



# Activities Directory

*Kings Point has the most extensive amenities of any active adult community in the region.  
We offer a stunning variety of amenities to fit your lifestyle.*

*Updated: 04/01/2023*



## **Kings Point North Club**

1900 Clubhouse Drive, Sun City Center, FL 33573

813-387-3439

## **Kings Point South Club**

1224 Newpoint Loop, Sun City Center, FL 33573

813-387-3449

## **Cyber Space**

1000 Kings Blvd., Sun City Center FL 33573

813-540-5450

## **2020 Centre**

2020 Clubhouse Drive, Sun City Center, FL 33573

813-387-3458

## **Serenity Spa & Salon**

2020 Centre, Sun City Center, FL 33573

813-387-3475

## **Kings Point Community Pool**

1575 Nantucket Drive, Sun City Center, FL 33573

813-633-3551

# Kings Point Activity Catalog

*Prepared for you by Vesta Property Management*

**All activity information was current as of 3/31/2023.** Activities are year round unless otherwise noted. Activity presidents may submit changes in writing to the Vesta Business Office or by email to Nanette Leggett at [NLeggett@vestapropertyservices.com](mailto:NLeggett@vestapropertyservices.com) for the next printing.

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## Hours of Operation

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### **Kings Point Clubhouse Main (KPCH) 1900 Clubhouse Drive 813-634-9229**

Clubhouse	Monday - Sunday	8:00 a.m.	10:00 p.m.
Box Office	Monday - Friday	8:30 a.m.	4:00 p.m.
Business Office	Monday - Friday	8:30 a.m.	4:30 p.m.
Le Perk Café	Monday - Friday	8:00 a.m.	2:00 p.m.
<b>*Indoor Pool</b>	Daily	7:00 a.m.	9:30 p.m.
	Children (7 days a week)	12:00 p.m.	2:00 p.m.
	Children Hours (Nightly)	7:00 p.m.	9:00 p.m.
*Lap Swimming	Tuesday - Wednesday - Thursday	4:00 p.m.	5:00 p.m.
	Saturday - Sunday	8:30 a.m.	9:30 a.m.
*Whirlpool	Daily (Adults Only)	7:00 a.m.	9:30 p.m.
<b>*Outdoor Pool</b>	Daily	7:00 a.m.	9:30 p.m.
	Children allowed daily at the Outdoor Pool	(Regular Pool hours)	

### **2020 Centre 2020 Clubhouse Drive 813-387-3458**

Clubhouse/Fitness Centre	Monday - Friday	6:30 a.m.	8:00 p.m.
	Saturday-Sunday	7:00 a.m.	5:00 p.m.
Serenity Spa & Salon	Monday - Friday	9:00 a.m.	4:00 p.m.

### **Kings Point South Club (KPSC) 1224 Newpoint Loop 813-387-3449**

Clubhouse	Monday - Sunday	7:00 a.m.	9:00 p.m.
Business Office	Monday - Friday	8:00 a.m.	4:00 p.m.
Fitness Center	Monday - Friday	6:30 a.m.	9:30 p.m.
	Saturday & Sunday	7:00 a.m.	9:30 p.m.
Palm Court Café	Thursday - Sunday	8:00 a.m.	8:00 p.m.
	Tuesday & Wednesday	11:00 a.m.	8:00 p.m.
Palm Court Bar	Tuesday - Sunday	11:00 a.m.	9:00 p.m.
Pool Patio Bar	Saturday & Sunday	12:00 p.m.	6:00 p.m.
Pools - Indoor & Outdoor	Monday - Sunday	7:00 a.m.	9:00 p.m.
	Children allowed daily at Indoor Pool	12:00 p.m.	2:00 p.m.
	Children allowed daily at Indoor Pool	6:00 p.m.	9:00 p.m.
	Children allowed daily at Outdoor Pool	(Regular Pool Hours)	

### **Cyber Space (Falcon Watch) 1000 Kings Blvd 813-540-5450**

Cyber Space	Monday - Saturday	8:00 a.m.	2:00 p.m.
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### **Kings Point Community Outdoor Pool & Whirlpool 1575 Nantucket Drive**

Nantucket Pool	Daily	7:00 a.m.	Dusk
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***\*Please note: All pools will be closed for the safety of our residents and guests during inclement weather.***

## Amenities

**Cyber Space** Monday - Saturday 8:00 AM 2:00 PM

Direct Phone 813-540-5450

Connect to the world wide web with high speed Internet. Use the fully equipped Business Center with the convenience of faxing / printing. Notary services available Monday - Thursday 8 am to 1pm.

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**Fitness Centers** Fitness Director Jennifer Yurcus 813-387-3476

2020 Centre Mon—Fri 7:00 AM 8:00 PM Sat-Sun 7:00 AM 5:00 PM

KPSC Mon—Sun 7:00 AM 9:00 PM

Health and wellness club designed to meet your fitness needs. The Energy Studio and the Balance Studio offer a variety of exercise classes to meet all levels of fitness. Take your cardiovascular and weight workouts to the next level with state of the art fitness equipment guided by trained staff.

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**Library - Main Clubhouse** 813-634-2377 Sunday - Saturday 8:00 AM 10:00 PM

Ginny Defever 813-634-6686 KPCH Library

The Kings Point Library is available to residents. Reading promotes lifelong learning and enhanced quality of life. Volunteers are on duty in the morning from 9:00am - 11:00 a.m. and in the afternoon from 1-3 p.m. to assist you. Residents may check out books, CDs and cassettes on the honor system.

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**Serenity Spa & Salon** Monday - Friday 9:00 AM 4:00 PM

Robin Razick 813-387-3475 2020 Centre Spa Serenity

Kings Point residents and guests can enjoy a full service spa close to home with great prices. Make an appointment at Serenity Spa and Salon for massage, facials, pedicures, manicures, waxing, hair styling or barber services. Gift certificates, spa parties and packages (upon availability) .

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**Vehicle Storage** Master Association

Dave VanZandt 813-732-3641 KPYARDMASTER@gmail.com

The storage facility is conveniently located securely on Kings Point property. Kings Point residents call for a quote and reserve your space on the waiting list to store cars, RV, boats and trailers. No commercial vehicles. All must have wheels. November membership meeting.

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## Amenities - Dining

**Le Perk Café - KPCH** Monday—Friday 8:00 AM 2:00 PM

Le Perk Café features breakfast sandwiches, deli sandwiches, soup of the day, salads, hot dogs, ice cream, cookies, muffins, soda, coffee and tea.

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## Amenities - Dining Continued....

<b>Palm Court Bar &amp; Restaurant-South Club</b>	Monday—Sunday	11:00 AM	10:00 PM
<b>Palm Court Cafe</b>	Monday—Wednesday	11:00 AM	8:00 PM
	Thursday—Sunday	8:00 AM	8:00 PM
		No Breakfast	
		Breakfast served 8 AM-11AM	
Palm Court Take Out Orders	813-387-3463	11am - 8pm	

Palm Court is your “Cheers” with fresh made to order pizzas, wings, burgers, soups, salads, sandwiches and full bar service. TV's, Direct TV NFL and a fun atmosphere. Now offering breakfast Thursday - Sunday 8 am -11:00 am.

<b>Poolside Bar - South Club</b>	Saturday & Sunday	12:00 PM	6:00 PM
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Join us on Friday, Saturday, and Sunday for resort style living. Poolside cookout specials and tropical drinks with a full-service bar and fun music. *\*Please note: All pools will be closed for the safety of our residents and guests during inclement weather.*

### Billiards

<b>Billiard Club - Open Play, Game of Choice</b>	Daily	8:00 AM	9:30 PM
Alan Hahn	847-561-6075	KPCH	Billiard Room

Come play pool with friends and meet new people. The Billiard room is open all day everyday for your pool playing pleasure. Come with a friend, or get into one of the pickup games going on. The best times to find an open table are weekends and Monday-Friday before 11am or after 4pm.

<b>Billiard Club - 8-Ball Tournament</b>	1st Wednesday	6:00 PM	9:30 PM
Alan Hahn	847-561-6075	KPCH	Billiard Room

Compete in this double elimination 8-Ball Tournament sponsored by the Billiard Club-open to residents and Billiard Club members. Cost is \$5.00. This has been our most competitive tournament to test your skills. Nov-May.

<b>Billiard Club - Blind Draw Scotch Doubles 8-Ball Tournament</b>	2nd Tuesday	10:00 AM	12:30 PM
Alan Hahn	847-561-6075	KPCH	Billiard Room

Compete in this blind draw, Scotch doubles, 8-Ball tournament sponsored by the Billiard Club-open to men and women residents and Billiard Club members. Cost is \$2.00. Nov-May.

<b>Billiard Club - Mixed 8-Ball Tournament (Jack &amp; Jill)</b>	3rd Wednesday	6:00 PM	9:30 PM
Alan Hahn	847-561-6075	KPCH	Billiard Room

Compete in this fun Mixed Scotch doubles, 8-Ball Tournament sponsored by the Billiard Club—open to residents and Billiard Club members. Man and woman teams will be drawn. Cost is \$2.00. This has proven to be our most fun tournament. Nov-May.

<b>Billiard Club - 1 and 15 Ball 8-Ball Tournament</b>	4th Tuesday	10:00 AM	12:30 PM
Alan Hahn	847-561-6075	KPCH	Billiard Room

Compete in this fun 1 and 15 Special Ball 8-Ball Tournament sponsored by the Billiard Club—open to men and women residents and Billiard Club members. Blind draw for partners. Cost is \$2.00. Nov-May.

## Cards

**Bridge (Casual Open)** Friday 1:00 PM 3:00 PM  
Linda Argersinger 813-812-7191 KPCH East Social Rm.

Bridge is played with four people at a card table using a standard deck of 52 cards. Join residents for a casual, fun game of bridge. No partner necessary.

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**Bridge, (Duplicate ACBL Sanctioned)** Tuesday & Wednesday 1:00 PM 4:30 PM  
Tom Richard 813-431-0823 Gerry Richards 813-431-0824 KPCH Card Room

Tuesday's 0-199 Masterpoints and Wednesday's 0-999 Masterpoints. Registration opens at 12 P.M. Cost \$3.00 entry fee.

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**Bridge (Party)** Tuesday & Friday 12:00 PM 3:00 PM  
Tom and Kathy Sullivan 813-331-3176 2020 Centre Culinary Room

Bridge is played with four people at a card table using a standard deck of 52 cards. Join residents for a casual fun game of bridge. No partner necessary, but some experience is preferred. Tables rotate partners. Game starts promptly at noon. Please arrive 10 minutes early. No reservation required.

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**Bridge (Chicago)** Thursday 5:30 PM 9:30 PM  
Miriam Brown 813-634-7046 KPCH West Social Room  
Starting October 1, 2022. Chicago Style Bridge game played for FUN. You must have a partner. Runs October to May.

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**Bunco Monthly Pot Luck Dinner** 1st Saturday Starting October—June 2023 5:00 PM 9:00 PM  
Mary Ann Dayton 813-401-9984 KPCH Waterside Room  
Food, laughter, dice and fun! Bring a dish to share and join in a fun evening! Off July, August, September

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**Cribbage (Playing)** Monday 6:00 PM 8:00 PM  
Terri Nowacki 813-922-4980 KPCH East Social Room

All are welcome to join our cribbage game! Cribbage is a card game which involves grouping cards in combinations to gain points. Scoring is kept on a cribbage board. \$1.00 donation for supplies.

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**Cribbage (Playing)** Thursday 6:00 PM 8:00 PM  
Ron Ruhle 719-291-1245 KPCH East Social Room

Cribbage is a card game which involves grouping cards in combinations to gain points. Scoring is kept on a cribbage board. Join residents for a game of Cribbage. \$1.00 donation for supplies.

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## Cards Continued....

<b>Euchre Club</b>		Tuesday	6:30 P.M.	9:00 P.M.
Tom Jones	614-214-1499	KPCH	Card Room	
Carl Wink	605-593-1383			

Euchre is a card game played with the twenty-four highest cards. The aim is to win three of the five tricks played. No partners are necessary we rotate tables and players. Cost \$1.00 per player.

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<b>Pinochle (Double/Triple Deck) *RESIDENTS ONLY*</b>		Wednesday	1:00 PM	4:00 PM
Bonnie DeVagno	813-260-3956	Starting Oct—Thursday	10:00 AM	12:00 PM
Nina Partin	813-508-6462	KPSC	Game Room	

Pinochle players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks. Experienced players w/ double deck, social play. Thursday is learn to play.

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<b>Pinochle (Just for Fun)</b>		Monday	6:00 PM	8:30 PM
Roberta Rowe	813-215-7127	KPCH	Card Room	

Pinochle for fun. Pinochle players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks. Cost \$1.00 per player.

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<b>Pinochle (Just for Fun)</b>		Wednesday & Friday	6:30 PM	9:30 PM
George & Judy Fenwick	813-634-5364	KPCH	Card Room	

Pinochle for fun. Pinochle players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases: bidding, melds, and tricks. Eight Tables Cost \$0.50 per player for prizes. Optional extra \$.25 for high game. Set up at 6:15 p.m.

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## Creative Arts

<b>Acrylic Painting Workshop Group</b>		Tuesday	1:00 pm	4:00 pm
Jane Sturmer	715-923-2393	KPCH	Art Room	

Learn new skills and techniques. Fun class for anyone who wants to explore their creative side. Bring a canvas. Paints and brushes will be available. 20 people maximum.

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<b>Art Multimedia Open Studio</b>		Thurs, Wed & Fri.	9:00 AM	12:00 PM
		KPCH	Art Room	

Room Monitors: Phyllis Masing and Sandy Greco

Join fellow artists while exploring your own artist endeavors. Use your favorite medium.

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# Kings Point Clubhouse

1900 Clubhouse Drive

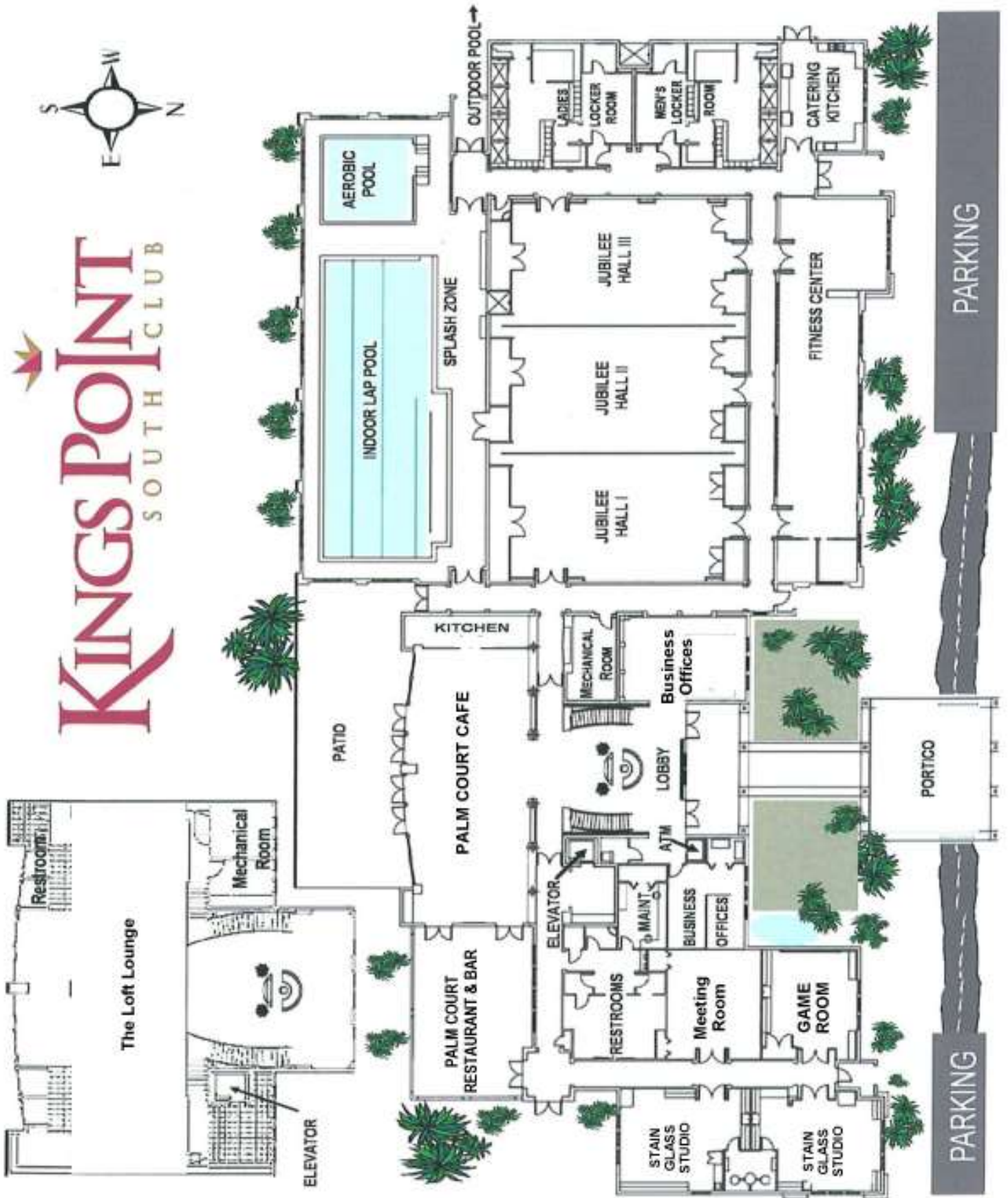
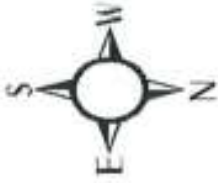


Kings Point Blvd.

Sun City Center Blvd.



# KINGS POINT SOUTH CLUB



PARKING

## Creative Arts Continued....

<b>Bunka - Japanese Embroidery</b>	Tuesday	11:00 AM	4:00 PM
Anise Tuma                      813-633-0499	KPCH	Fiber Arts Room II	

Enjoy the classic art of Japanese Embroidery art called Bunka Shishu with friends. No Dues.

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<b>Ceramic Class (All Levels)</b>	Thursday	9:00 AM	3:00 PM
Tawnya Eaker                      813-508-6740	KPCH	Clay Studio	

Learn how to make products from clay or similar materials treated by firing. Instruction includes; cleaning green ware, using stains, glazes and special products. Supplies may be purchased in class. Voluntary fee of \$1.00 for instructor.

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<b>Colored Pencil Drawing, Doodling &amp; More!</b>	Thursdays	9:30 AM	11:30 AM
Lynn Bremermann                      813-633-0896	KPCH	Art Room	

Drawing with colored pencils is fun and relaxing. Work on personal cards, projects, gain ideas and new techniques. Please bring supplies. All levels welcome.

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<b>Glass Arts Club</b>	Kings Point South Club Hours of Operation		
Thomas Van Nelson                      920-284-5702	KPSC	Glass Arts Studio	

Club members explore their creative side by making decorative glass pieces including sun catchers, lights and lamps, panels, plates, sculptures, and more from fused and stained glass techniques. Studio is open during club house hours. Contact Paula for more information.

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<b>Krafters</b>	Wednesday	9:00 AM	12:00 PM
Catherine Yevoli                      813-922-4217	KPCH	Fiber Arts Room	

Ladies, join us to share techniques and tips for: crochet, knitting and canvas. Bring a project or learn to create something new. No membership dues or supply cost. All projects are sold and money is donated to Sun City Center charities.

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**Lapidary Club — Full Schedule September - April and Abbreviated Schedule May - August.**

Stop by the Lapidary Room #22 in No. Clubhouse for a schedule of classes. Annual dues are \$15. Jan. - Dec. includes instruction in one or all classes. An additional \$30 equipment fee will be charged in some classes. New members are always welcome!

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<b>Lapidary (Cabbing Introduction)</b>	KPCH	Lapidary Room	
Bob Caveglia                      813-938-5665	Tuesday	9:00 AM	12:00 PM

A mandatory 4-week introductory course will begin on the first Tuesday of each month. Students must display adequate skill in equipment use and technique before attending open shop sessions. Limited to 4 students per session. Additional \$30 equipment fee.

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## Creative Arts Continued....

<b>Quilting 101</b>		Friday	9:00 AM	12:00 PM
Shirley Brink	813-634-2203	KPCH	Fiber Arts I	

New to quilting? This activity will teach you about the materials and techniques used while creating your first quilt. Teaching instructions / supplies \$35.00.

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<b>Rubber Stampers</b>		Tuesday	9:00 AM	10:30 AM
Sandy Krcil	813-633-3068	KPSC	Game Room	

Create note cards, art, mix-media projects with stamps. Please be prepared to bring your supplies and share with group.

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<b>Shell Art</b>		Monthly		
Karen King	419-260-1263	TBD	TBD	

We meet once a month for a workshop where we meet to create shell art projects and once a month we go to a beach to collect shells that we use in our workshops. For more information and the current schedule, contact Karen.

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<b>Watercolor Inspirations Class</b>	Tuesday		9:30 AM	12:30 PM
Robin St. Onge	810-874-2798	KPCH	Art Room	

Beginners to experienced. All levels of achievement. Explore different techniques and paint your own inspirations.

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<b>Watercolor Painting Club</b>		KPCH	Art Room	
Diane G. Simon	813-385-5569	Monday	9:00 AM	11:00 AM
		Thursday	1:00 PM	3:30 PM

Paint a new painting every two weeks, four week series for classes. Supplies available for purchase. Learn new skills and techniques. You don't have to draw to paint. Fun class for those who want to explore their creative side. All skill levels welcome.

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<b>Wood Shop</b>		Monday - Friday	8:30 AM	11:30 AM
John Vogelsang	813-642-8707	KPCH	Woodshop	

The wood working shop is open for woodworking basics to advanced hand and power tool techniques. Call for ordering and sale information.

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# Dance

**Silver Shakers** Thursday 10:30 AM 12:00 PM  
"Jafali" 303-638-2784 KPCH Studio

FUN, low-impact, low-cardio Middle Eastern dance. (Belly Dance) This dance form is perfect for those who want to improve their flexibility, movement, mental acuity and overall well-being through exercises and choreographed routines. Local performance opportunities will be offered when possible, but not required.

**Country Western - Intermediate** Friday 4:00 PM 6:00 PM  
Bev Hitscherich 315-427-1175 KPCH Studio

October-April— NOT LINE DANCING OR A CLASS. This is the intermediate practice for couples who have danced before or those who are rusty and want to brush up on the Waltz, Cha Cha, and specialty dances.

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**Hawaiian Dance** Wednesday 11:00 AM 3:00 PM  
Janet Rogers 303-638-2784 KPCH Studio

Learn the beautiful dances of the islands. All levels of dance taught, beginners encouraged to attend.

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**Tappers Beginner - Step by Step** Tuesday 1:00 PM 1:30 PM  
Gayle Hendrich 765-720-4911 KPCH Studio

This is a beginner tap class. You will learn basic steps and simple routine called the Shim Sham. We practice steps and this routine to a wide variety of music and have a lot of fun. Buy tap shoes and improve your balance and your brain!

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**Tappers Intermediate - Happy Tappers** Tuesday 1:30 PM 3:00 PM  
Gayle Hendrich 765-720-4911 KPCH Studio

Happy Tappers is an intermediate level class for students who have had some beginning instruction. Tappers will have an opportunity to practice what they know and develop more speed. They will learn new steps and tap routines to a wide variety of music. Join this class to enjoy fun exercise for your mind, body and spirit! The Happy Tappers also volunteer to perform at assisted living and memory care centers in the area.

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# Fitness

## Fitness Center Training

**Interested in learning the fitness equipment at the fitness centers? The fitness staff is here for you!** Have you had a free orientation to the fitness equipment? Learn how to use the cardiovascular and / or weight machines.

Or would you rather have a personalized training with a certified trainer? Create and reach lifestyle goals made just for you! Please schedule an appointment by stopping by the front desk at 2020 Centre or by calling **813-387-3476**

### **Aerobics (Chair Dancing)**

Mon/Wed/Fri 9:15 AM 10:00 AM

Dolores Pirone 813-633-3416

KPCH

East West Social

Donna Kohler 716-491-1304

Sharon Moltz 609-412-6953

Exercise to the beat without leaving your seat.

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### **The Taoist Tai Chi® Internal Art of Taijiquan (Beg.)**

Monday & Friday

9:30 AM 11:00 AM

Clifford Stockman 813-331-3824

Saturday

10:00 AM 11:30 AM

KPCH

Studio

No Fee. Learn the gentle mind art and balance techniques of Tai Chi.

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### **Chair Tai Chi®**

Monday & Friday - Studio / Wednesday - Waterside

11:00 AM 12:00 PM

Irene Goetze 678-386-4702

Learn the gentle mind art and balance techniques of Tai Chi with the support of a chair.

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# April 2023 Water Group Exercise Classes

Monday	Tuesday	Wednesday	Thursday	Friday
Aqua Pilates 9:00 AM KPSC	Stretch & Sculpt 9:00 AM KPSC	Double Noodle 9:00 AM KPCH	Aqua Pilates 9:00 AM KPSC	Stretch & Sculpt 9:00 AM KPSC
Aqua Resistance 9:00 AM KPCH	Water Walking 9:00 AM KPCH	Surf & Turf 10:00 AM KPCH	Aqua in Motion 9:00 AM KPCH	Noodle & Weights 9:00 AM KPCH
Aqua Deep 11:00 AM KPCH	Aqua For All 11:00 AM KPCH			

\*\* All classes are held outdoors unless inclement weather.

## \*SCHEDULE SUBJECT TO CHANGE.\*

### Class Descriptions:

**AQUA RESISTANCE** - Focuses on upper and lower body strength and endurance by using the wall, water and water weights as resistance.

**WATER WALKING**-Small ball workout for the whole body followed by various types and intensities of water walking.

**SURF & TURF** - A low impact total body strength and cardio workout in-and-out of the pool using body weight exercises and a variety of equipment including resistance bands, balls, and noodles.

**STRETCH & SCULPT**- Helps improve flexibility and increase range-of-motion while toning all muscle groups.

**AQUA IN MOTION**- A moderate water workout using a loop band and then gentle exercises to improve strength, endurance, and flexibility.

**AQUA PILATES**- Ideal for core strength and dynamic stability.

**NOODLE & WEIGHTS**- Synchronized aqua resistant exercises while using a noodle with weights in hand.

**DOUBLE NOODLE**- Vigorous workout for the entire body using two noodles and no weights.

**AQUA FOR ALL**- Aqua class for all levels and all ages; no two classes are the same!  
**AQUA DEEP**- An aqua fitness class in the DEEP end. **\*Participants must wear a self-provided flotation belt for each class.\***  
**AQUA FUN**- A small ball and loop band workout in the water performing exercises to improve flexibility, strength, and endurance.



## Weather Procedures for Water Group Exercise Classes

### Cold Weather:

If the current air temperature at the pool, according to the specified apps, is **73** degrees or lower up to 15 minutes before the class is scheduled to start then the class may utilize the indoor pool. \*If the air temperature is close to the designated temperature but the wind is above 10mph the class may utilize the indoor pool. The listed apps also designate wind speeds.

Apps to be used to determine air temperature and wind speed while at the pool deck and using “current location”:

>The Weather Channel                      >Weather Bug                      >Accuweather

### Thunder and/or Lightning:

>Any thunder heard, or lightning seen anywhere automatically closes the outdoor pool and pool deck.

>If lightning, according to the security-held lightening detector, comes within 6 miles, then the indoor pool and pool deck are also closed, and the indoor pool area is locked.

\*Security will close the pool and lock the appropriate gates for the designated duration.

### Pool Temperature:

If the temperature of the water in the outdoor pool feels considerably below normal the class may move to the indoor pool.

**\*The instructor will be responsible for making the final judgement call for classes to move inside or remain outdoors. Should a class utilize the indoor pool, it is important that class participants be courteous to other users of the pool.**

# April 2023 Land Group Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Total Body Express 9:00 AM 2020 - Energy Studio	Zumba 9:30 AM 2020 - Energy Studio	Total Body Express 9:00 AM 2020 - Energy Studio	Zumba 9:30 AM 2020 - Energy Studio	Total Body Express 9:00 AM 2020 - Energy Studio
Beginning Yoga 9:15 AM & 10:30 AM 2020 - Balance Studio	Flex & Flow 10:30 AM 2020 - Energy Studio	Beginning Yoga 9:15 AM & 10:30 AM 2020 - Balance Studio	Core Pilates 10:15 AM 2020 - Balance Studio	Total Body 10:00 AM 2020 - Energy Studio
Total Body 10:00 AM 2020 - Energy Studio	Sit & Get Fit 11:30 AM & 12:30 PM 2020 - Energy Studio	Total Body 10:00 AM 2020 - Energy Studio	Flex & Flow 10:30 AM 2020 - Energy Studio	Yoga Flow 9:15 AM & 10:30 AM 2020 - Balance Studio
Fit Mix 11:30 AM 2020 - Energy Studio	Improver Line Dance 2:00 PM 2020 - Energy Studio	Strong Body 11:30 AM	Sit & Get Fit 11:30 AM & 12:30 PM 2020 - Energy Studio	First Steppers Line Dance 2:00 PM 2020 - Energy Studio
Chair Yoga 1:30 PM 2020 - Energy Studio	Intermediate Line Dance 3:00 PM 2020 - Energy Studio	Chair Yoga 1:30 PM 2020 - Energy Studio	Step-Up Line Dance 2:00 PM 2020 - Energy Studio	



## Group Exercise Reservations System

To make reservations for a class:  
[www.kingspointuncitycenter.com](http://www.kingspointuncitycenter.com) and click on the "SignUps" tab the "Fitness Class SignUp" or call 813-922-1860 Mon-Fri 8:00AM-12:00PM.  
 Walk-ups will only be permitted if capacity limits have not been met. Reservations for classes can be made up to 5 days in advance. Guests will not be permitted to classes that have reached capacity.

## **Class Descriptions**

**SIT & GET FIT:** Train the entire body using various pieces of equipment while remaining seated. Great class for beginners and those with ailments!

**CHAIR YOGA:** Class designed to include breath work, strength, flexibility and balance but does not involve getting up and down from the floor. Great for ALL fitness levels!

**FLEX & FLOW:** A combination of tai chi, yoga & Pilates style movements set to a variety of music to work your core, challenge your range of motion, strength and balance without floor work.

**TOTAL BODY:** A full body strengthening class that utilizes hand weights and other equipment.

**TOTAL BODY EXPRESS:** Full body strength workout without floor work.

**FIRST STEPPERS LINE DANCE:** No knowledge of line dancing or steps names.

**STEP-UP BEGINNER LINE DANCE:** Knowledge of many line dance step names and with ability to pick up new steps/dances fairly easily.

**IMPROVER LINE DANCE:** Student knows basic line dance steps and will learn additional steps. Constant instruction.

**INTERMEDIATE LINE DANCE:** Some knowledge of line dance steps. Continuous instruction of more difficult steps.

**ZUMBA:** A Latin inspired cardio class filled with fun dance moves that guarantee a good time and a great workout.

**BEGINNING YOGA:** this class is for those new to yoga or those wanting to fine tune their practice. We will use the breath and body awareness to build strength and increase flexibility.

**YOGA FLOW:** Suitable for all levels that have some previous yoga experience. Low impact, relaxing, mindful yoga emphasizing flexibility and light strength. Breathing and stress management techniques incorporated.

**FIT MIX:** A fast-paced strength class incorporating a mix of standing and floor exercises using a variety of weights and resistance bands.

**CORE PILATES:** Exercises to work your abdominals, strengthen your back, increase flexibility and incorporates breathing and stretching techniques.

**STRONG BODY:** Strength-based class using barbells, dumbbells, and body weight exercises designed to increase and maintain muscle endurance and strength.

**\*Mats will not be provided for any class.\***

**Reminder:** A more extensive group exercise schedule of classes is available to view 24/7 online at [www.kingspointuncitycenter.com](http://www.kingspointuncitycenter.com)>Fitness>At Home Fitness Videos

You can also watch pre-recorded versions of your favorite classes played **daily** in your home on Spectrum Channel 732.

7:00AM	Pilates	11:00AM	Zumba
8:00AM	Total Body Express	12:00PM	Flex & Flow
9:00AM	Chair Yoga	1:00PM	Sit & Get Fit
10:00AM	Total Body		

## Gaming

<b>Bingo</b>	KPCH Card Room	Thursday	11:30 AM	3:00 PM
Naomi Vega	813-938-1707	Sunday	2:00 PM	6:00 PM

Bingo is a game of chance played with randomly drawn numbers which players match against pre-printed cards. Pay for what you play. Sponsored by Cambridge B Association. **Thursdays, doors open at 11:30 am. Games starts at 12 pm. Sunday, doors open at 2:00 pm. Game starts at 2:30 pm.** Papers sold in packets of Single (\$9) Double (\$17) Triple (\$25) Please bring your own placemats and daubers.

<b>Bingo</b>		Saturday	4:30 PM	8:45PM
Edna Lozosky	813-633-4352	KPCH	Card Room	

Pay for what you play. Sponsored by Lancaster III Association. **Doors open at 4:30 pm. Game starts at 5:45 pm.**

## Indoor Sports

<b>Bowling, (Mixed League)</b>		Wednesday	1:00 PM	
John Buch	862-432-9623	KPCH	The Alley, Riverview	

Off Property at The Alley in Riverview. \$13.00 per week

<b>Table Tennis Club</b>		Mon. and Wed.	6:00 PM	8:00PM
Dave Reed	734-674-0736	Saturday	2:00 PM	5:00 PM
		2020 Centre	Energy Studio	

Annual club dues: \$10 per person. All are welcome to come and play; no experience necessary. Membership required after three trial sessions. Appropriate footwear must be worn. No Flip-flops or sandals. Check us out on the web at <https://sites.google.com/site/kingspointtabletennis/home>

## Music/Theater

<b>Chorus, Kings Point (Mixed Group)</b>		Monday	12:30 PM	2:30 PM
Kathleen Brady	610-586-7433	KPCH	East Social Rooms	

Spring season begins January. 9, 2023. Soprano, alto, tenor and bass. Rehearsals on Mondays, from 12:30 to 2:30 pm. January to April for the spring concert. (September to December for the holiday concert). Dues are \$20 per season. If you can carry a tune and love to sing, please join us. Email: kbrady610@gmail.com.

<b>Pelican Players</b>		Special Events		
Shirley Walker, Membership	813-217-1602	KPCH	TBD	

Annual club dues. Pelican Players has something for everyone. We welcome anyone who has an interest in theater, whether performing on stage or working behind the scenes. If you want to show off your singing voice, you can be a part of our Cabaret Singers, or if you don't want to memorize lines, participate in our Readers Theater. For more information on all the above and more, check out our website at [www.pelicanplayersscc.org](http://www.pelicanplayersscc.org).

<b>Ukulele Club</b>		Tuesday	10:00 AM	11:00 AM
Marion Orlofsky	813-633-6940	KPCH	Atrium	

All those interested in playing the Ukulele, come join us for 90 minutes of jamming fun. Beginners are welcome, lessons provided.

## Outdoor Sports

**Kings Point Archery Club** 3rd Wednesday 4:30 PM 5:45 PM

Steve Nicholson 610-216-9153 Bill Humes 813-633-9361 KPCH TBD

The archery range at Kings Point is open 7 days a week for all club members. The range is located behind the garden club. For more information go to <https://sites.google.com/site/kingspointarcheryclub>

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**Bocce Ball Group** KPCH Bocce Court

Tom Barba 813-633-0264 Friday 9:00 AM 11:00 AM

Bill Poulin 603-520-3918 Saturday 10:00 AM 12:00 PM

Join us for some Bocce Ball fun on the Bocce Ball court every Friday and Saturday.

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**Kings Point Cornhole Club** Mon., Weds., Fri. 3:30 PM

Ron at 573-355-2360 Don at 612-220-2369 KPCH Next to Pickleball Court

Come play some old fashioned Cornhole with us every Monday, Wednesday, and Friday next to the Pickleball Courts.

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**Kings Point Pickleball** Monday-Sunday Dawn Dusk

Suzan Hill 606-831-2789 Karin Coons 914-213-7592 KPCH Pickleball Court

Welcome to Pickleball! We have groups that represent all levels of playing abilities and meet at different times. We also offer occasional clinics, ladders, competitive play and social activities. You need to be a member in order to use our Pickleball equipment or participate in organized play times/groups.  
kingspointpbball@gmail.com

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**Lawn Bowling** Mon/Wed/Fri 9:15 AM 11:30 AM

Don Bowers 612-220-2369 Tues./Thurs./Sat 1:30 PM 4:15 PM

KPCH Lawn Bowling Greens

October—April Annual membership fee due by February 1st. Lessons are required at no charge. For information about the club, dates and times contact the president. Annual elections in December

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**Lawn Bowling (Summer)** Monday - Saturday 8:45 AM 11:00 AM

Don Bowers 612-220-2369 KPCH Lawn Bowling Greens

May—September Annual membership fee due by February 1st. Lessons are required at no charge. For information about the club, dates and contact the president. Annual elections in December.

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## Outdoor Sports Continued...

<b>Shuffleboard Group (Afternoon)</b>	Tuesday	4:15 PM	6:00 PM
Maureen and Ed Bertucci     813-634-2787	KPCH	Shuffleboard Courts	

October—April Shuffleboard is a game in which players use cues to push weighted discs, sending them gliding down a narrow and elongated court with the purpose of having them come to rest within a marking score area. Annual club dues, per person.

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<b>Shuffleboard Club (Playing)</b>	Tuesday & Friday	9:00 AM	11:00 AM
Jim Forgiione                     813-323-7493	KPCH	Shuffleboard Courts	

Shuffleboard is a game in which players use cues to push weighted discs, sending them gliding down a narrow and elongated court with the purpose of having them come to rest within a marking score area. Annual club dues, per person.

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<b>Softball Club (Kings Point)</b>	Tuesday & Friday	Don Senk Softball Field	
Tom Mackar 440-376-6573			

Year round participation opportunities are available for players, spouses, spectators, umpires, scorekeepers, managers, refreshment workers, etc. Visit [sccsoftball.squadfusion.com/welcome](http://sccsoftball.squadfusion.com/welcome) for additional information.

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<b>Tennis Club</b>	Monday - Saturday	10:00 AM	12:00 PM
Vincent Petaccio                 813-816-6487	KPCH	Tennis Courts	

If you are interested in playing tennis, Kings Point Tennis Club offers a great opportunity to get out on the courts. Whether you're just learning to play or you've been playing for years, there is a place for you in our club. Social tennis play with all club members are held on Tuesday, Thursday, and Saturday in the AM. The courts are also available on Monday, Wednesday, and Friday, if you would like to play with a specialized group. We strive to create a fun environment where people can safely participate in social and physical activities through tennis. We host occasional clinics and organized tournaments. Club dues are \$10/year.

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<b>Volleyball (Playing)</b>	Mon./Wed./Fri.	9:00 AM	11:00 AM
Chip Hoffmann                     203-994-2123	KPSC	Court 4 South Club	

November-May Join us on the volleyball court for good exercise, friendship and fun.

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## Parlor Games

<b>Bunco</b>	Monday	12:00 PM	4:00 PM
Naomi Vega                         813-938-1707	KPCH	Ripple Rm	

Bunco is a social dice game involving 100% luck! Meet new friends and roll the dice with us!

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<b>Kings Point Chess Group</b>	Wednesday	1:00 PM	4:00 PM
Gus Egert                             813-419-4626	KPCH	Atrium Rm	

Mark Schonfeld                     914-589-8051	All levels of play.		
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<b>Dominoes (Mexican Train)</b>		Wednesday	12:30 PM	4:00 PM
Claudette Bernstein	813-938-3182	KPCH	Fiber Arts I	

Please bring your game.

<b>Mah Jongg Club</b>		Friday	12:30 PM	4:00 PM
Barbara Sarner	813-922-4546 / 631-741-2177	KPCH	Card Room	

Enjoy the game of Mah Jongg w/ friends. \$6 annual dues. Free lessons 3 times a year w/ club membership.

<b>Rummikub</b>		Monday	1:00 PM	3:00 PM
Elyse Dionisio	631-748-4222	KPCH	Meeting Place Rm	

All welcome. Easy to learn.

<b>Scrabble</b>		Monday	10:00 AM	12:00 PM
Sandra McCullough	443-326-8606	KPCH	Atrium	

Join residents in a board game using lettered tiles to create words in a crossword fashion. Socialize and learn new words with a game of scrabble.

## Services

<b>AARP Driver Safety Program</b>			Varies	Varies	Varies
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Registration—Marcus Vinson	813-862-8397	KPCH			
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Defensive driving classes. Students must pre-register, and will pay the instructor at the class. Cost is for instructions and hand outs. RSVP Class Limit 25. Dates Vary. Please call for dates and to register.

<b>COA Monthly Meeting</b>		1st Wednesday	2:00 PM	4:00 PM
813-633-1710		KPCH	Banquet	

September- May Annual elections held in February. COA hours: June & July are Mon./Wed./Fri. 9 a.m. to 12 p.m. Closed the month of August. September through May are Mon.-Fri. 9 a.m. to 12 p.m.

<b>Federation Board Meeting</b>		1st Friday	9:30 AM	11:30 AM
Jack Davidson, President		KPCH	Card Room	

An opportunity for residents to express their views and concerns during an Open Forum before Directors vote on specific issues. \*UNIT OWNERS WELCOME\*

<b>Federation Membership Meeting</b>		3rd Friday	9:30 AM	12:00 PM
Jack Davidson, President		KPCH	Veterans Theater	

September-May Representative body meets to discuss and vote on current issues. Unit Owners are invited to attend and may speak at the beginning of the meeting during an open forum.

## Services Continued....

<b>Master Association Board Meeting</b>	2nd Wednesday	9:30 am - 11:00 am
Jim Haggerty, President 813-812-7559	KPCH	Card Room

The Master Association provides supervision, management, and determination as to the care and maintenance of roads, traffic control, landscaping within the roadway, drainage systems, and irrigation systems located throughout Kings Point.

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<b>SCC Emergency Squad 24/7</b>	<b>Non-Emergency</b>	<b>813-633-1411</b>	<b>Emergency</b>	<b>813-634-3800</b>
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Sun City Center Emergency Squad was started in 1964 with 14 volunteers. Today over 200 volunteers are ready to assist you 24 hours a day, 365 days a year. Emergency transportation available 24 hours.

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<b>Jen's Open Air Market</b>	1st Tuesday of the Month Oct—April	10:00 AM—2:00 PM
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KPCH front lawn near the Pickleball courts under the big oak trees. Browse over 30 vendors ranging from fresh produce to arts & crafts. Food Trucks will also be available. Days and times subject to change with weather and events.

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## Clubs and Organizations

<b>Amateur Radio Club</b>	2nd Monday	1:00 PM	4:30 PM
Joe Flack 352-571-0538	KPCH	Meeting Room	

The Sun City Center Amateur Radio Club is recognized by the Florida Emergency Operations Center in Tallahassee. The club promotes the hobby and provides license training. SCC Amateur Radio club provides emergency communications to the Sun City Center community in times of crisis and support organizations that require communications for projects.

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<b>Apple Club</b>	2nd Wednesday	12:00 PM - 2:00 PM
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Come join us in our journey of the exploration of all things Apple. Meetings are the second Wednesday of each month in the Veteran's Theater North Clubhouse from 12 pm-2 pm. ( No meetings in the months of June, July or August) Annual dues are \$25 per household, \$15 individual, Kings Point residents only. Help sessions are held every Monday and Thursday from 9am-11am at the 2020 club in the culinary room.

<b>Baby Boomers, Kings Point</b>	Special Events
Barbara Streeter 610-247-1894	KPCH & KPSC TBD

Members are KP residents who are "Old enough to have done it all and young enough to do it again." We are an active club that has a variety of social events. Applicants for membership are available on the club website [www.kpbabyboomers.org](http://www.kpbabyboomers.org)

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<b>Canadian Club</b>	Special Events
Paul Enright 813-922-4761	KPCH TBD

November— April Watch for announcements of the meeting date, day, time and location.

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## Clubs and Organizations Continued....

<b>Come Dance With Us</b>		Monthly	5:00 PM	9:30 PM
Ken Burger	513-582-8449	KPCH	Veteran's Theatre	
Rosemary Burger	513-258-8238			

We are a social dance club of couples and singles who enjoy dancing to waltz, rumba, tango, cha-cha, jitterbug, polka, swing and line dance. Our music is provided by performers who sing to recorded music.

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<b>Discussion Group</b>		Tuesday	10:30 AM	12:00 PM
Chris Leavitt	585-334-6393	KPCH	West Social Rm	

We talk about any topic you can think of: Including religion, current events, psychology, politics, etc. We want opinionated people who are willing to speak up. [chrleavitt@aol.com](mailto:chrleavitt@aol.com).

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<b>Dog Lover's Club</b>		Special Events		
Lynne Weise	410-913-1285		TBD	

The Dog Lovers Club has established an off-leash dog park in KP for dog owners and their best friends. Call Sally Reisman at 813-812-7303 or Judy Johnson at 813-633-0233 for information.

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<b>Economic Discussion Group</b>		2nd & 4th Wed	3:30 PM	5:00 PM
Dan Cannistra	941-730-9093	KPCH	Atrium	

Alternating class topics on financial education; today's volatile markets and protection of your assets. Residents receive handouts.

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<b>Feline Folks</b>		1st Thursday	3:30 PM	5:30 PM
Sheila Thurston	813-938-4840	2020 Centre	Culinary Room	

Meetings held 1st Thursday of each month at 3:30pm with our Meow Mixer featuring light snacks and beverages at 4:30pm.

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<b>Garden Club</b>		2nd Thursday	2:30 PM	3:30 PM
Chris Robinson	612-599-9747	KPCH	Ripple Room	

October-April The purpose of The Garden Club is to stimulate the knowledge and love of gardening within Kings Point. Annual club dues, per membership. Club Elections December.

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<b>Healthy Lifestyles MeetUp</b>		Various Locations		
Stephen Cooper	(248) 890-1890	Email: <a href="mailto:healthymeetup@aol.com">healthymeetup@aol.com</a>		

Enjoy Interesting speakers, fun activities, discussions and support for those interesting in longer, healthier and more disease-free lives. [www.healthymeetup.org](http://www.healthymeetup.org)

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## Clubs and Organizations Continued....

### Ohio Club (Kings Point)

Special Events

Mary McComb

330-807-5212

KPCH

Veterans Theater

January—December Join us for great social get-togethers including dinners, picnics, dances and various other activities. Annual due \$10. For information please contact Mary McCombs 330-807-5212 or mlholshue@aol.com.

### Photography Club (Kings Point)

2nd Tuesday

10:00 AM

Paul Quinn

267-679-2066

KPCH

Waterside Rm

September-May Club offers a formal organization to promote, educate and achieve personal skills and knowledge as photographers. For more info., call Paul Quinn or email: pdq18974@gmail.com.

### Rockin' Thru the Years

Sundays

6:00 PM

Sandi Zoldi

813-298-9632

KPCH

Veterans Theater

"Join Us For a Rockin' Good Time!" Live bands provide music from the '50's to the '80's as well as more current music from today for our dancing and listening pleasure. BYOB and Snacks. Tickets are \$5 per person per dance. Email rockinthrutheyears@gmail.com Sunday Dances: TBA

### Sportsman's Club

3rd Wednesday

3:00 PM

4:30 PM

John Barry

813-633-5910

KPCH

Veterans Theater

The Sportsman's Club is dedicated to promoting shooting sports including, pistol, rifle, sporting clays, fishing, hunting, and wildlife conservation. Social events are organized throughout the year. Monthly meetings include: guest speakers, cash door prizes and refreshments. For more information, check out our website at: kingspointssportsmansclub.com. Annual dues \$8.00.

### T.O.P.S. (Take Off Pounds Sensibly) #788

Tuesday

8:00 AM

10:00 AM

Roberta Rowe

813-215-7127

KPCH

West Social Rm.

Weigh in begins at 8:00 a.m. and meeting starts at 8:30 a.m. T.O.P.S. is a support group for people who want to lose weight. Try the first meeting for free!

### T.O.P.S. (Take Off Pounds Sensibly) #845

Thursday

8:00 AM

9:45 AM

Charlene Svenson

978-930-0878

KPSC

Jubilee I

Weigh in starts 8:15 am and the meeting starts 8:45 am The weekly programs and incentives promote our "weigh" of life as good health and well being are supported in a friendly group setting. National annual dues of \$37 provide resources including the TOPS monthly magazine. Chapter annual dues \$5.00 per month.

### Wisconsin Social Grp

Special Events

KPCH

Linda Zizzo

262-441-0006

Bev Hetzel, Membership

309-236-2900

Meet up with fellow Wisconsinites at our three socials per year - Nov. Jan. & March. Call us today to join the fun! Announcements of meeting time and location on the website and the wheel. Check us out on our website at [www.2ezwebdesign.com/WisClub](http://www.2ezwebdesign.com/WisClub)

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## Sun City Residents—Reciprocal Club Pass Procedures

### I. YEARLY June 30<sup>th</sup> RENEWAL

- A. Club (president or designated leader) will email the name, address, phone number of
- B. reciprocal non-resident members to the business office by May 1st.
- C. Vesta staff will print new badges for reciprocal non-residents and will call / email when ready for pick up.
- D. Club (president or designated leader) will distribute new badges

### II. LIST MAINTENANCE

- A. New Non-Resident Members (Reciprocal privileges are for Sun City Residents)
  - a. Club representative will send name, address, phone to Vesta for badge printing as they come in
  - b. Vesta will print new badges and give to club representative to distribute
- B. Members Leave
  - a. Club representative will ask for badges to be returned
  - b. Club representative will send badge / name to Vesta staff
  - c. Vesta will take off role

### III. SPECIAL EVENTS

- A. Ticketed Events – the ticket is the pass; Tickets should include: Event Name, Date, Time and Location
- B. Non-ticket Events – non-resident names without passes or outside of Sun City need to be submitted to gate via email to: KPSCCvisitor@vestapropertyservices.com 48 hours before the event. The gate will need the name, address and phone number of the guest along with the club leader information. If a person is not on the list, the contact of the club will call the front gate to let in the guest.

### IV. NON-RESIDENTS OUTSIDE SUN CITY CENTER

- A. Non-residents with addresses outside of Kings Point / Sun City Center, need to be submitted to the Front Gate for each event.
- B. Name of Event, Date of Event, Club Leader Contact Information  
Guest Name, Address, Phone for each person entering

### Contact Information

Front Gate – 634-2063 KPSCCvisitor@vestapropertyservices.com

Security Questions - Peter Doxsee, Chief of Security 813-387-3461

Business Office - 813-387-3439 or Nanette Leggett 813-387-3481 NLeggett@vestapropertyservices.com