lapidary Club: Various aspects of jewelry making and gem cutting. The fall classes have begun. Stop by Room #22 for a new schedule. Annual dues are \$15 with an additional fee of \$30 if machinery use is required. New members are welcome anytime.

Kings Point Lawn Bowling Club will give 3 free lessons to anyone interested in learning the game. We bowl Mon., Wed., & Fri. mornings. Tues., Thurs., & Sat. afternoons. Interested please call Joe at 302-766-1668

Monday Bunco Ripple Rm, Please be there by 12:30pm cost is \$2.00

Mahjong Mavens: Meets weekly on Friday at 12:30pm in the KPCH Bingo Room. Come Join the Fun!! All Welcome, for more info contact Barbara Sarner 631—741-2177

Mah Jongg Sullivan: Meets weekly on Thursdays in the KPCH Atrium from 12:30pm-3:30pm. Please contact Kathy Sullivan for more info at 813-331-3176

Metaphysical Discussion Group: Meets the first Thursday of each month. 1:00 - 3:00. Free. We discuss and share information, knowledge, and our experiences with one another. A different topic is discussed each month. Call Carol Ann Liaros (Cappuzzo) at 813-634-6534. To be added to the monthly email list for upcoming topics: caliaros@msn.com

Mexican Train: Meets weekly on Wednesdays in the KPCH Fiber Arts Rooms from 12:30pm - 4pm. No food but personal drinks are permitted. Masks can be removed once seated. Bring own game. Contact Claudette at 813-938-3182 for more info.

Kings Point Michigan Club -All are welcome. Do not have to live in KP or be from Michigan! Contact miclubkp@gmail.com if you are not currently a member and want to be put on email list to receive notification regarding membership for 2024-25 year.

Minnesota Club 2nd Tuesday September—May 3pm-5pm meet with fellow Minnesotans. Meeting date and time will vary depending on monthly social event. All members will be notified of any changes in advance. Please contact Arlene Gasper 763-777-1726 or agasper1@hotmail.com or Patty Hulting 763-360-0627 or pathulting@hotmail.com

Kings Point Mixed Bowling League Bowl at The Alley starting in September. Call Pete DeRupo 813-337-8238, leave message.

Kings Point Mixed Chorus Do you love to sing with others? Then come join the Kings Point Mixed Chorus! For more information, email Kathleen Brady at kbrady610@gmail.com.

Kings Point Model Railroad Club: Welcomes Visitors every Mon., Tues., Thurs., & Fri. from 1pm-3pm in KPCH. Accepting New Members. Bring in the grandkids to help us run the trains!

Kings Point Music Makers Club: looking for new members. We meet in the KPCH Ripple rm on Saturdays from 9-1pm. Bring an instrument or just your voice and sing and play with us. Or just come to sit and listen. We are all about making music and all from Kings Point and SCC are welcome. Contact Greg, David or Dan at kpmusicmakers@gmail.com.

New York Empire State Club For further information please contact Frank Gatto at 813 633 8942.

Pelican Players Community Theater: Open membership, \$10.00 annual dues. For upcoming performances visit www.pelicanplayersccc.org or email pelicanplayers.rep@gmail.com

Kings Point Photography Club Join us on the 2nd Tuesday of each month. Everyone is welcome, whether your level of photography is beginner or advanced. Email the club for more information. KingsPointPhotoClub@gmail.com

Kings Point Pickleball: Open Play welcome all day at both the North and South Courts. Join the club for great friendships, fun tournaments (for all levels), and wonderful social events. It's only 20 dollars a year - membership forms are available at both courts. Want to learn to play pickleball? Email us at Kingspointpbball@gmail.com. Any questions, please call Suzan Hill at (606)831-2789 or Karin Coons (914)213-7592.

Kings Point Pinochle players welcome KP & SCC Residents to play single deck pinochle on Wed. & Fri. nights from 6:15 - 9:30 P.M. in the KP card room. Contact Judy 634-5364 for info. or questions.

Monday Night Social Pinochle Club meets in the KPCH Card Room every Monday Night from 6:00 - 8:30pm. Call Bobbie at 813-215-7127

Kings Point Pottery Club: Learn how to turn clay into your own piece of art and meet wonderful people. Accepting new members. Sign up for classes in the Pottery Rm. Questions? See attendant of the Pottery Rm.

Kings Point Poker Group is looking for new members. They play every Mon. and Wed. from 6:00-9:00pm. Please call 813-633-7568 if interested.

Kings Point Quilters meet Mon., Thurs., & Fri. from 9am - 4pm in KPCH Fiber Arts Rooms 1 & 2. For information call Mary 813-938-5938 or Dottie 330-718-1484

Sat. Night Pot Luck Bunco Group: Meets 1st Sat. of month at 5pm, Oct-June in Waterside Rm. Call Mary Ann at 401-9984.

Scrabble Join residents in a board game using lettered tiles to create words in a crossword fashion. Socialize and learn new words with a game of scrabble. Contact Sandra McCullough at 443-326-8606 for more info.

The Shuffleboard Club meets Tuesdays and Fridays 9-11 am. Contact Jim Forgione, 813-633-0975, or Sherwood Rubin, 813-451-1874.

The Sportsman's Club Meets on the third Wednesday of every month at the KPCH Theater at 3:00 p.m. Guest speakers, refreshments and door prizes at every meeting. The Club is dedicated to promoting shooting sports, including: Pistol, Rifle, Shotgun, Hunting, Fishing and Wildlife Conservation. For more info, check out our website at: kingspointssportsmansclub.com

Silver Shakers Thurs 9:30am to 10:30am KPCH Studio, FUN, low-impact, low-cardio Middle Eastern Dance ("Belly Dance"). Perfect for those who want to improve their flexibility, movement, mental acuity, and overall well-being through exercises and choreographed routines. Performance opportunities offered when possible, not required. "Jafali" 303-638-2784

Kings Point Stabilizers Machine Embroidery Group meets the 3rd Friday of the month from 9am - 3pm in the KPCH Fiber Arts Room 1. Personal embroidery machine required along with knowledge of how to use the machine. Contact Sandy Nunn at 813-642-8961.

Kings Point Quilters Hand Quilters meet Fridays 9am - noon KPCH Fiber Arts Room 2. For Information call Deb Burgeson at 320-216-5438

Table Tennis Club Interested in playing table tennis? We play on Mon. and Wed. nights from 5pm – 8pm and Sat. from 2pm-5pm at the 2020 building Energy Studio. No experience necessary. For safety sake appropriate footwear must be worn. No sandals or flipflops.

Kings Point Tennis Club If you are interested in playing tennis, we offer a great opportunity to get out on the courts. No matter what, there's a place for you in our club. Social tennis play with all club members are held on Tues., Thurs., and Sat., in the am. Courts available on Mon., Wed., and Fri., for specialized groups. Occasional clinics and Tournaments. Club dues are \$10/year. For more info contact Vincent at 813-816-6487

TOPS Chapter #788 meets every Tuesday KPCH West Social Rm, meeting starts at 8:30. Contact or text 813-215-7127

TOPS #0845 meets every Thursday at South Club Jubilee I. Weigh in 8:15am-8:45am. Meeting starts at 8:45am. For more info, contact Charlene 978-930-0878. All are welcome.

Ukulele group of Kings Point Meets every Tuesday from 10am to 11am KPCH Atrium. Come and play your ukulele, and sing your woes away. Don't own a ukulele, let us know, we have a few extras to loan or try out. Don't know how to play? We'll teach you. See you soon. Pottstownpaul@msn.com write ukulele group in subject line.

Kings Point Volleyball Club: Plays Mon, Wed, and Fri from 9am-11am at the South Club, November-April. For details email chipngale@aol.com.

Kings Point Woodchoppers Club: See us if you need something repaired or made to your specifications. Open daily in KPCH 8:30-11:30 am; some days 1:30-3 pm.

Editor's note: We reserve the right to edit for space and grammar/style. Please keep announcements brief. Due to the high amount of submissions we will be strictly enforcing this. We will shorten submissions as deemed necessary for space. If you would like any club or organization news featured please email jvonlueders@vestapropertyservices.com

The Queens Luncheon

PRESENTS

THE BOYS IN THE BOAT



SYNOPSIS
 THIS INSPIRATIONAL TRUE STORY FOLLOWS A GROUP OF UNDERDOGS AT THE HEIGHT OF THE GREAT DEPRESSION AS THEY ARE THRUST INTO THE SPOTLIGHT AND TAKE ON ELITE RIVALS FROM AROUND THE WORLD.

RUNTIME: 123 MIN
 RATING: PG-13

MENU

GARDEN SALAD WITH DRESSING

CHICKEN FAJITA BOWL WITH RICE, PEPPERS & ONIONS, SHREDDED CHEESE WITH A SIDE OF CHIPS & SALSA

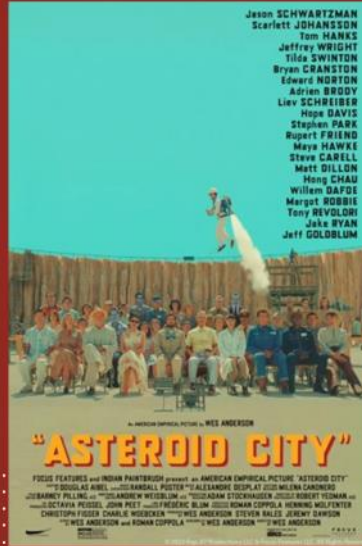
CHOCOLATE CAKE

FRIDAY, MAY 3RD
 12:00 PM
 VETERANS THEATRE
 \$15 AT KPCH BOX OFFICE

MONTHLY MOVIE

VETERANS THEATRE
 May 20th - 1:30PM & 6:00PM
 Tickets \$2 at the KPCH Box Office

ASTEROID CITY



In an American desert town in the mid-fifties, the Junior Stargazer Convention attracts stargazers of different ages. A group of students and their parents visit the town to attend the event. What follows is an unexpected exchange of ideas and experiences that lead to eye-opening revelations.

RATED: PG-13

RUNTIME: 105 MINUTES

MAY MONTHLY DINNER BUFFET

CAESAR SALAD
 GARLIC BREADSTICK

SHRIMP SCAMPI
 W/ LINGUINE
 STEAMED BROCCOLI

LEMON ITALIAN CREAM CAKE

MONDAY, MAY 20TH
 4:45PM
 BANQUET ROOM
 TICKETS \$21 AT THE
 KPCH BOX OFFICE

Joe LaLuna performing Sinatra Sunsets

Come enjoy the South Club Pool at Sunset while enjoying performer Joe LaLuna singing your favorites. Sunday, May 19, 2024 6-8pm Drink Specials and more!

*Ticket prices are subject to change in an event to event basis, due to cost of entertainment and catering.

KINGS POINT SOUTH CLUB



MEMORIAL Day

MONDAY, MAY 27

**LIVE MUSIC!
FOOD AND DRINK
SPECIALS!**

SPECIAL PERFORMANCE BY
SIX RIVER BAND

POOLSIDE, SOUTH CLUB 1-4PM

FAMILY FUN EVENT

KINGS POINT SOUTH CLUB PRESENTS

LOFT DINNER

1st Course
Roasted Wild Mushroom Salad
Mixed field greens, roasted wild mushrooms, shaved red onion, blistered tomatoes & goat cheese. Sherry vinaigrette.

2nd Course
Black & Blue Steak & Shrimp
Cajun seasoned filet mignon topped with broiled blue cheese, balsamic glaze and grilled shrimp. Served with sautéed vegetable medley and garlic whipped potatoes.

3rd Course
Lemon Panna Cotta

**FRIDAY, MAY 10, 2024, 6 PM.
LOFT LOUNGE, SOUTH CLUB
\$39 INCLUSIVE PRICING
TICKETS AT THE BOX OFFICE. CASH BAR AVAILABLE**

KINGS POINT SOUTH CLUB

MUSIC IN MAY

EQ BAND
CINCO DE MAYO
5/5/24
POOLSIDE 1-4PM

CORY PHILLIPS
5/15/24 PC PATIO
5-8PM

JOE LALUNA
5/19/24 POOLSIDE 5-8PM

SIX RIVER BAND
MEMORIAL DAY POOLSIDE
5/27/24 1-4PM



Interactive Pasta BUFFET

ITALIAN SALAD
"CREATE YOUR OWN PASTA"
CHICKEN, SHRIMP, SAUSAGE,
ALFREDO SAUCE, MARINARA SAUCE,
BOLOGNESE SAUCE, PESTO SAUCE, FRESH GARLIC, FRESH BASIL, CRUSHED RED PEPPER, SAUTEED ONIONS & PEPPERS, SPINACH, MUSHROOMS, TOMATOES, PARMESAN CHEESE
CANNOLI FOR DESSERT.
COFFEE, ICED TEA INCLUDED.
CASH BAR AVAILABLE.



**Friday, May 17, 2024, 6pm. \$24 Inclusive.
Tickets available at the Box Office**

Kings Point
South
Club

It's Mexican Fiesta Time!

Cinco de Mayo PARTY

MUSIC · FOOD · DRINK

5 May, 2024
Sunday 1-4pm

Kings Point South Club Pool

The Nunes Band plays 1-4pm

**THERE'S A NEW GAME
IN TOWN!**

Join us on 5/24/24 at 6:30pm,
Jubilee Hall, South Club

SURVEY SAYS

Think "Family Feud" with a Twist

Free to play!

Tex Mex Buffet

- GARDEN STYLE SALAD WITH
FIESTA STYLE TOPPING & DRESSING.
- STEAK FAJITAS
- SHREDDED CHICKEN CARNITAS
- SLOW ROASTED PORK CARNITAS
- CHILI STUFFED POBLANO PEPPERS
- SOUTHWESTERN SAUTÉED CORN
- SAUTÉED PEPPER & ONION
- SOUTHWESTERN RICE
- CILANTRO LIME RICE
- SHREDDED CHEESE.
- WARM FLOUR TORTILLAS
- TORTILLA CHIPS, SALSA
- REFRIED BEANS
- GUACAMOLE
- LEMON LECHE CAKE
- CHURROS

Friday, May 31, 2024 at 6pm, Jubilee Hall

\$25 Included tax & gratuity. Tickets sold
at the Box Office. Cash Bar Available
including special Margaritas



HAPPY BIRTHDAY

BOOGIE TOWN BIRTHDAY BASH!

Calling out all MAY Birthday folks!!

*Grab your friends and get your tickets at the Box Office!

- Party Favors
- Birthday Cake
- Champagne Toast

DJ David Kaminski,
your Club Style DJ,
will be playing non-stop
dance music for you!

Saturday, May 25, 2024
6-10pm. Jubilee Hall
Tickets \$10.
Cash Bar Available

*If your Birthday is in May,
your admission
ticket is FREE!



YOU ARE INVITED TO

MOTHER'S DAY BRUNCH

Celebrate Mother's Day with a delightful brunch.



12 May | Jubilee Hall, South Club
2024 | \$30 includes tax & gratuity



Enjoy a lovely brunch with friends and family. Mom enjoys a free Mimosa. ❤️

Full cash bar available

GET YOUR TICKETS AT THE BOX OFFICE.

Brunch 11am-1pm



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of the month



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D.M.D

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- Full-service laboratory and imaging services (X-ray, CT and ultrasound) *(A physician order is required.)*
- Care for all ages
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This emergency department is part of Manatee Memorial Hospital. This is not an urgent care center. Its services and care are billed at hospital emergency department rates. Physicians are on the medical staff of Manatee Memorial Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Manatee Memorial Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 242196250-2234158 3/24



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from Window World

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Chris Spooner

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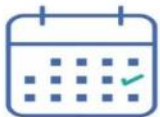


Mobile Dermatology

Hosted by Kings Point – Sun City Center



Did You Know? 1 in 5 Americans develop skin cancer by age 70.



May 3rd



7:30AM - 3:30PM



**Main Clubhouse
Parking Lot**

FAQS

- Skin cancer exams, lesion removal, acne & eczema treatment, and much more!
 - Most insurance providers accepted. Please call to verify coverage.
 - 15 minute appointments
 - The #1 rated dermatology practice in Florida
- *according to Google Reviews

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WED. MAY 29
1:00-3:00 PM

WATERSIDE ROOM
FREE EVENT!

LIMITED SEATING
SCAN TO SIGN UP



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DESSERTS

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James Williams, Director & Ruth Lake, Assistant Director

FRIDAY, APRIL 26 @ 6:30PM
SATURDAY, APRIL 27 @ 1:30PM
SATURDAY, APRIL 27 @ 6:30PM
SUNDAY, APRIL 28 @ 2:00PM

Doors open: 30 minutes prior

Tickets: \$16/\$13 Matinee

Tickets also available at the door.

Kings Point Veterans Theater
1900 Clubhouse Drive
Sun City Center, FL
Kings Point Box Office Hours
Monday-Friday 9am - 4pm



www.pelicanplayersscc.org

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We will see you on **May 7 @ 10AM!**

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Kings Point Calendar

Wednesday, May 1st

- ◆ Disaster Preparedness Symposium KPCH Veterans Theater 9am
- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

Thursday, May 2nd

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

Friday, May 3rd

- ◆ Queens Luncheon 12pm in the KPCH Veterans Theater showing "The Boys in the Boat" See lunch menu on page 12. Tickets \$15 at the KPCH Box Office.
- ◆ Federation Board Meeting, KPCH Card Room 9:30am

Sunday, May 5th

- ◆ Mexican Fiesta Cinco de Mayo Party at the South Club 1pm-4pm
- ◆ EQ Band performing poolside at the South Club from 1pm-4pm

Monday, May 6th

- ◆ Newcomers, 10am in the KPCH Banquet Room
- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

Tuesday, May 7th

- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

Wednesday, May 8th

- ◆ Master Association Town Hall 9:30am
- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

Thursday, May 9th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

Friday, May 10th

- ◆ Loft Diner, KCSC, 6pm, Tickets \$39, on sale at the KPCH Box Office. Menu on Page 13

Sunday, May 12th

- ◆ Mother's Day Brunch, KPSC Jubilee Hall, Tickets \$30, on sale at the KPCH Box Office. More info on page 15.

Monday, May 13th

- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

Tuesday, May 14th

- ◆ Karaoke Night, 5-9pm, KPSC Jubilee Hall

Wednesday, May 15th

- ◆ RFEC, KPCH Card Room 8:30am
- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm
- ◆ Cory Phillips performing at the KPSC PC Patio 5pm-8pm

Thursday, May 16th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

Friday, May 17th

- ◆ Federation Membership Meeting, KPCH Veterans Theater 9:30am
- ◆ Interactive Pasta Buffet, KPSC Jubilee Hall 6pm. Tickets are \$24 at the KPCH Box Office. Full menu on page 13.

Sunday, May 19th

- ◆ Joe Laluna performing Sinatra Sunsets, KPSC Poolside 5pm-8pm

Monday, May 20th

- ◆ Monthly Movie Showing "Asteroid City" KPCH Veterans Theater, 1:30pm & 6:00pm. Tickets available at the KPCH Box Office- \$2 Each.
- ◆ Monthly Dinner KPCH Banquet Room 4:45pm. Tickets \$21 at the KPCH Box Office. See Menu on Page 12.
- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

Tuesday, May 21st

- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

Wednesday, May 22nd

- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

Thursday, May 23rd

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

Friday, May 24th

- ◆ Game Time at KPSC Jubilee Hall! Join us for "Survey Says" at 6:30pm. Free to play.

Saturday, May 25th

- ◆ Happy Birthday! May Boogie Town Birthday Bash at the South Club Jubilee Hall from 6pm-10pm. Live music, cake and fun. Cash Bar available. See page 14 for additional information.
- ◆ DJ David Kaminski performing at the May Boogie Town Birthday Bash from 6pm-10pm, KPSC Jubilee Hall. Tickets available at the KPCH Box Office. See page 14 for additional information.

Monday, May 27th

- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm
- ◆ Memorial Day Celebration, KPCH Veterans Theater 8pm. More info to come. Stay Tuned!
- ◆ Memorial Day Party at KPSC featuring Six River Band Poolside 1pm-4pm. Live Music, food and drink specials.

Tuesday, May 28th

- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

Wednesday, May 29th

- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

Thursday, May 30th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

Friday, May 31st

- ◆ Tex Mex Buffet, KPSC Jubilee Hall, 6pm, Tickets \$25, on sale at the KPCH Box Office. More info on page 14.



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May 10, 2024

5:30-9:00 PM

Veterans Theater Kings Point

Tickets \$18.00 KP Box Office

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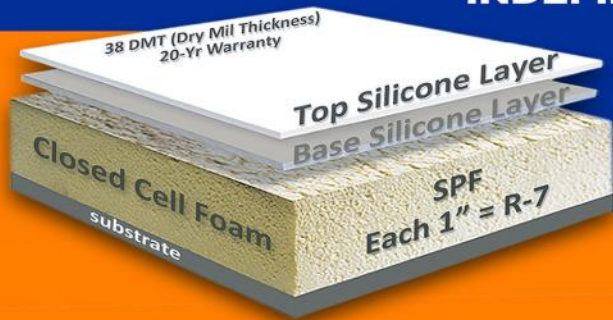
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KINGS POINT BUSINESS SPRING EXPO



Thank you to all our DIAMOND VENDORS for participating in the Spring Business EXPO and being excellent resources for our residents!

Mark your calendars for our next Fall Expo on September 12th!

DIAMOND VENDORS

Bassin Center for Plastic Surgery

Dental Experts of Florida

Freedom Plaza

Excel Pain and Spine

Bon Secours Home Health

Trustco Bank

Sun Towers

Encompass Health

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William John Cable Roofing Inc

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Brandon Eye Associates

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Are You a Stressed Out Caregiver? Help Is On The Way!

Monday, May 13th | 2020 North Forum | 1:00-2:30PM

Join us for a monthly series designed especially for you, the stressed-out caregiver on the fast lane to burnout.

Experiencing caregiver burnout is not uncommon for family caregivers, especially when caring for a spouse. Here are some signs that you may be experiencing caregiver burnout:

- Feelings of sadness, depression, or hopelessness.
- Chronic exhaustion and changes in sleep patterns.
- Withdrawing from activities you once enjoyed.
- Feelings of loneliness and isolation.
- Neglecting your own health and needs.
- Feeling overwhelmed by the responsibilities of caregiving.

***SEATING IS LIMITED
SCAN CODE TO REGISTER:***



The monthly Stressed Out Caregiver Series includes a mix of Caregiver Support Group sessions and seminars led by experts in the field of caregiver management to help you achieve balance in your life while providing care for a loved one.

Janice Bayruns
Owner



Did you know?

There is a type of *cholesterol* most physicians *aren't testing*.

Along with LDL, HDL, and triglycerides, there is one more that isn't usually included in cholesterol panels called **Lp(a)**. Most people who get tested for this little-known cholesterol had an elevated Lp(a) level. Elevated Lp(a) can indicate an increased risk of heart attack up to 3x more than those with lower levels.



Care Access is offering a no cost Lp(a) test in your area [community]. Those that participate will have early access to research study participation options.

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**WEDNESDAY, MAY 15
9:00 AM - 12:00 PM
KPCH RIPPLE ROOM**

**PLEASE CALL TO SCHEDULE
YOUR APPOINTMENT
813-634-7600**

KINGS POINT ITALIAN CLUB

Invites you to a Sadie Hawkins Day Party



Tuesday May 14, 2024 KP Veterans Theater
Doors open at 4:30 PM

Food provided by Banquet Masters

Menu: Italian Sausage, Peppers & Onions
Butter Crumb Baked Cod

Stuffed Shells Pomodoro with extra Marinara Sauce on the side
Salad Bar, rolls and butter

Chefs selected desserts

We supply coffee, tea, soda

BYOB



Music by: Tommy Batch

Members \$30.00 pp - Guest \$35.00

Please make checks payable to Kings Point Italian Club

Tickets on sale May 7th & May 8th 9:00 AM to Noon

North Clubhouse Lobby

Tickets can only be purchased on the above dates

Contact: Jack Meyer ccmeyer16@yahoo.com

Please visit our website at www.kptalianclub.com

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May 2024 Water Group Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Aqua Resistance 9:00 AM KPCH	Water Walking 9:00 AM KPCH	Double Noodle 9:00 AM KPCH	Aqua in Motion 9:00 AM KPCH	Deep Water 9:00 AM KPCH
Stretch & Flow 11:15 AM KPSC	Aqua Bata 10:00 AM KPSC	Wet Workout 10:00 AM KPCH	Aqua Bata 10:00 AM KPSC	Aquanautics 10:15 AM KPCH

****All classes are held outdoors unless inclement weather.**

SCHEDULE SUBJECT TO CHANGE.

Class Descriptions:

AQUA BATA: full body workout using time intervals and various types of equipment.

AQUA IN MOTION: A moderate water workout using a loop band and then gentle exercises to improve strength, endurance, and flexibility.

AQUANAUTICS: A total body water workout using various types of exercises.

AQUA RESISTANCE: Focuses on upper and lower body strength and endurance by using the water, wall, noodle and water weights as resistance.

DEEP WATER: An intense workout where feet are off the bottom of the pool in any depth of water that one is comfortable with.

DOUBLE NOODLE: Vigorous workout for the entire body using two noodles and no weights.

STRETCH & FLOW WATER: A thorough stretch from neck to toe.

WATER WALKING: Resistance bands for the upper body while moving using various types of walking and at different intensities. Also includes stretching.

WET WORKOUT: A foundational, no-equipment, total body workout of cardio, strength and mobility.

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May 2024 Land Group Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Total Body Express 9:00 AM Energy Studio	Zumba 9:30 AM Energy Studio	Total Body Express 9:00 AM Energy Studio	Zumba 9:30 AM Energy Studio	Total Body Express 9:00 AM Energy Studio
Total Body 10:00 AM Energy Studio	Flex & Flow 10:30 AM Energy Studio	Total Body 10:00 AM Energy Studio	Flex & Flow 10:30 AM Energy Studio	Total Body 10:00 AM Energy Studio
Beginning Yoga 10:00 AM Balance Studio	Sit & Get Fit 11:30 AM & 12:30 PM Energy Studio	Beginning Yoga 10:00 AM Balance Studio	Sit & Get Fit 11:30 AM & 12:30 PM Energy Studio	Yoga Flow 10:00 AM Balance Studio
Lift 11:30 AM Energy Studio	Improver Line Dance 2:00 PM Energy Studio	Strong Body 11:30 AM Energy Studio	Improver Line Dance 2:00 PM Energy Studio	First Steppers Line Dance 2:00 PM Energy Studio
Chair Yoga 1:00 PM Energy Studio	Intermediate Line Dance 3:00 PM Energy Studio	Chair Yoga 1:00 PM Energy Studio		*Schedule is subject to change.*

Did you know we also offer additional classes on our Pop Up schedule? See posted signs in the 2020 Centre for the monthly land Pop Up schedule and class descriptions.

How to Sign Up For Classes Online Using SignUp Genuis

- > Go to website www.kingspointsuncitycenter.com.
- > Click on the "Fitness" tab near the top of the page.
- > Click "Fitness Class SignUp".
- > Across the top of the page, click the tab representing the day of the class you wish to sign up for.
- > Scroll down until you see the class you wish to sign up for and click the green "Sign Up" box.
- > Click "Save & Continue".
- > Fill in all boxes of your contact information then click "Sign Up Now"

*Reminder, class sign ups close the day of at 5:00AM. You can sign up for a class up to 5 days in advance.
> Guests are not permitted to classes that have reached capacity by residents.

Class Descriptions

BEGINNING YOGA: this class is for those new to yoga or those wanting to fine tune their practice. We will use the breath and body awareness to build strength and increase flexibility.

CHAIR YOGA: Class designed to include breath work, strength, flexibility and balance but does not involve getting up and down from the floor. Great for ALL fitness levels!

FIRST STEPPERS LINE DANCE: No knowledge of line dancing or steps names.

FIT MIX: A fast-paced strength class incorporating a mix of standing and floor exercises using a variety of weights and resistance bands.

FLEX & FLOW: A combination of tai chi, yoga & Pilates style movements set to a variety of music to work your core, challenge your range of motion, strength and balance without floor work.

IMPROVER LINE DANCE: Student knows basic line dance steps and will learn additional steps. Constant instruction.

INTERMEDIATE LINE DANCE: Some knowledge of line dance steps. Continuous instruction of more difficult steps.

PILATES: Pilates is a low impact mat class that focuses on toning and strengthening the abdominals, back, and legs. Suitable for all levels, does involve floorwork.

SIT & GET FIT: Train the entire body using various pieces of equipment while remaining seated. Great class for beginners and those with ailments!

STRONG BODY: Strength-based class using barbells, dumbbells, and body weight exercises designed to increase and maintain muscle endurance and strength.

TOTAL BODY: A full body strengthening class that utilizes hand weights and other equipment.

TOTAL BODY EXPRESS: Full body strength workout without floor work.

YOGA FLOW: Suitable for all levels that have some previous yoga experience. Low impact, relaxing, mindful yoga emphasizing flexibility and light strength. Breathing and stress management techniques incorporated.

ZUMBA: A Latin inspired cardio class filled with fun dance moves that guarantee a good time and a great workout.

Mats will not be provided for any class.

Reminder: A more extensive group exercise schedule of classes is available to view 24/7 online at www.kingspointsuncitycenter.com>Fitness>At Home Fitness Videos

You can also watch pre-recorded versions of your favorite classes played **daily** in your home on Spectrum Channel 732.

7:00AM	Pilates	11:00AM	Zumba
8:00AM	Total Body Express	12:00PM	Flex & Flow
9:00AM	Chair Yoga	1:00PM	Sit & Get Fit
10:00AM	Total Body		



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We are pleased to invite you to a special event presented by Element Health Services titled: "Therapy at Your Doorstep – Take Us Home"! Meet the therapists and receive demonstrations of effective exercises that can be done in the home.

May 14th, 2024 | 1 - 3 PM | Ripple Room



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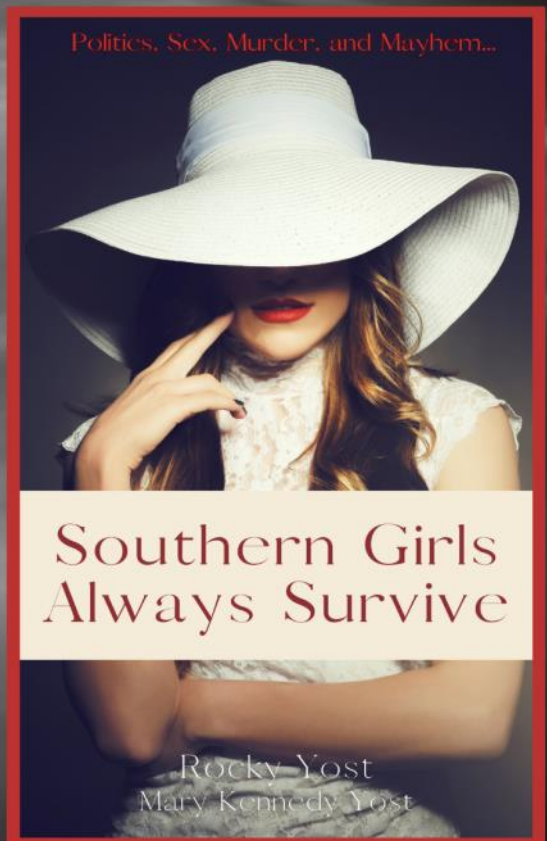
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2510 LANCASTER DR #166	250,000	2494 KENSINGTON GREENS DR	349,900
303 CLUB MANOR DR	275,000	2468 KENSINGTON GREENS DR	359,000
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Announcing:

Kings Point's own Kennedy Yost has published her debut book! Cowritten with her big brother Rocky Yost

Set against the backdrop of the transformative 1970s, **Southern Girls Always Survive** is an empowering tale of a young woman's journey to reclaim her strength and define her own destiny. Hilly Garland's dream of leaving her small Virginia town for the promise of college life is overshadowed by a harrowing encounter with a privileged peer. Yet, this Southern belle's indomitable spirit is not so easily broken. As she steps into the halls of the University of South Carolina, a sisterhood of enduring friendships awaits—the "12th Floor Girls." Together, they weave a safety net that allows Hilly to heal and grow, rediscovering the confidence and self-respect that was once shaken.



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