

# THE POINTER

## KINGS POINT SPRING FLING EXPO



**THURSDAY  
MARCH 21, 2024**



**10 AM - 1 PM**



**1900 CLUBHOUSE DR.  
SUN CITY CENTER, FL**



Participated by more than 80 representatives from local healthcare, banking, real estate professionals & more! With over 9,500 Kings Point residents, the "Spring Fling" Business Expo is designed to connect you with businesses in your community.



**FOR MORE INFO:**  
[KingsPointSunCityCenter.com](http://KingsPointSunCityCenter.com)

## THE POINTER

Send submissions to:  
jvonlueders@vestapropertyservices.com

**March 2024**

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**Vesta**

Editor: Jennifer Von Lueders  
JVonlueders@vestapropertyservices.com

### Contact Information:

#### Main Clubhouse

Box Office	387-3447
Business Office	387-3439
Security	387-3471
Security Cell	918-1311
Transportation	387-3470

#### 2020 Centre

Concierge	387-3458
Fitness	387-3476
Serenity Spa and Salon	387-3475

#### Cyber Space

Cyber Space	540-5450
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#### South Clubhouse

Business Office	387-3449
Palm Court Café	387-3463
Lost and Found	387-3483
Security	918-0907

#### Gates

Front Gate	634-2063
South Gate	645-9355

#### Visitor Access:

kpsccvisitor@vestapropertyservices.com

#### Community Services:

COA Office	633-1710
KPW	633-0061
Federation Offices	633-2083
First Service/Pest Control	642-8990
Master Association	812-7559

### The Pointer Mission:

*Our Mission is to publicize the scheduled activities for the Kings Point community; and to act as a central resource for meeting and event notices, learning opportunities, and upcoming attractions in and about the community.*



# Helping Hands

Reach Out Today, Find Comfort In Tomorrow



Are you thinking about looking into Assisted Living?  
Contact us first for *Free* information on local community pricing, amenities, state inspections and more.

**Contact us if you notice any of the following from your loved one:**

- Confusion/Wandering
- Frequent Medication Mistakes
- Frequent Falls
- Frequent Hospital Visits
- Signs of Depression
- Unsafe/Unclean Home Environment

**Helping Hands is your FREE personalized Independent Living, Assisted Living, and Memory Care Referral Service**

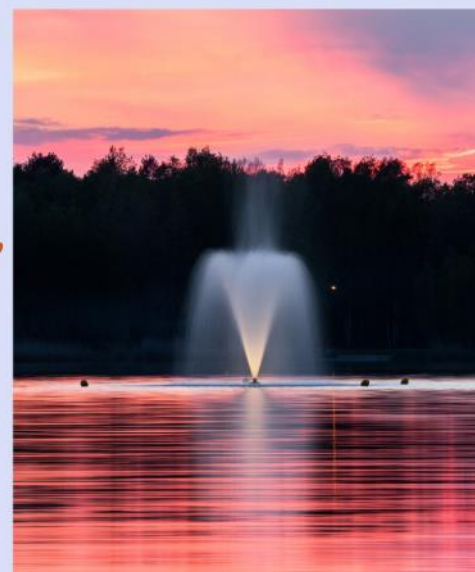
**813.787.9200**

[www.helpinghandsflorida.net](http://www.helpinghandsflorida.net)

**Come have your BREAKFAST  
at the PALM COURT CAFE.  
Best View in town!**

**Omelettes, French Toast, Pancakes,  
Eggs Benedict, Breakfast Burrito  
Avocado Toast and Much More!**

**Breakfast available 8-11am  
Thursday-Sunday  
Kings Point South Club**





# Security Corner

## Friendly Reminder:

There has been an influx of resident dumping and dropping off unwanted items at and beside the Main Clubhouse and South Club dumpsters.

Those dumpsters are for the sole use of the Main Clubhouse and South Club, including the events and functions held therein.

If you need to throw out large, bulky or electronic items, please visit the local Wimauma Hillsborough County Solid Waste website at this link: <https://www.hillsboroughcounty.org/en/locations/wimauma-solid-waste-facility> or call them at (813) 272-5680 for more information such as location, hours of operation and a list of acceptable items.

Please note and share... The dumpster area is under video surveillance and violators will be identified and fined.

## Transportation

*Kings Point Tram services  
available to every resident!*

**Masks are optional on trams.**

### REMINDER!

**We are now allowing guests.**

If using the tram from the clubhouse, transportation office **MUST** be notified before quarter-past the hour and you must be present in the foyer by 25 minutes past the hour.

Passengers must be waiting in front of their homes ready to board the tram upon arrival.

Drivers are prohibited from assisting passengers when boarding and exiting the vehicle. If a resident has difficulty boarding or exiting the vehicle, a Kings Point resident or lessee escort must accompany and assist the resident. Drivers are not permitted to assist passengers with groceries, shopping bags or other packages **\*Two Bag Maximum\*** and walkers.

**Internal Tram Service:**

### **Monday-Friday on the half-hour**

Shuttles residents, and lessees to ALL locations within Kings Point.

If you want to attend an event at the North Clubhouse, South Clubhouse, 2020 Centre, Community Pools or you simply want to visit a friend, call **387-3470**.

### **Emergency Phone Number**

In order to better serve the community, the Transportation Department has set up a special emergency phone number, available in the event the office phone is not functional and residents are unable to leave messages for tram drivers: **918-0246**.

### **Hours:**

Monday — Friday 8:00am — 5:00pm.

Aldi's 9:30am on Tuesdays

Publix 9:30am on Thursdays

Walmart 10:30am on Tuesdays and Thursdays

Saturday Lunch Bunch 11:30am — 2pm

Sunday Church 8:45am — 12:30pm





KINGS POINT QUILTERS

*Annual Quilt Show  
and Boutique Sale*

Boutique Items For Sale Including:  
Children's Clothing, Table Runners, Table  
Toppers, Kitchen Items, Bags, Purses,  
Cozy Bowls, And More!

Join us for our annual quilt show display  
and vote on your favorite quilt!

MARCH 21, 2024  
10:00AM - 1:00PM  
KPCH BANQUET ROOM



**MARCH**  
**Monthly Line Dance**  
**Date: March 3, 2024**  
**IRISH THEME**

Veterans Theater ~ 7:00pm to 9:00pm

DOORS OPEN: 6:30pm

and **SALES at DOOR**  
**\$ 6.00 PP**

**You can also purchase ticket**

IN THE CLASSES LISTED BELOW

THURSDAYS: 2020 Bldg ~ 1:30pm to 2:00pm

FRIDAYS: 2020 Bldg ~ 1:30pm to 2:00pm

**optional ~ WEARING OF THE GREEN**

**Dance to ALL levels of Line Dances**

**Instructor & Caller**  
**Darlene**

**813.633.7173**

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1<sup>st</sup> month!

"My mom lived here and absolutely  
loved it. The staff is amazing.  
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everyone loved my mom. Always  
called with any situation with my  
mom. Felt welcome all the time.  
Would recommend this place."

Learn More



(813) 922-1983

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Sun City Center, FL 33573  
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LIC #AL7290

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**DINNER, BEER AND  
WINE WILL BE  
AVAILABLE FOR  
PURCHASE PRIOR TO  
EACH WINTER SERIES  
SHOW! THIS MAKES  
FOR A CONVENIENT  
AND FUN OPTION FOR  
THOSE ATTENDING.  
NO NEED TO COOK!**





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- Preparing of Deeds

## Some Reviews

*"They came to my hospital bed to fill out the majority of my paperwork. Great customer service!" - Eric V.*

*"Love the service I received from TrustMasters! They were efficient, thorough and much less than paying a lawyer." - Bobbie H.*

*"High value at a great price. A no brainer." - Michael S.*

*"I shopped around. They were almost the cheapest, but definitely the best!" - Susan R.*

## AFFORDABLE FLAT RATE PRICING



**5 STAR RATED ON GOOGLE**



# DON'T LEAVE EARTH WITHOUT ONE!

## WHEN

**Friday, March 15th, 2024**  
**12:00PM-1:30PM (LUNCH INCLUDED)**

## WHERE

**2020 Building-North Forum Room**  
**2020 Clubhouse Dr, Sun City Center, FL 33573**

**RSVP: (813) 970-7372 (Call or Text)**  
**info@trustmasters.com**

### Do you own a home?

You need a Trust!

### New to Florida?

Enjoy retirement with a solid, time tested estate plan? WE DO ALL THE WORK!

### Already have a Trust?

Laws are always changing!  
Make sure your Trust is state specific and up to date!

### Do you have a Will only?

You may go to Probate Court!

**Visit: [trustmasters.com](http://trustmasters.com)**



**TrustMasters**  
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**Address:**

**1647 Sun City Blvd, #204F, Sun City Center, FL 33573**

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## Foods to boost your brain power

Were you aware that fueling your body with the right nutrients may help keep the brain healthy and happy? Join us for information on keeping your brain young and healthy.

With special guest speaker

*Dr. Dychko*

Of Healthy Home Primary Care

March 13, 2024 1:00 PM  
East Social Room



## Boosting your mood with food and fitness

Do you know how much of your mood can be affected by lack of exercise and poor diet? You won't want to miss this education seminar to get simple tips to keep you in a good mood!

With special guest speakers

*Dr. Dhaliwal and Dr. Nash*

Of Sunstate Doctors Medical Group

March 28, 2024 10:00 AM  
East Social Room



Space is limited, RSVP is required 813-497-4747

## Produce Market in Kings Point

FRESH PRODUCE  
9AM - 3:30PM

EVERY THURSDAY  
OPEN TO THE PUBLIC  
IN THE FIELD BY THE KPCH  
PICKLEBALL COURTS



*Jen's Market at  
Kings Point*



FARMERS MARKET  
MARCH 5TH  
10AM-2PM  
IN THE FIELD BY THE  
KPCH PICKLEBALL COURTS

FREE TO ATTEND &  
OPEN TO THE PUBLIC.

Farmers Market with  
Fresh Produce, Food  
Vendors, and More!

ADDITIONAL INFO [WWW.JENS-MARKET.COM](http://WWW.JENS-MARKET.COM)  
[FACEBOOK.COM/JENSMARKET](https://FACEBOOK.COM/JENSMARKET)



# Clubs & Organizations

**March 1 & 2: Feline Folks**— In partnership with Rise Family Theater, Feline Folks, proudly presents Disney's Mary Poppins Jr. at the Veterans Theater. Friday March 1 showings will be at 3pm and 7pm; Saturday, March 2 showings at 1:30pm and 7pm. Tickets can be purchased at the KPCH Box office prior to and day of showings. Tickets are \$10 with a contribution of a can of cat food.

**March 4: New York Club** - The New York Club will be having a St. Patrick's Day dinner dance with plenty of Corn Beef. Music by Kevin Brooks. All are welcome. Members only \$25.00 and guests \$28.50. Contact Frank Gatto at 813 633 8942 for further information.

**March 6, 13, 20, 27 : Write Your Life: Creating Your Memoir.** See page 9 for details.

**March 6: New Englanders Club Last Dance Last Chance/Season Finale**— KPCH Veterans Theater from 5PM-9PM. Entertainment will be Gene Cannon. Tickets \$30 each and will be on sale in the KPCH Lobby from 8:30am-11:00am Thursday, February 29 and Friday, March 1st. Banquet Masters Buffet: Corned Beef & Cabbage, Onion-crusted Salmon Filet, Italian Herb Roasted Chicken.

**March 10: Come Dance With Us**— Celebrate St. Patrick's Day! KPCH Veterans Theater. Doors open at 5:30pm with dancing from 6:30pm-9:00pm. Music by LB and Chloe with a variety of genres. Charge is \$5pp with ice and water provided. BYOB! All are welcome. Questions? Call Ken 513-582-8449 or Rosemary 513-258-8238.

**March 12: Michigan Club of KP** - Tickets for April 12, "Spring Fling" dance go on sale. Main Club Lobby 9am-12pm. \$10 Members; \$12 non-members.

**March 13: KP Dance Club**- Presents "Tropical Breeze" Dance at the KPCH Veterans Theater. Doors open 6:30 pm. Dancing from 7:00 to 9:00 pm. Ballroom Music by: DJ's Mike and Peg. All KP, SCC, Singles and guests welcome. Dress Code, Dressy Casual, no shorts. BYOB. Members FREE, Guests \$5.00 pp. Questions call Eileen 813-296-4038

**March 18: KP Italian Club**— Invites you to the Easter Parade at the KPCH Veterans Theater. Doors open at 4:30pm. Food provided by Banquet Masters. Music by Ron & The Classics. See page 29 for additional details and ticket info.

**April 16: Kings Point Chorus**- SPRING CONCERT TICKETS ON SALE NOW for the Kings Point Chorus Spring Concert, "Seasons of Love," Monday, April 15th, 6:00 p.m. in Veterans Theatre, Kings Point North Clubhouse. Tickets \$12 at the Kings Point Box Office for reserved round tables and open bleacher seats (also for sale at the door right before concert). BYOB & snacks. Any questions: kbrady610@gmail.com.

**Thursday BINGO** Doors open 11am. Game starts 12pm. First come, first serve basis. Papers will be sold in single (\$9) double (\$17) and triple (\$25) packets. Each participant must have their own placemats and daubers!

**Saturday Night BINGO** Doors at 4:30 pm. Game from 5:45pm-8:45pm.

**Sunday BINGO** Doors open 1:00 pm. Game starts 2:00pm. First come, first serve basis. Papers will be sold in single (\$9) double (\$17) and triple (\$25) packets. Each participant must have their own placemats and daubers!

**Bunco Every 2nd and 4th Friday** KPCH Ripple Rm 1:00 p.m. Come play bunco. Tell or bring a friend.

**Acrylic Painting Workshop Group** meets Tuesdays in the KPCH Art Room from 1-4pm. Learn new skills and techniques, fun class for anyone who wants to explore their creative side. Bring a canvas. Paints, brushes available. 20 people max. For info contact Jane at 715-923-2393

**Art Club** Kings Point Art League welcomes you. A blending of all mediums, culminating in our annual art show. Check out our classes.

**Kings Point Amateur Radio Club** meets the second Monday of every month at 1 pm in the Meeting Place Room.

**Apple Club** Come join us in our journey of the exploration of all things Apple. Meetings second Wed. of each month in the Veterans Theater from 1pm-3pm. (no meetings in June, July or August) Annual dues \$25 per household and \$15 per individual. KP residents only. Help sessions every Mon. and Thurs. from 9am-11am at the 2020 in the culinary room. Info: Gary Brian 502-544-6057.

**Kings Point Archery Club** meets the third Wednesday of the month at 4:30 p.m. Room TBD. Archery Range is open for members from dawn until dusk every day. Call Steve at 610-216-9153

**The Billiard Club** is open daily 8 am-8 pm for pool-playing enjoyment. Three different tournaments are held monthly, October-May.

**Bocce Ball Group:** Meet at 10am every Saturday to play on the Bocce court. Call Bill at 603-520-3918.

**KP Canadian Club:** A social club with a few events planned to bring Canadians together from December to April (e.g., pot luck, meet and mingle, golf tournament, dinner/dance). Please contact kpcacub@gmail.com to be added to the mailing list.

**KP Ceramic Club:** Join us at the Ceramics Room any Thursday from 9am-3pm! Call Tawnya Eaker 813-508-6740 for details.

**Chicago Bridge:** Cancelled for the Season

**Chinese Hong Kong Style Mahjong** Wednesday nights. join us if you know how to play or would like to learn. meet new people and play a fun game. For info call Yingmay: (413) 218-1182 please leave a message.

**Coquina Beach Group:** If you like the beach but don't want to go alone. Saturday Women's group call or text Trish 3366935278.

**Kings Point Cribbage Club** meets Mon. and Thurs. 6-8 pm in the KPCH East Social Room. Open to KP and SCC. Everything supplied.

**KP Cornhole Club:** Join us today! We play at the North Court Complex adjacent to the Lawn Bowling Courts on Monday, Wednesday, and Friday. Summer hours -May 01 -Sept 30, 9am-12pm, start time 9:45am / Winter hours - Oct 01 - April 30.2pm-6pm, start time 3:45pm, Visit [kpcornhole.com](http://kpcornhole.com) for more info or call Don at 612-220-2369 or Jim at 262-237-4266

**KP Dance Club:** Our Dances are from October to April at the Veterans theater. If you have questions call Eileen 813-296-4038

**KP Dog Lovers Club:** Visit dlckp.org for info on meetings & events

**Discussion Group:** Meets Tuesdays at 10:30am in the KPCH West Social Rm: We talk about any topic you can think of: Including religion, current events, psychology, politics, etc. We want opinionated people who are willing to speak up. For info call Chris Leavitt at 585-334-6393.

**Kings Point Duplicate Bridge Association** holds sanctioned bridge games every Tues & Wed. at 1pm in the KPCH Card Rm. Newcomers welcome. For more info, call Tom Richard: 813-431-0823.

**Eagle Audubon Society:** We seek to increase interest & involvement in our local/state environment, it's history, wildlife, preservation, & restoration. Visit [eagleaudubonflorida.org](http://eagleaudubonflorida.org).

**Euchre Club:** KPCH Card Room Tuesdays at 6:30pm . No partners are necessary we rotate tables and players. Cost \$1.00 per player Contact Carl Wink 605-593-1383 or Tom Jones 614-214-1499 for more info.

**Kings Point Glass Arts Club** will be having Monitor (help) sessions Mon., Wed., & Fri. mornings from 9:00 till 11:00. Studio is open during open clubhouse hours but must show membership badge to security.

**Economic Information Club** meets the 2nd and 4th Weds. of each month at 3:30pm in the KPCH Atrium. Dan Cannistra, 941-730-9093

**Feline Folks** meet the first Thursday of every month in the 2020 Centre Culinary Room at 3:30 pm. Everyone is welcome to attend. For information, email [info@felinefolks.us](mailto:info@felinefolks.us).

**Kings Point Florida Friendly Plant Club** —Fl Native and Florida-friendly plants! We enjoy learning and helping each other improve our flower beds with the right plant in the right place. Please contact [kpffplantclub@gmail.com](mailto:kpffplantclub@gmail.com) for meeting information.

**Kings Point Glass Art**—Come see the creations you can make whether your interested in creating stain or fusing glass creation? Signing up for classes is easy. Monitor's are available to assist In the summer; Mon., Wed., and Fri., from 9:00 to Noon. Be a part of the fun! Located n the South Club House

**Happy Tappers** meet every Tuesday from 1:30-2:30 in the KPCH Dance Studio. There is also a session before class for review/beginning tappers from 1-1:30 each Tuesday. These classes are meant for beginning to intermediate tappers. New members are always welcome. Please call Gayle Hendrich at 765-720-4911.

**Healthy Lifestyles Meetup** — Zoom details on [HealthyMeetup.ORG](http://HealthyMeetup.ORG)

**Heartland Social Club**—A social club serving as a welcome mat to all Sun City residents and snowbirds, especially those with ties to Minnesota, Illinois, Indiana, Iowa, Missouri, Kansas, and Nebraska. For more information to join or learn about our non-dance events, please call: Bev Wohlrab (Membership Chair) at: (309) 525-2871, or email [jbwohlrab@gmail.com](mailto:jbwohlrab@gmail.com)

**Friends of History Discussion Group.** For information regarding club activities email Naomi Hauser [friendsofhistorygroup27@gmail.com](mailto:friendsofhistorygroup27@gmail.com)

**Kindred Spirits** Hey Ladies! As life changes, we find ourselves missing a companion to be active with. Are you tired of going to restaurants, movies, and events alone or maybe not going at all? We have the solution. It's the Kindred Spirits Club! Come meet other women to enjoy life with and build friendships. We meet the first Wednesday of every month, 3:30 p.m. at KPCH Meeting Room. If you are needing a gate pass no problem, let us know, [Mmason@seniorsinservice.org](mailto:Mmason@seniorsinservice.org)



**Kings Point Hula Honey's** Modern and Traditional hula for all levels. KPCH dance center every Wednesday at 11:00am. Call Kathy Hammond 813 368-9636 or Teresa Drake 970 215-1167 ALOHA

**Kings Point Italian Club** A social club where you don't have to be Italian to join and have fun, dance and dine. For more information contact Frank Oleskewicz 813-300-4010 or email [fandkolesk4@yahoo.com](mailto:fandkolesk4@yahoo.com)

**Kings Point Kraftr's Club** meets Wednesdays from 9-12pm in the KPCH Fiber Arts Room. Crafts include knit, crochet, and canvas. No membership dues. For more info: Catherine Yevoli 922-4217.

**Lapidary Club:** Various aspects of jewelry making and gem cutting. The fall classes have begun. Stop by Room #22 for a new schedule. Annual dues are \$15 with an additional fee of \$30 if machinery use is required. New members are welcome anytime.

**Kings Point Lawn Bowling Club** will give 3 free lessons to anyone interested in learning the game. We bowl Mon., Wed., & Fri. mornings. Tues., Thurs., & Sat. afternoons. Interested please call Joe at 302-766-1668

**Monday Bunco** Ripple Rm, Please be there by 12:30pm cost is \$2.00

**Mahjong Mavens:** Meets weekly on Friday at 12:30pm in the KPCH Bingo Room. Come Join the Fun!! All Welcome, for more info contact Barbara Sarner 631—741-2177

**Mah Jongg Sullivan:** Meets weekly on Thursdays in the KPCH Atrium from 12:30pm-3:30pm. Please contact Kathy Sullivan for more info at 813-331-3176

**Mexican Train:** Meets weekly on Wednesdays in the KPCH Fiber Arts Rooms from 12:30pm - 4pm. No food but personal drinks are permitted. Masks can be removed once seated. Bring own game. Contact Claudette at 813-938-3182 for more info.

**Kings Point Michigan Club** -All are welcome. Do not have to live in KP or be from Michigan! Contact [miclubkp@gmail.com](mailto:miclubkp@gmail.com) if you are not currently a member and want to be put on email list to receive notification regarding membership for 2024-25 year.

**Minnesota Club** 2nd Tuesday September—May 3pm-5pm meet with fellow Minnesotans. Meeting date and time will vary depending on monthly social event. All members will be notified of any changes in advance. Please contact Arlene Gasper 763-777-1726 or [agasperl@hotmail.com](mailto:agasperl@hotmail.com) or Patty Hulting 763-360-0627 or [pathulting@hotmail.com](mailto:pathulting@hotmail.com)

**Kings Point Mixed Bowling League** Bowl at The Alley starting in September. Call Pete DeRupo 813-337-8238, leave message.

**Kings Point Mixed Chorus** Do you love to sing with others? Then come join the Kings Point Mixed Chorus! For more information, email Kathleen Brady at [kbrady610@gmail.com](mailto:kbrady610@gmail.com).

**Kings Point Model Railroad Club:** Welcomes Visitors every Mon., Tues., Thurs., & Fri. from 1pm-3pm in KPCH. Accepting New Members. Bring in the grandkids to help us run the trains!

**Kings Point Music Makers Club:** looking for new members. We meet in the KPCH Ripple rm on Saturdays from 9-1pm. Bring an instrument or just your voice and sing and play with us. Or just come to sit and listen. We are all about making music and all from Kings Point and SCC are welcome. Contact Greg, David or Dan at [kpmusicmakers@gmail.com](mailto:kpmusicmakers@gmail.com).

**New York Empire State Club** For further information please contact Frank Gatto at 813 633 8942.

**Pelican Players Community Theater:** Open membership, \$10.00 annual dues. For upcoming performances visit [www.pelicanplayersscc.org](http://www.pelicanplayersscc.org) or email [pelicanplayers.rep@gmail.com](mailto:pelicanplayers.rep@gmail.com)

**Kings Point Pickleball:** Open Play welcome all day at both the North and South Courts. Join the club for great friendships, fun tournaments (for all levels), and wonderful social events. It's only 20 dollars a year - membership forms are available at both courts. Want to learn to play pickleball? Email us at [Kingspointpbball@gmail.com](mailto:Kingspointpbball@gmail.com). Any questions, please call Suzan Hill at (606)831-2789 or Karin Coons (914)213-7592.

**Kings Point Pinochle** players welcome KP & SCC Residents to play single deck pinochle on Wed. & Fri. nights from 6:15 - 9:30 P.M. in the KP card room. Contact Judy 634-5364 for info. or questions.

**Monday Night Social Pinochle Club** meets in the KPCH Card Room every Monday Night from 6:00 - 8:30pm. Call Bobbie at 813-215-7127

**Kings Point Pottery Club:** Learn how to turn clay into your own piece of art and meet wonderful people. Accepting new members. Sign up for classes in the Pottery Rm. Questions? See attendant of the Pottery Rm.

**Kings Point Poker Group** is looking for new members. They play every Mon. and Wed. from 6:00-9:00pm. Please call 813-633-7568 if interested.

**Kings Point Quilters** meet Mon., Thurs., & Fri. from 9am - 4pm in KPCH Fiber Arts Rooms 1 & 2. For information call Mary 813-938-5938 or Dottie 330-718-1484

**Scrabble** Join residents in a board game using lettered tiles to create words in a crossword fashion. Socialize and learn new words with a game of scrabble. Contact Sandra McCullough at 443-326-8606 for more info.

**The Shuffleboard Club** meets Tuesdays and Fridays 9-11 am. Contact Jim Forgione, 813-633-0975, or Sherwood Rubin, 813-451-1874.

**The Sportsman's Club** Meets on the third Wednesday of every month at the KPCH Theater at 3:00 p.m. Guest speakers, refreshments and door prizes at every meeting. The Club is dedicated to promoting shooting sports, including: Pistol, Rifle, Shotgun, Hunting, Fishing and Wildlife Conservation. For more info, check out our website at: [kingspointssportsmansclub.com](http://kingspointssportsmansclub.com)

**Silver Shakers** Thurs 9:30am to 10:30am KPCH Studio, FUN, low-impact, low-cardio Middle Eastern Dance ("Belly Dance"). Perfect for those who want to improve their flexibility, movement, mental acuity, and overall well-being through exercises and choreographed routines. Performance opportunities offered when possible, not required. "Jafari" 303-638-2784

**Kings Point Stabilizers Machine Embroidery Group** meets the 3rd Friday of the month from 9am - 3pm in the KPCH Fiber Arts Room 1. Personal embroidery machine required along with knowledge of how to use the machine. Contact Sandy Nunn at 813-642-8961.

**Kings Point Photography Club** Join us on the 2nd Tuesday of each month. Everyone is welcome, whether your level of photography is beginner or advanced. Email the club for more information. [KingsPointPhotoClub@gmail.com](mailto:KingsPointPhotoClub@gmail.com)

**Kings Point Quilters Hand Quilters** meet Fridays 9am - noon KPCH Fiber Arts Room 2. For Information call Deb Burgeson at 320-216-5438

**Table Tennis Club** Interested in playing table tennis? We play on Mon. and Wed. nights from 5pm – 8pm and Sat. from 2pm-5pm at the 2020 building Energy Studio. No experience necessary. For safety sake appropriate footwear must be worn. No sandals or flipflops.

**Kings Point Tennis Club** If you are interested in playing tennis, we offer a great opportunity to get out on the courts. No matter what, there's a place for you in our club. Social tennis play with all club members are held on Tues., Thurs., and Sat., in the am. Courts available on Mon., Wed., and Fri., for specialized groups. Occasional clinics and Tournaments. Club dues are \$10/year. For more info contact Vincent at 813-816-6487

**TOPS Chapter #788** meets every Tuesday KPCH West Social Rm, meeting starts at 8:30. Contact or text 813-215-7127

**TOPS #0845** meets every Thursday at South Club Jubilee I. Weigh in 8:15am-8:45am. Meeting starts at 8:45am. For more info, contact Charlene 978-930-0878. All are welcome.

**Kings Point Woodchoppers Club:** See us if you need something repaired or made to your specifications. Open daily in KPCH 8:30-11:30 am; some days 1:30-3 pm.

**Write your Life : Creating your Memoir-** Everyone has a story to tell. Join us for 12 writing workshops. Each Wednesday , starting Jan 10th, in the KPCH East Social Room 1pm-3pm. Questions or to register, please contact Bill Farr [farrwilliam45@gmail.com](mailto:farrwilliam45@gmail.com)

**Kings Point Volleyball Club:** Plays Mon, Wed, and Fri from 9am-11am at the South Club, November-April. For details email [chipngale@aol.com](mailto:chipngale@aol.com).

**Ukulele group of Kings Point** Meets every Tuesday from 10am to 11am KPCH Atrium. Come and play your ukulele, and sing your woes away. Don't own a ukulele, let us know, we have a few extras to loan or try out. Don't know how to play? We'll teach you. See you soon. [Pottstownpaul@msn.com](mailto:Pottstownpaul@msn.com) write ukulele group in subject line.

**Sat. Night Pot Luck Bunco Group:** Meets 1st Sat. of month at 5pm, Oct-June in Waterside Rm. Call Mary Ann at 401-9984.

**Editor's note:** *We reserve the right to edit for space and grammar/style. Please keep announcements brief. Due to the high amount of submissions we will be strictly enforcing this. We will shorten submissions as deemed necessary for space. If you would like any club or organization news featured please email [jvonlueders@vestapropertyservices.com](mailto:jvonlueders@vestapropertyservices.com)*





**Monthly  
Movie**

**VETERANS THEATRE**

**MARCH 25TH - 1:30PM & 6:00PM**

**GRAN TURISMO**

**SYNOPSIS**

JANN MARDENBOROUGH IS A TEENAGE GAMING WUNDERKIND, HIS SKILLS EARNING HIM A SERIES OF TITLES IN THE DIGITAL RACING SPHERE. GIVEN HIS TALENTS, HE RECEIVES THE OPPORTUNITY TO BECOME A PROFESSIONAL DRIVER FOR NISSAN, WHERE HE MUST LEARN TO TRANSLATE HIS FINELY-HONED GAMING SKILLS TO REAL HIGH-OCTANE SCENARIOS. THE STORY IS BASED ON TRUE EVENTS.

**RATED: PG-13  
RUNTIME: 135 MINUTES  
TICKETS \$2 AT THE  
KPCH BOX OFFICE**

**FROM  
GAMER TO  
RACER**

DAVID HARBOUR ORLANDO BLOOM JACQUE MAZARRE  
BASED ON A TRUE STORY

**GRAN  
TURISMO**

*The Queens  
Luncheon*  
PRESENTS

**PHILOMENA**

**SYNOPSIS**

IN THIS FUNNY AND PROFOUNDLY MOVING FILM, AN ELDERLY IRISH WOMAN SEARCHES FOR THE SON SHE WAS FORCED TO GIVE UP FOR ADOPTION WHEN SHE WAS A TEENAGER. ACCOMPANYING HER IS A DISGRACED PUBLIC-RELATIONS EXPERT WHO WANTS TO WRITE AN ARTICLE ABOUT HER QUEST..

**RUNTIME: 98 MIN  
RATING: PG-13**

**MENU**

GARDEN SALAD WITH DRESSING  
ROLL & BUTTER  
DUO SALAD: TUNA & CHICKEN SALAD OVER SLICED TOMATO  
CARROT CAKE

These two unlikely companions are on a journey to find her long lost son.

WINNER  
WINNER

JUDI DENCH STEVE COOGAN  
**PHILOMENA**  
BASED ON THE INCREDIBLE TRUE STORY  
The highly acclaimed new comedy from director Stephen Frears

**MARCH 6TH  
12:00 PM  
VETERANS THEATRE  
\$15 AT KPCH BOX  
OFFICE**

*Easter Brunch Buffet*

Garden Salad with assorted dressings  
Fruit & Cheese display with crackers  
Assorted Danish & Muffins  
Broccoli Cheddar Fritatta  
Scrambled Eggs  
Smoked Bacon & Sausage  
Buttered French Toast with Maple Syrup  
Vegetable Medley  
Scalloped Potatoes  
Sliced Roast Beef with Mushroom Cabernet Demi glace  
Pineapple Honey Glazed Ham  
Lemon Butter Baked Cod  
Chef's Dessert Display

**\$30 Inclusive**

**Tickets sold at the Box Office.**

**11am-1pm Sunday, March 31, 2024.**

**Jubilee Hall, South Club.**

*Cash Bar Available.*

\*Ticket prices are subject to change in an event to event basis, due to cost of entertainment and catering.



WELCOME TO  
**St. Patrick's Day**  
PARTY

**STRINGS & PIPES**  
Celtic Band  
PLAYING 1-4PM

Sunday, March 17,  
2024  
Noon-4pm Poolside @  
South Club

**Irish Food  
Cold Beer  
Good Friends  
Available!**



*Loft Dinner*

**1st Course**  
**Strawberry Burrata Salad**  
A mix of arugula and basil topped with sliced marinated strawberries, toasted pine nuts and rich creamy burrata cheese. Served with crostini.

**2nd Course**  
**Pan Seared Filet of Cod with Grilled Shrimp**  
Prepared with a lemon beurre blanc sauce over English pea quinoa and roasted baby new potatoes.

**3rd Course**  
**Peppermint Patty Crème Brûlée**

**Friday, March 15, 2024 South Club Loft 6pm  
\$39 Inclusive. Tickets sold at the Box Office.**

Cash Bar will be available.



**HAPPY BIRTHDAY**  
**BOOGIE TOWN**  
**BIRTHDAY BASH!**

**NEW EVENT!**

**Calling out all March Birthday folks!!**  
\*Grab your friends and get your tickets at the Box Office!

**Party Favors  
Birthday Cake  
Champagne Toast**

**DJ David Kaminski,  
your Club Style DJ,  
will get you dancing  
and keep you there!**

**Saturday, March 2, 2024  
6-10pm Jubilee Hall South Club  
Tickets \$10. Cash Bar Available**  
**If your Birthday is in March, your  
admission ticket is FREE!**



**Interactive Italian Buffet**  
Friday, March 22, 2024 6pm South Club, Jubilee Hall

Caesar Salad / Garlic Bread  
"Create your Own Pasta"  
Chicken, Shrimp, Sausage,  
Alfredo Sauce, Marinara Sauce,  
Bolognese Sauce, Pesto Sauce,  
Fresh Garlic, Fresh Basil,  
Crushed Red Pepper,  
Sauteed Onions & Peppers,  
Spinach, Mushrooms,  
Tomatoes, Parmesan Cheese,  
Cannolis for Dessert  
Coffee, Iced Tea Included. Cash Bar Available

**\$24**

Includes tax & gratuity. Tickets available at N.Club Box Office





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PRESENTED BY:



**NEW**

VETERANS THEATER

**THURSDAY  
MARCH 21ST**

DOORS 7PM | SHOW 7:30PM

**TICKETS ON SALE  
NOW!!**

**\$20 ADMISSION  
\$5 BEER/WINE TICKETS**

**KINGS POINT BOX OFFICE  
1900 CLUBHOUSE DRIVE - SUN CITY CENTER**



**APRIL  
2**

**SIMPLY CLAPTON**

MIKE IMBASCIANI - 2023 WINTER SERIES

**THE FABULONS**

OLDIES ROCK N ROLL DANCE BAND

**APRIL  
4**



**TWO SHOW PACKAGE ONLY \$50**

**INDIVIDUAL SHOW TICKETS \$30**

\*TAX INCLUSIVE

**DOORS OPEN 7:00PM | SHOWS START 7:30PM**

**SHOW ANNOUNCEMENT:**

**APRIL 9TH "FRESH FIX BAND" HAS BEEN  
POSTPONED UNTIL OCTOBER**

**TICKETS NOW AVAILABLE FOR PURCHASE AT KPCH BOX OFFICE  
(813) 387-3447**



# STOP THE BLEED AT KINGS POINT

Presented by:  
Manatee Memorial Hospital

Date: March 22, 2024

Time: 9:00am - 11:00am

Location: The Ripple Room

Covering STOP THE BLEED with basic items like gauze and wraps, along with a CPR demonstration. Refreshments provided.

## Accidents Can Happen Anywhere

Whether you are traveling to your local farmer's market or your favorite restaurant, accidents can occur at any time.

ER at Sun City Center, an extension of Manatee Memorial Hospital, is a full-service emergency department that provides care to those in need 24 hours a day, seven days a week.

We are located at 16504 S. U.S. 301 in Wimauma, adjacent to Walmart®.

### ER at Sun City Center features:

- Full-service laboratory and imaging services (X-ray, CT and ultrasound)  
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- Access 24/7
- On-site physician 24/7
- Ten treatment areas, including seven exam rooms and three rapid medical exam spaces
- 10,884 square feet



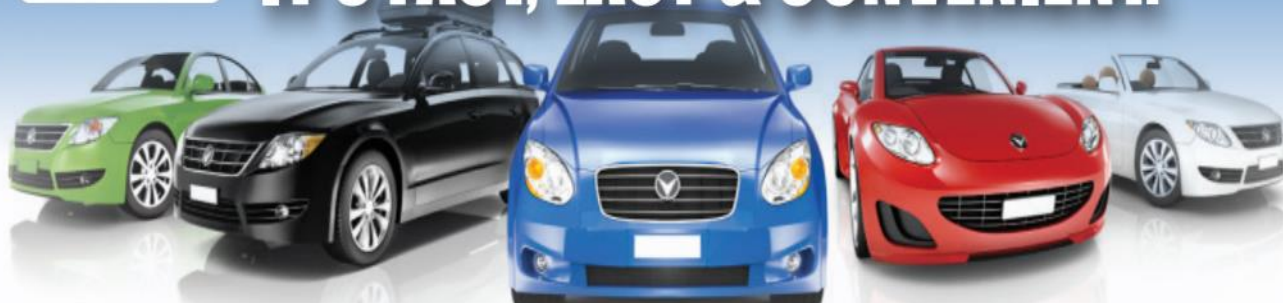
In an emergency, call 911 or go to the nearest emergency room.

This emergency department is part of Manatee Memorial Hospital. This is not an urgent care center. Its services and care are billed at hospital emergency department rates. Physicians are on the medical staff of Manatee Memorial Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Manatee Memorial Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 242196250-2233320 2/24



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# Dermatology at Kings Point

**Friday, March 1st & 15th, 2024**  
**8:00 am-3:30pm**  
**North Clubhouse Parking Lot**



- Services include skin cancer exams, psoriasis & eczema treatments, Botox® & fillers, Mohs surgery and more!
- Major insurance accepted, including Medicare
- Led by Harvard graduate, board-certified dermatologist & Mohs surgeon, Dr. Allan Harrington, the former Director of Skin Cancer Surgery at Walter Reed

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SCAN TO SECURE  
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JOIN US!

WEDNESDAY, MARCH 13

9 AM - 11 AM

Kings Point Main Clubhouse - Ripple Room



## Time to Travel!

Guest Speaker  
Join Us!

March 5th, 2024 • 1 p.m. • Please RSVP!

Ripple Room in Main Clubhouse!

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## GAME SHOW NIGHT

GAME SHOW  
TRIVOLUTION

February  
23rd  
at  
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IN THE KPCH  
VETERANS THEATER

JOIN GAME SHOW  
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FEUDING FUN  
AND THE HAPPY  
COUPLE GAME  
SHOW

TICKETS \$15 AT THE  
KPCH BOX OFFICE





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1st Tuesday  
of every month!**

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**763 Cortaro Dr.**

**Sun City Center, FL 33573**

We do not offer every plan available in your area. Currently we represent 9 organizations which offer 83 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options. Megan Knoop is a licensed and certified representative of Medicare Advantage organizations and stand-alone prescription drug plans. Each of the organizations they represent has a Medicare contract. Enrollment in any plan depends on contract renewal. Not affiliated with or endorsed by any government agency.



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Let's Talk Travel at in the 2020 Forum @ Kings Point  
September 12 at 2-3PM  
Also October 20, November 8, December 5,  
February 14, March 13 – all 10AM

Find us on [www.Facebook.com/TrueNorthVacations](https://www.facebook.com/TrueNorthVacations)





BRANDON BALLET PRESENTS

# DON QUIXOTE



SATURDAY, APRIL 6, 2024  
KP VETERANS THEATER

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**March 2024**

# MUSIC EVENTS

**SATURDAY~ MARCH 2**  
**DJ David Kaminski plays 6-10pm @ Birthday Bash**  
 Birthday Party for All with Cake & Champagne Toast \$10 Tickets available at the Box Office. If your Birthday is in March, you get a ticket for free!

**Wednesday ~March 6**  
**Cory Phillips 5-8pm Palm Court Patio**  
 Free Live Music with a gorgeous view!

**Friday ~March 8**  
**Music BINGO 4-6pm Jubilee Hall**  
 Fun and prizes! Come play!

**Sunday~ March 17**  
**Strings & Pipes Celtic Band**  
 St. Patrick's Day Party Poolside 1-4pm

**Wednesday ~March 27**  
**Nathan Allen 5-8pm Palm Court Patio**  
 Free Live Music with a gorgeous view!

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## ST. PATRICK'S DAY SAVINGS FOR YOU!

## & HAPPY BIRTHDAY TO KEVIN MCIPHERSON!

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AS  
ONLY 3%!**



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**OUR  
2023 PRODUCTIVITY REPORT  
74 Homes SOLD**

**ALL While *SAVING* our Clients  
OVER \$318K *Combined!***

### Thinking of Selling?

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**Kmbuild32@gmail.com**





# **vipcare** **MARCH** **EVENTS**



## **Aging into Medicare**

**2020 North Forum**

**1:00–3:00 PM**

**Wednesday, March 13**

**Wednesday, March 20**

**Wednesday, March 27**

Join us for an informative seminar on navigating the transition into Medicare as you age gracefully. Gain valuable insights and expert guidance on understanding your Medicare options to ensure your healthcare needs are met effectively. Don't miss this opportunity to empower yourself with knowledge and make informed decisions for your future well-being.

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# AVAILABLE SHOWS

**ALL OTHER SHOWS HAVE SOLD OUT**

**February 28th**

**Doobie Brothers &  
Steve Miller Tribute**

**March 12th**

**"KISS AMERICA"  
KISS Tribute**

**March 30th**

**"4NR2"  
Foreigner Tribute**

**INDIVIDUAL TICKETS**

**ON SALE NOW**

**KINGS POINT VETERANS THEATER**  
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A Vesta PRODUCTION

**Seating is Limited. Don't Delay!  
Secure Yours TODAY!**

**INDIVIDUAL TICKETS ONLY**

**\$30** per show

For more information  
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Call (813) 387-3447

*No refunds or exchanges.*

*Shows listed may be substituted with shows of equal value without prior notice.*



# Kings Point Calendar

## Friday, March 1st

- ◆ Federation Board Meeting. KPCH Card Room 9:30am.

## Saturday, March 2nd

- ◆ Happy Birthday! Boogie Town Birthday Bash for all March Birthday Folks! Grab your friends and head to Jubilee Hall, South Club from 6pm-10pm for live music, cake and fun. Cash Bar Available. See page 11 for additional info.
- ◆ DJ David Kaminski performing at the Birthday celebration mentioned above, Jubilee Hall, 6pm-10pm.

## Monday, March 4th

- ◆ Newcomers, 10am in the KPCH Banquet Room
- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

## Tuesday, March 5th

- ◆ Jen's market in the field by the KPCH Pickleball Courts 10am-2pm
- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

## Wednesday, March 6th

- ◆ Queens Luncheon 12pm in the KPCH Veterans Theater showing "Philomena." See lunch menu on page 10. Tickets \$15 at the KPCH Box Office.

## Thursday, March 7th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

## Friday, March 8th

- ◆ Music Bingo 4pm-6pm, KPSC Jubilee Hall. Fun and prizes. Free to play!
- ◆ Garage Sale, Kings Point Residents only. KPCH Veterans Theater and Banquet Room 4pm-6pm.

## Saturday, March 9th

- ◆ Garage Sale— in the KPCH Veterans Theater and Banquet Room 9am-1pm, Open to all of SCC.

## Monday, March 11th

- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

## Tuesday, March 12th

- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

## Wednesday, March 13th

- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

## Thursday, March 14th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

## Friday, March 15th

- ◆ Loft Diner, KCSC, 6pm, Tickets \$39, on sale at the KPCH Box Office. Menu on Page 11

## Sunday, March 17th

- ◆ St. Patrick's Day Party at the South Club! Join us Poolside for live music (Strings & Pipes Celtic Band), beer and fun. 12pm-4pm with music from 1pm-4pm. See page 11 for more information and full menu.
- ◆ Strings & Pipes Celtic Band performing poolside at the South Club from 1pm-4pm.

## Monday, March 18th

- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

## Tuesday, March 19th

- ◆ Karaoke Night, 5-9pm, KPSC Jubilee Hall

## Wednesday, March 20th

- ◆ RFEC, KPCH Card Room 8:30am
- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm

## Thursday, March 21st

- ◆ Kings Point Spring Business Expo, 10am-1pm, Veterans Theater.
- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall
- ◆ Dueling Pianos, 7:30pm Veterans Theater. Tickets available at the KPCH Box Office.

## Friday, March 22nd

- ◆ Interactive Italian Buffet, KPSC Jubilee Hall 6pm. Tickets are \$24 at the KPCH Box Office. Menu on page 11.

## Monday, March 25th

- ◆ Monthly Movie Showing "Gran Turismo" KPCH Veterans Theater, 1:30pm & 6:00pm. Tickets available at the KPCH Box Office- \$2 Each.
- ◆ Monthly Dinner KPCH Banquet Room 4:45pm. Tickets \$21 at the KPCH Box Office. See Menu on Page 10.
- ◆ KPSC NAME THAT TUNE! Trivia, Jubilee Hall 6:30pm-8pm

## Tuesday, March 26th

- ◆ Karaoke Night, 5pm-9pm, KPSC Jubilee Hall

## Wednesday, March 27th

- ◆ KPSC Trivia, Jubilee Hall 6:30pm-8pm
- ◆ Nathan Allen performing KPSC PC Patio 5pm-8pm

## Thursday, March 28th

- ◆ Fresh Produce Market 9am-3:30pm in the field by the KPCH Pickleball Court.
- ◆ Rock'n Rendezvous, 5pm-9pm, KPSC Jubilee Hall

## Friday, March 29th

- ◆ Federation Membership Meeting, 9:30am Veterans Theater

## Saturday, March 30th

- ◆ Arts & Craft Fair, 9am Veterans theater

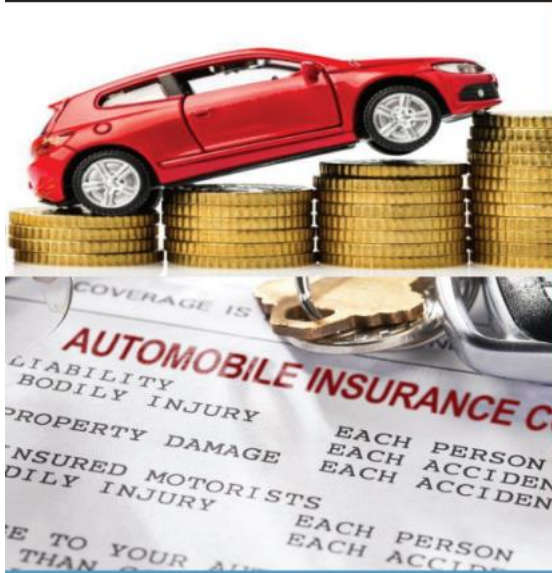
## Sunday, March 31st

- ◆ Easter Brunch Buffet, KPSC Jubilee Hall 11am-1pm, tickets \$30. Tickets on sale at the KPCH Box Office. See Page 10 for full menu. Cash bar available.



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MARCH 2024

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3:00 AND 7:00      1:30 AND 7:00

TICKETS \$10 and a can of cat food



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**WHEN:**

**WEDNESDAY, MARCH 27TH  
11AM-5PM**

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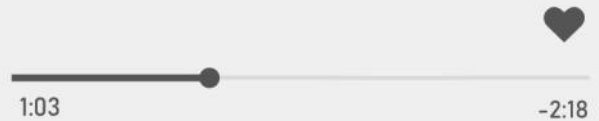


# MUSIC BINGO

Friday, March 8th  
4pm-6pm

KPSC Jubilee Hall  
Full Cash Bar Available

Free To Play! 



Markers Available  
Please Bring your own Daubers



**Another GREAT COMEDY!!!**  
Produced by: The Pelican Players Community Theater



2024



## flamingo

BY: LUIGI CREATORE  
**COURT**

Performed with special permission from Concord Theatricals  
James Williams, Director & Ruth Lake, Assistant Director

**FRIDAY, APRIL 26 @ 6:30PM**  
**SATURDAY, APRIL 27 @ 1:30PM**  
**SATURDAY, APRIL 27 @ 6:30PM**  
**SUNDAY, APRIL 28 @ 2:00PM**  
Doors open: 30 minutes prior  
Tickets: \$16/\$13 Matinee  
Tickets also available at the door.



[www.pelicanplayersscc.org](http://www.pelicanplayersscc.org)

**Kings Point Veterans Theater**  
1900 Clubhouse Drive  
Sun City Center, FL  
**Kings Point Box Office Hours**  
Monday-Friday 9am - 4pm



## FREE LIVE SEMINAR

### Uncover the Hidden Benefits of your Military Service: Veterans Aid & Attendance Benefit

MARCH  
28TH

10:00 AM

THE KINGS POINT CLUBHOUSE  
RIPPLE ROOM  
1900 CLUBHOUSE DR, SUN CITY CENTER, FL 33573

Are you a wartime-era Veteran (e.g., WWII, Korean War, Vietnam War, etc.)? If you are in need of assistance with in-home care, assisted living, or nursing home expenses, or if you're keen on learning how to safeguard your assets and prepare for the future, don't miss out on this free seminar!

Join us for a free seminar on the often overlooked but invaluable Veterans Aid & Attendance benefit. This seminar will be presented by VA Accredited Elder Law & Estate Planning attorney, Michelangelo Mortellaro, Esq.

Take advantage of the Live Q&A session and get your questions answered by Michelangelo!

**RSVP to [tami@mortellarolaw.com](mailto:tami@mortellarolaw.com)**

SEATING LIMITED - RSVP REQUESTED BUT NOT REQUIRED



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# KINGS POINT

## NEWCOMERS ORIENTATION MONDAY MARCH 4TH

**10 AM IN THE BANQUET ROOM**

Come have a cup of coffee  
as we explore all that your  
new home and community  
has to offer.

## KINGS POINT ITALIAN CLUB

### Invites you to the **EASTER PARADE**



**Monday March 18, 2024 KP Veterans Theater**

Doors open at 4:30 PM

**Food provided by Banquet Masters**

**Buffet Menu:** Sugar Glazed Tennessee Baked Ham  
Bourbon Glazed Salmon Filet, Eggplant Parmesan Vegetarian  
Sweet Potatoes and Green Beans  
Salad Bar, rolls and butter  
Chefs selected desserts  
We supply coffee, tea, soda  
**BYOB**



**Music by: Ron & The Classics**

Members \$30.00 pp - Guest \$35.00

Please make checks payable to Kings Point Italian Club  
Tickets on sale March 12th & March 13th 9:00 AM to Noon  
North Clubhouse Lobby

Tickets can only be purchased on the above dates

**Contact: Frank Oleskewicz 813-300-4010**

Please visit our website at [www.kpitalianclub.com](http://www.kpitalianclub.com)





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\*With approved credit. Offer expires 03/31/24. Minimum purchase of \$7500. Certain restrictions may apply. FL Contractor's ID: SCC131151663

# Kings Point Garage Sale

FRIDAY, MARCH 8TH, 4PM-6PM

RESIDENTS ONLY

SATURDAY, MARCH 9TH, 9AM-1PM

OPEN TO ALL OF SCC

Located in the KPCH

Veterans Theater & Banquet Room





# PALM COURT BREAKFAST

Every Thursday - Sunday 8:00AM-11:00AM

## CLASSICS

Add bacon, sausage or ham for \$1.99

- CROISSANT FRENCH TOAST** 6.99  
Served with syrup.
- BUTTERMILK PANCAKES** 6.99  
Served with syrup.
- QUAKER OATMEAL** 5.99  
Served with milk, brown sugar, sweet  
sundried raisins.

## SIDES

For when you can't decide - or want one  
of everything!

- ONE EGG** 1.50
- HASH BROWN POTATOES** 2.49
- BACON, SAUSAGE OR HAM** 1.99
- ENGLISH MUFFIN, CROISSANT  
OR CUBAN TOAST** 1.99
- BAGEL & CREAM CHEESE** 2.00

## THIRSTY?

- |               |                   |
|---------------|-------------------|
| <b>COFFEE</b> | <b>SOFT DRINK</b> |
| <b>JUICE</b>  | <b>ICED TEA</b>   |
|               | <b>HOT TEA</b>    |

## EGG-CITE

- QUICHE OF THE DAY** 6.99  
Freshly made quiche made by your Chef!
- YOUR FAVORITE OMELET** 8.99  
Made with your choice of 4: Bacon, Sausage,  
Ham, Onions, Peppers, Mushrooms, Tomatoes,  
American, Cheddar, Swiss, Mozzarella Cheese  
with hash browns & toast.

- DOUBLE EGG BREAKFAST** 8.49  
Two eggs cooked to your liking served with  
a side of bacon (2), sausage or ham, with  
hash browns and choice of toast.

- EGGS BENEDICT** 9.99  
Toasted English muffin, poached eggs,  
grilled ham and house made hollandaise  
sauce and hash browns.

## SANDWICHES

Your choice of bagel, English muffin,  
croissant or Cuban bread.

- EGG SANDWICH** 4.00  
Add vegetables for \$1.00  
Add cheese for \$.75  
Add Bacon, Sausage or Ham for \$1.00
- EGG WHITE SANDWICH** 4.99
- BREAKFAST BURRITO WRAP** 6.99  
Two egg with any combination of 4:  
Bacon, Sausage, Ham, Onions, Peppers,  
Mushrooms, Tomatoes, American, Cheddar,  
Swiss, Mozzarella Cheese.  
Egg Whites add \$1.00
- AVOCADO TOAST** 3.25  
Healthy avocado toast makes the perfect  
addition to any breakfast or snack

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS COULD INCREASE YOUR RISK OF FOOD BORNE ILLNESSES. 03.02.21





# KP *Spring* ARTS N CRAFTS FAIR

**SATURDAY,  
MARCH 30TH**

**9AM - 2PM  
KINGS POINT  
NORTH CLUBHOUSE**

**VENDOR TABLES WILL BE AVAILABLE  
FEB 19TH AT THE KPCH BOX OFFICE.  
KINGS POINT RESIDENTS ONLY.**





Did you know?

There is a type of *cholesterol* most physicians *aren't testing*.

Along with LDL, HDL, and triglycerides, there is one more that isn't usually included in cholesterol panels called **Lp(a)**. Most people who get tested for this little-known cholesterol had an elevated Lp(a) level. Elevated Lp(a) can indicate an increased risk of heart attack up to 3x more than those with lower levels.



Care Access is offering a no cost Lp(a) test in your area [community]. Those that participate will have early access to research study participation options.

Schedule your test today.

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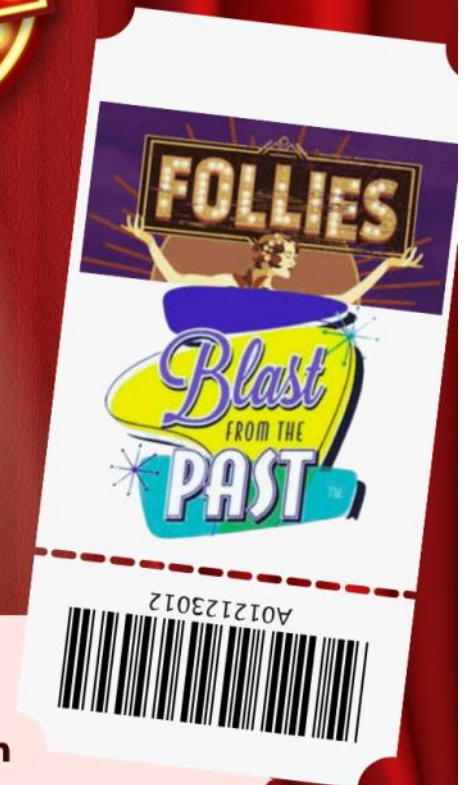




Prepare to embark on an unforgettable  
theatrical journey!

# FOLLIES

**A BLAST FROM THE PAST  
MARCH 15 AND 16, 2024**



**Friday performance at 7:00 pm  
Saturday Matinee at 1:30 pm  
Saturday Evening Performance at 7:00 pm  
in the KPCH Veterans Theater**

**BYOB....Cabaret and Bleacher Seating available  
This highly acclaimed annual show is always greatly  
anticipated and promises to be another crowd-pleaser!**

**Featuring a variety of entertainment and music from the 40's  
through the 70's.**

**Local entertainers from Kings Point, Sun City Center and  
surrounding communities.**

**Directed and Choreographed again by Diane LeFrancois**

**Tickets \$14.00 at the KPCH Box Office**



## March 2024 Water Group Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday	<b>**All classes are held outdoors unless inclement weather.</b>  <b>*SCHEDULE SUBJECT TO CHANGE.*</b>
Aqua Resistance 9:00 AM KPCH	Water Walking 9:00 AM KPCH	Double Noodle 9:00 AM KPCH	Aqua in Motion 9:00 AM KPCH	Deep Water 9:00 AM KPCH	
Stretch & Flow 11:00 AM KPSC		Wet Workout 10:00 AM KPCH		Aquanautics 10:15 AM KPCH	

### Class Descriptions:

**AQUA IN MOTION:** A moderate water workout using a loop band and then gentle exercises to improve strength, endurance, and flexibility.

**AQUANAUTICS:** A band and ball workout followed by a synchronized total body water workout.

**AQUA RESISTANCE:** Focuses on upper and lower body strength and endurance by using the water, wall, noodle and water weights as resistance.

**DEEP WATER:** An intense workout where feet are off the bottom of the pool in any depth of water that one is comfortable with.

**DOUBLE NOODLE:** Vigorous workout for the entire body using two noodles and no weights.

**STRETCH & FLOW WATER:** A thorough stretch from neck to toe.

**WATER WALKING:** Resistance bands for the upper body while moving using various types of walking and at different intensities. Also includes stretching.

**WET WORKOUT:** A foundational, no-equipment, total body workout of cardio, strength and mobility.

### Reminders About Cold Weather Policies For Water Classes:

If the current temperature of the air at the pool is 73 degrees or lower up to 15 minutes before the class is scheduled to start then the class may utilize the indoor pool. If the temperature is close to the designated temperature but the wind is above 10mph the class may utilize the indoor pool. **\*The instructor will be responsible for making the final judgement call for classes to move inside or remain outdoors.**

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# March 2024 Land Group Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Total Body Express 8:00 AM & 9:00 AM Energy Studio	Zumba 9:30 AM Energy Studio	Total Body Express 9:00 AM Energy Studio	Zumba 9:30 AM Energy Studio	Total Body Express 9:00 AM Energy Studio
Total Body 10:00 AM Energy Studio	Flex & Flow 8:30 AM & 10:30 AM Energy Studio	Total Body 10:00 AM Energy Studio	Flex & Flow 8:30 AM & 10:30 AM Energy Studio	Total Body 10:00 AM Energy Studio
Beginning Yoga 8:45 AM & 10:00 AM Balance Studio	Sit & Get Fit 11:30 AM & 12:30 PM Energy Studio	Beginning Yoga 8:45 AM & 10:00 AM Balance Studio	Pilates 9:30 AM & 10:30 AM Balance Studio	Yoga Flow 8:45 AM & 10:00 AM Balance Studio
Fit Mix 11:30 AM Energy Studio	Improve Line Dance 2:00 PM Energy Studio	Strong Body 11:30 AM Energy Studio	Sit & Get Fit 11:30 AM & 12:30 PM Energy Studio	First Steppers Line Dance 2:00 PM Energy Studio
Chair Yoga 1:00 PM Energy Studio	Intermediate Line Dance 3:00 PM Energy Studio	Chair Yoga 1:00 PM Energy Studio	Improve Line Dance 2:00 PM Energy Studio	*Schedule is subject to change.*

Did you know we also offer additional classes on our Pop Up schedule? See posted signs in the 2020 Centre for the monthly Land Pop Up schedule and class descriptions.

## How to Sign Up For Classes Online Using SignUp Genius

- > Go to website [www.kingspointsuncitycenter.com](http://www.kingspointsuncitycenter.com).
- > Click on the "Fitness" tab near the top of the page.
- > Click "Fitness Class SignUp".
- > Across the top of the page, click the tab representing the day of the class you wish to sign up for.
- > Scroll down until you see the class you wish to sign up for and click the green "Sign Up" box.
- > Click "Save & Continue".
- > Fill in all boxes of your contact information then click "Sign Up Now"
- \*Reminder, class sign ups close the day of at 5:00AM. You can sign up for a class up to 5 days in advance.
- > Guests are not permitted to classes that have reached capacity by residents.

## Class Descriptions

**BEGINNING YOGA:** this class is for those new to yoga or those wanting to fine tune their practice. We will use the breath and body awareness to build strength and increase flexibility.

**CHAIR YOGA:** Class designed to include breath work, strength, flexibility and balance but does not involve getting up and down from the floor. Great for ALL fitness levels!

**FIRST STEPPERS LINE DANCE:** No knowledge of line dancing or steps names.

**FIT MIX:** A fast-paced strength class incorporating a mix of standing and floor exercises using a variety of weights and resistance bands.

**FLEX & FLOW:** A combination of tai chi, yoga & Pilates style movements set to a variety of music to work your core, challenge your range of motion, strength and balance without floor work.

**IMPROVER LINE DANCE:** Student knows basic line dance steps and will learn additional steps. Constant instruction.

**INTERMEDIATE LINE DANCE:** Some knowledge of line dance steps. Continuous instruction of more difficult steps.

**PILATES:** Pilates is a low impact mat class that focuses on toning and strengthening the abdominals, back, and legs. Suitable for all levels, does involve floorwork.

**SIT & GET FIT:** Train the entire body using various pieces of equipment while remaining seated. Great class for beginners and those with ailments!

**STRONG BODY:** Strength-based class using barbells, dumbbells, and body weight exercises designed to increase and maintain muscle endurance and strength.

**TOTAL BODY:** A full body strengthening class that utilizes hand weights and other equipment.

**TOTAL BODY EXPRESS:** Full body strength workout without floor work.

**YOGA FLOW:** Suitable for all levels that have some previous yoga experience. Low impact, relaxing, mindful yoga emphasizing flexibility and light strength. Breathing and stress management techniques incorporated.

**ZUMBA:** A Latin inspired cardio class filled with fun dance moves that guarantee a good time and a great workout.

**\*Mats will not be provided for any class.\***

**Reminder:** A more extensive group exercise schedule of classes is available to view 24/7 online at [www.kingspointsuncitycenter.com](http://www.kingspointsuncitycenter.com)>Fitness>At Home Fitness Videos

You can also watch pre-recorded versions of your favorite classes played **daily** in your home on Spectrum Channel 732.

7:00AM	Pilates	11:00AM	Zumba
8:00AM	Total Body Express	12:00PM	Flex & Flow
9:00AM	Chair Yoga	1:00PM	Sit & Get Fit
10:00AM	Total Body		



# KINGS POINT SPRING FLING EXPO



**THURSDAY  
MARCH 21, 2024**



**10 AM - 1 PM**



**1900 CLUBHOUSE DR.  
SUN CITY CENTER, FL**

Participated by more than 80 representatives from local healthcare, banking, real estate professionals & more! With over 9,500 Kings Point residents, the "Spring Fling" Business Expo is designed to connect you and your business with our community.



**FOR MORE INFO:**  
[KingsPointSunCityCenter.com](http://KingsPointSunCityCenter.com)





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BOX OFFICE



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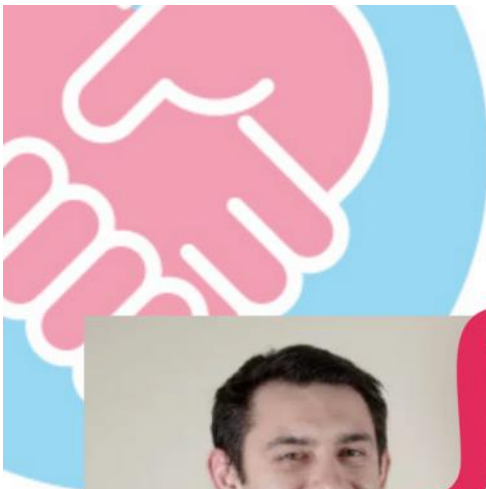


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Dennis Douglas	813-352-4748
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Rosemary Hollis Jones	813-601-7038
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Nora Nelson	813-318-1255
Natalie Pellerin	813-545-4914
Sheila Sanford	813-629-7589
Nancy Stanton	813-785-9525
Jack Stevens	813-417-1554

	Price	Beds	Baths	SQFT	GarageSpaces	Built
1205 HARKNESS WAY	\$ 244,900	2	1.5	1344	1 Carport	1962
2510 LANCASTER DR #166	\$ 250,000	2	2	1394	2 Garage	1987
2233 WORTHINGTON GREENS DR #14	\$ 270,000	2	2	1405	2 Garage	2000
303 CLUB MANOR DR	\$ 283,000	2	2	1516	2 Garage	1978
2250 BROOKFIELD GREENS CIR #71	\$ 297,000	2	2	1610	2 Garage	2000
1407 N PEBBLE BEACH BLVD	\$ 299,000	2	2	1729	2 Garage	1967
414 S PEBBLE BEACH BLVD	\$ 299,900	2	2	1816	2 Garage	1977
1623 FAXTON DR	\$ 299,900	2	2	1516	2 Garage	1985
809 BLUEWATER DR	\$ 299,900	2	2	1516	2 Garage	1979
1202 CORINTH GREENS DR #00	\$ 315,000	2	2	1607	2 Garage	2001
2023 GRANTHAM GREENS DR	\$ 319,500	2	2	1825	2 Garage	2004
845 MANCHESTER WOODS DR	\$ 319,900	2	2	1543	2 Garage	1993
1247 CORINTH GREENS DR	\$ 329,000	2	2	1772	2 Garage	2001
1741 COUNCIL DR	\$ 329,000	3	2	2033	2 Garage	1968
1318 LELAND DR	\$ 329,900	2	2	1755	1 Garage	1988
806 BLUEWATER DR	\$ 335,000	2	2	1516	2 Garage	1978
386 CLUB MANOR DR #0	\$ 345,000	2	2	1820	2 Garage	1976
2494 KENSINGTON GREENS DR	\$ 354,900	3	2	1630	2 Garage	2005
2468 KENSINGTON GREENS DR	\$ 359,000	3	2	1630	2 Garage	2005
604 FOX HILLS DR	\$ 359,000	3	2.5	2260	2 Carport	1969
1406 JACOBSON CIR	\$ 439,900	2	2.5	2435	2 Garage	1974
1436 EMERALD DUNES DR	\$ 475,000	3	2	2482	2 Garage	2006
1848 PACIFIC DUNES DR	\$ 487,900	2	2.5	2068	2 Garage	2017



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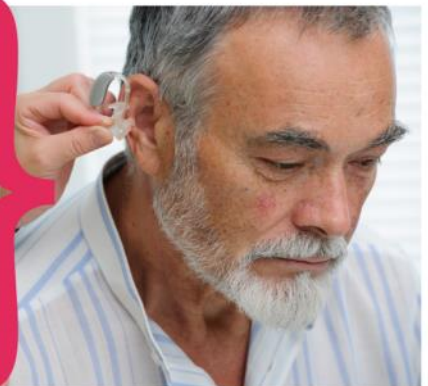
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**DR. DAVID REGAL**

**FRIDAY, MARCH 15  
9:00 AM - 12:00 PM  
KPCH RIPPLE ROOM**

**PLEASE CALL TO SCHEDULE  
YOUR APPOINTMENT  
813-634-7600**